



M.R. AMBEDKAR
DENTAL COLLEGE & HOSPITAL

CARE • COMPASSION • COMPETENCE

JUNE
2026

1ST
EDITION

THE M R A D C H SMILE BULLETIN



INFORM



INSPIRE



IMPACT

WORLD
ENVIRONMENT DAY

SPECIAL FEATURE

A Travel Memoir



Journeys that inspire.
Stories that heal.



Choices that sustain.



Small
Steps,
Big Impact



Explore
Respect
Preserve
Smile

INSIDE
THIS ISSUE



CAMPUS
HIGHLIGHTS
Events, Achievements
& Milestones



DEPARTMENT
UPDATES
Clinical Insights,
Workshops & More



STUDENT
CORNER
Creativity, Voices
& Reflections



GREEN
INITIATIVES
Small Steps,
Big Impact

TOGETHER FOR A HEALTHIER SMILE AND A GREENER PLANET

BREAKING NEWS

VOLUME 1, EDITION 1 ✕

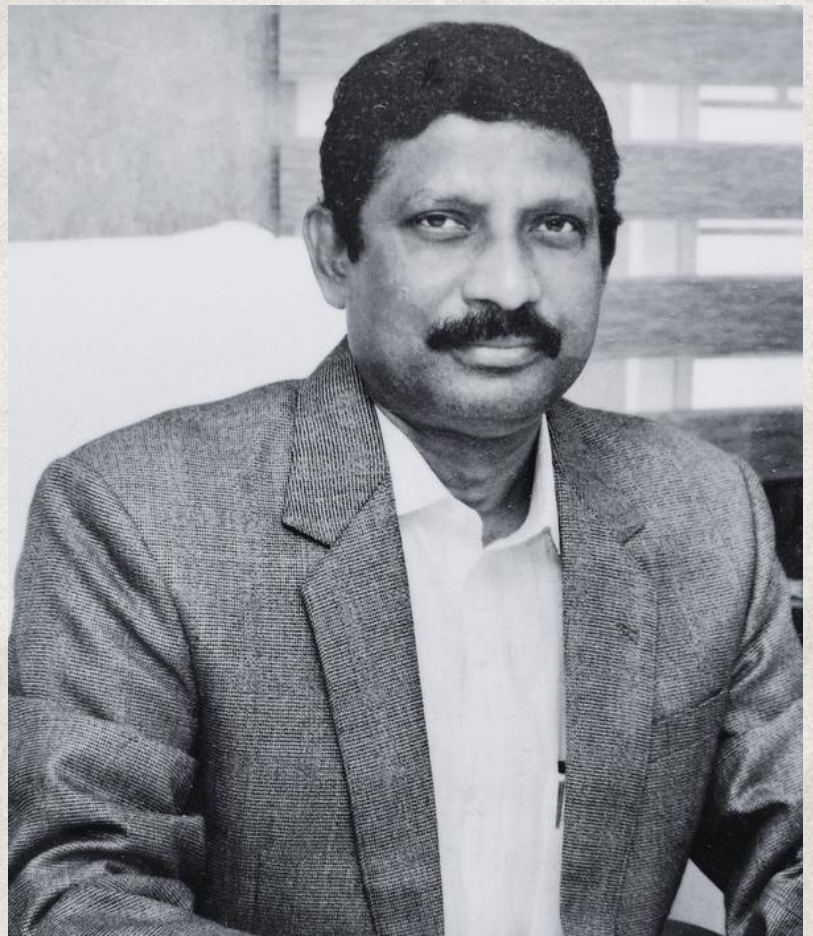
WWW.MRADC.IN

✕ JUNE 2026 EDITION

HEALTHCARE IS EVOLVING AND SO ARE WE

EVOLVING HEALTH CARE DEMANDS NEW DEVELOPMENTS AND PROGRESSIVE THOUGHTS

Healthcare is evolving at an unprecedented pace, and dentistry stands at the forefront of this transformation. As an institution committed to academic excellence and compassionate patient care, we continuously strive to equip our students with advanced clinical skills, ethical values, research aptitude, and technological competence. Our vision extends beyond producing competent dental professionals—we aspire to nurture leaders, innovators, and lifelong learners who will shape the future of oral healthcare.



BREAKING NEWS

VOLUME 1, EDITION 1 ✕

WWW.MRADC.IN

✕ JUNE 2026 EDITION

STUDENT DEVELOPMENT IS IN FOCUS

HOLISTIC DEVELOPMENT OF STUDENTS IS OUR PRIMARY FOCUS

“Holistic Development of students is the new plan of action” . While speaking to the Smile Bulletin, Principal, Dr. Tarulatha Shyagali emphasized the importance of holistic development of the students both in the curricular and extra curricular aspects. She also emphasized the importance of advanced dentistry as per the new suggestions of National Dental Commission. In accordance with the rules laid by National Dental Commission, madam principal has also emphasized the importance of artificial intelligence in health care. for more info visit: www.mradc.in.



The College Chronicle

EVENTS IN COLLEGE



Go Green initiatives

The month of June witnessed a Green revolution as we celebrated World Environment Day on 5th June 2026. 50 plant samplings were planted in front of the college by staff and students in collaboration with the help of Forest Department. Students celebrated the day by planting trees and collected physical waste to highlight the importance of hygiene and cleanliness in and around campus. These activities connected the students from campus to community.

Benefits of Plants in your house

- Plants are essential for life and environmental sustainability.
- They produce oxygen, absorb carbon dioxide, purify the air, prevent soil erosion, and support biodiversity by providing food and shelter for wildlife.
- Planting and protecting trees creates a cleaner, healthier environment and helps combat climate change for future generations.



Reuse and Recycle

Reuse and recycle in dentistry help reduce biomedical waste, conserve natural resources, and protect the environment. Reusable instruments, proper waste segregation, and recycling of paper, plastics, metals, and dental materials promote sustainable healthcare. Adopting eco-friendly practices ensures responsible patient care while contributing to a cleaner, greener, and healthier future.

The College Chronicle

EVENTS IN COLLEGE



ORAL MEDICINE AND RADIOLOGY DAY

M.R Ambedkar Dental College and hospital celebrated Oral Medicine and Radiology Day on 4th June 2026. The following events were a part of OMR day.

- Free Oral Screening with chair side investigations
- Quiz competition, Pictionary and Rangoli competition



The College Chronicle

EVENTS IN COLLEGE



NATIONAL PUBLIC HEALTH DENTISTRY DAY

M.R. Ambedkar Dental College and hospital celebrated National Public health Dentistry Day on June 19, 2026. The theme of 2026 was Integrate to elevate-Oral health as a pillar of Public Health. The following events were a part of PHD day.

Rangoli Competition, quiz competition, CDE program regarding career in Public health dentistry.

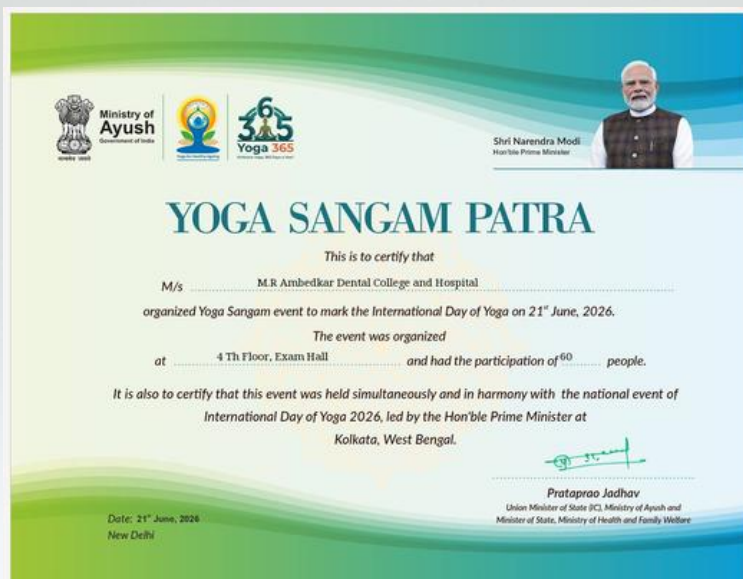
On the occasion of Public Health Dentistry Day, M.R. Ambedkar Dental College and Hospital had the distinct privilege of felicitating Dr. Susheelamma, the esteemed Padma Shri Awardee 2026 and founder of Sumangali Sevashrama, R.T. Nagar. Her remarkable contributions to social welfare and her unwavering dedication to serving underprivileged and vulnerable sections of society continue to inspire generations of healthcare professionals and community leaders.

As part of the celebrations and in keeping with the spirit of community service, the Department of Public Health Dentistry organized an Oral Health Screening and Awareness Camp at Sumangali Sevashrama. The camp catered to both children and elderly residents of the ashram, providing comprehensive oral health examinations, preventive counseling, and oral hygiene education aimed at promoting better oral health practices.



The College Chronicle

EVENTS IN COLLEGE



INTERNATIONAL YOGA DAY

M.R. Ambedkar Dental College & Hospital observed the 12th International Yoga Day on 21st June 2026 with great enthusiasm under the theme “Yoga for Healthy Aging.”

The session, conducted by Mr. Virendra, Founder and Yoga Instructor of V Tattva, RT Nagar, included yoga practices, pranayama, and meditation aimed at promoting physical fitness, mental well-being, and healthy aging.

Faculty, staff, and students actively participated in the program, reaffirming the institution’s commitment to preventive healthcare and holistic wellness.

The College Chronicle

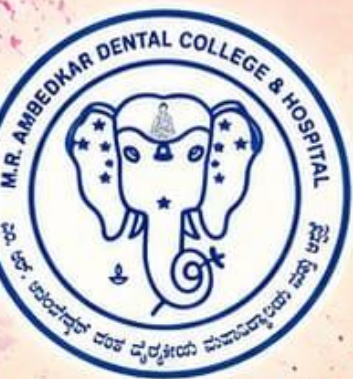
EVENTS IN COLLEGE



PULSE POLIO PROGRAM

The Department of Public Health Dentistry, M.R. Ambedkar Dental College & Hospital, proudly participated in the National Pulse Polio Immunization Programme, a noble public health initiative, from 28.06.2026 (Sunday) to 01.07.2026 (Wednesday) in collaboration with the Government Health Department. The programme was carried out across Jeevanahalli PHC, Lingarajapuram PHC, and Cox Town PHC. During this four-day campaign, the department contributed to the successful vaccination of more than 6,000 children, reaffirming its unwavering commitment to community service, disease prevention, and the national mission of sustaining a polio-free India.





M.R. AMBEDKAR DENTAL COLLEGE & HOSPITAL

CELEBRATES

Holi

BY

Sarang 2026



06/06/2026

Let's splash happiness,
spread positivity & colour our bonds!

SARANG 2026

A FUN FILLED CULTURAL WEEK

JUNE 2026, ISSUE 1

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Academic Spotlight

Learning Together, Growing Stronger

MRADC, Bangalore:

Saarang 2026, the annual cultural festival of M. R. Ambedkar Dental College and Hospital, was inaugurated with great enthusiasm and vibrant celebrations by our esteemed chairman shri M.K. Shivakumar. The event commenced with the ceremonial lighting of the lamp, symbolizing knowledge, creativity, and unity. Faculty members, students, and distinguished guests graced the occasion, inspiring participants with their encouraging words. The inauguration showcased the spirit of teamwork, talent, and cultural diversity through captivating performances and enthusiastic participation. Saarang 2026 provides a platform for students to express their artistic abilities, strengthen camaraderie, and create lasting memories while celebrating the vibrant cultural spirit of the institution.



UPCOMING EVENTS

List of events

- Holi evening
- Mehendi
- Bridal Makeup
- Singing
- wax modelling
- wire bending
- Antakshari
- Pictionary
- singing
- Dancing
- Air crash
- rangoli competition
- Food Fest
- Cooking without fire
- Sangeet Night

The College Chronicle

EVENTS IN COLLEGE



SARANG 2026

SARANG 2026 was the highlighted cultural events of the college where students and staff came together to participate in various cultural events of college.



The College Chronicle

BRIDAL MAKEUP AND MEHENDI



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CHEF'S CORNER-COOKING WITHOUT FIRE



The College Chronicle

CLINICAL CASE CLUB



BEFORE



AFTER

Case summary

A 31-year-old female presented with swollen gums in the upper left posterior region for two months, associated with bleeding on brushing and pain while chewing. Her history was significant for progesterone therapy for irregular menstrual cycles, previous pregnancy, and root canal treatment with fixed prosthesis in the mandibular left posterior region. Clinical examination revealed generalized erythematous, edematous gingival enlargement with pseudo pocket formation and bleeding on probing, predominantly affecting the second and third quadrants. The case was diagnosed as hormone-associated conditioned gingival enlargement with localized periodontitis.

The patient underwent phase I periodontal therapy, including scaling and root planing, systemic antibiotics, removal of the faulty prosthesis, and correction of hormonal factors, followed by phase ii periodontal flap surgery. Postoperative evaluation demonstrated a marked reduction in gingival enlargement, resolution of inflammation, and improved periodontal health, with stable clinical outcomes maintained at one-year follow-up.

This case highlights the importance of identifying systemic hormonal influences in gingival enlargement and demonstrates that a multidisciplinary approach combining etiologic factor control with periodontal surgery can achieve predictable functional and esthetic outcomes.

CASE BY DR. KEERTHANA (III MDS-PERIO)

Students Hall of Fame

Postgraduate students from Department of Periodontics participated in 1st National Congress of Periodontology held at M. S Ramaiah university of applied sciences organized by Bangalore Academy of Periodontology. The conference was attended by almost 200 postgraduates from all over Karnataka.



Dr Manjunath P N

- 1). Paper Presentation- Overall- 1ST runner-up
- 2). Paper presentation – best paper session
- 3). Quiz - 1ST prize

HACKATHON - 2nd Prize

Topic: Marine derived spongin scaffold for regeneration of grade II furcation defects

Dr Tasneem
Dr Himavarsha
Dr Meghana



HACKATHON - 3rd Prize

Topic: SeaRegen- A Sustainable seaweed cellulose-based smart scaffold for periodontal regeneration.

Dr Aamina Tasneem
Dr Arshiya Taskeen
Dr Aishwarya Saxena



Students Hall of Fame

START UP MELA

2nd prize

Topic : PERIOMETRIX digital Perio and systemic risk assessment tool with automatic calculation of staging and grading system.

Dr.Gnana Keerthana



The Travel memoir...



Searching for a getaway...

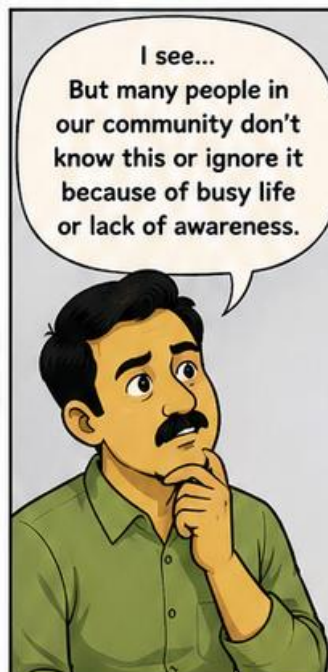
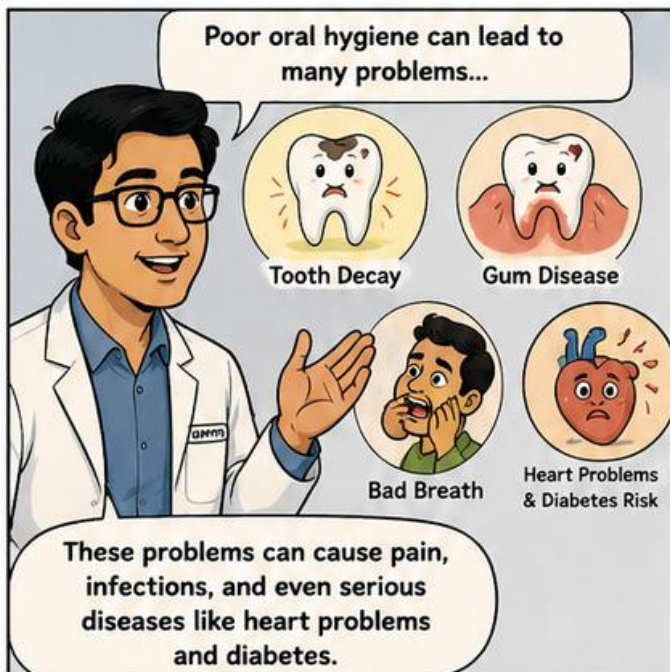
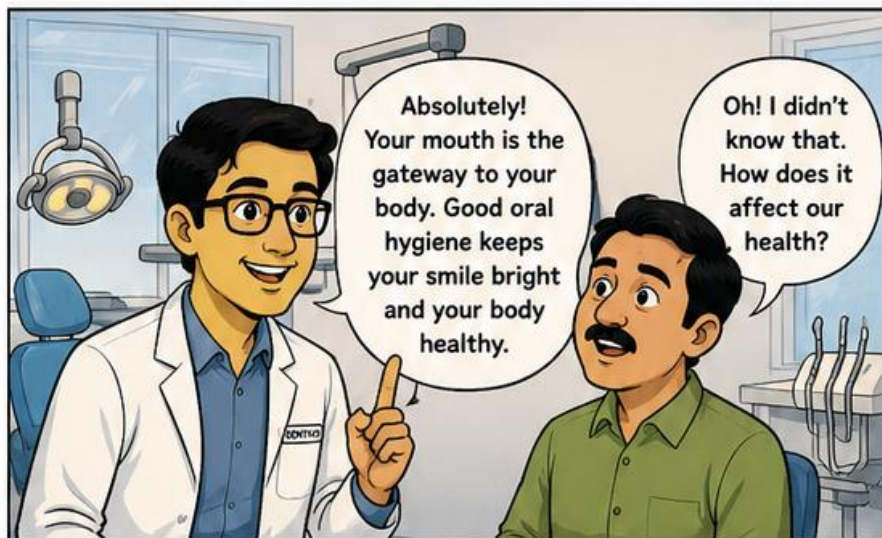
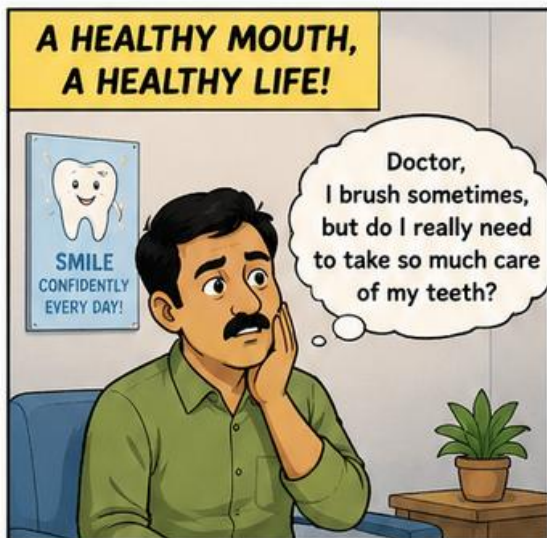
The place above is a getaway hidden destination enroute goa. while you travel to Goa via Doodh sagar, the second route is via Tillari waterfalls often cited as Chorla waterfalls. A 90 minutes route while you ride to goa, the hills of Sahyadri merge with the Tillari hills here a perfect border between Maharashtra, Karnataka and goa.

A daytime visit for a morning spot towards chilling with nature and rejuvenating yourself with fresh oxygen therapy.

An easy place towards trekking, hiking, or travelling with your own cars or two wheelers.

A warning of caution towards safety as it is an unguarded hilltop with steep curves and hairpin bends while you travel.





GOOD ORAL HYGIENE – SIMPLE HABITS, BIG BENEFITS!



NEWSLETTER QUIZ

DENTAL MATERIALS

Quiz



Think. Recall. Apply.
Test your knowledge!

QUESTION

Which of the following dental material is most commonly used for core build-up due to its high compressive strength and chemical adhesion to dentin?

- A Zinc Oxide Eugenol Cement
- B Resin Modified Glass Ionomer Cement
- C Composite Resin
- D Amalgam

Send in your answers!



BOOST YOUR
KNOWLEDGE



SHARPEN YOUR
CLINICAL MIND



LEARN TODAY,
LEAD TOMORROW

Stay curious.
Keep learning!

RANDOM FUN FACT! GLASS IONOMER CEMENT (GIC)



Did you know?

Glass Ionomer Cement was the **FIRST** dental material that could chemically bond to both tooth structure AND release fluoride!

Tiny material,
BIG benefits!



Bonds chemically to enamel & dentin
– no need for micromechanical retention!



Releases fluoride
– helps prevent recurrent caries!



Biocompatible & gentle on the pulp
– ideal for minimally invasive dentistry!



Versatile & reliable
– from fillings to luting and base/liner!

A SMART
CHOICE FOR
STRONG TEETH!



Takeaway: Glass Ionomer Cement may be "glass" in name, but it's truly a **gem** in modern dentistry!

RIDDLE OF THE DAY



I'm shiny when I'm placed,
but time makes me **gray**.



I'm **strong** and durable,
and here to stay.



I **don't** need fancy tools
or etching or bonding.



I've been in dentistry
for well over a **century**.



I'm a mixture of **metals**,
with mercury in the mix.



You condense me in cavities
to do the job that **fixes**!

Classy Checkmates



The above checkmate is one of the hardest checkmates designed by Paul Morphy at the age of 10.

can u solve the checkmate?

Guess who?



Learn one word today!

ಹಲಸು

(Halasu/Halasinu
Hannu)



(English)
Jackfruit

(Hindi)
कटहल

(Sinhalese)
kos

(French)
Jacque

Detective Decisions

Marissa and Juliana went out for drinks together. They ordered the same drink. Juliana was really thirsty and finished five in the time it took Marissa to finish one. The drinks were poisoned, but only Marissa died. How?

OUR PATRONS



SHRI. V.S KUBER
FOUNDER TRUSTEE, AS&ET



SHRI. GURAPPAJI
FOUNDER MEMBER, AS&ET



SHRI. RADHAKRISHNA DODDAMANNI
TREASURER, AS&ET



SHRI. SHIVAKUMAR M.K
CHAIRMAN, GOVERNING
COUNCIL, MRADCH



SHRI. MAHADEVA PRASAD
CHAIRMAN, GOVERNING
COUNCIL, DR.BRAMCH



DR. RANI SUJATHA
CHAIRMAN, GOVERNING
COUNCIL, BRAIN



DR. N.T. MURALI MOHAN
MANAGING TRUSTEE, AS&ET

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your feedback is our development



Get Involved Today

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Editorial

From Editor's Desk

The Smile Bulletin is a monthly newsletter curated by a team of students and teachers together. It is an initiative to bring forward various college events and at the same time be the student's digital corner for interaction.

The editors believe that, as an e-newsletter the smile bulletin represents the efforts of all the dental students and teaching staff who come together to conduct various academic, curricular and extra-curricular activities at M.R. Ambedkar Dental College and Hospital.

The scope of the newsletter shall always remain open to various, columns, opinions, articles, questions, suggestions and feedback.

Any opinion towards the edition, suggestion for corrections are hereby directed to the Editor's Desk via following ways.

THE SMILE BULLETIN

JUNE 2026 | ISSUE 1

We'd love to 
HEAR FROM YOU!

TO GET
FEATURED

SEND IN YOUR
ARTICLES, BLOGS, IDEAS TO



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*Your Words. Our Bulletin.
Stronger Together.*



SHARE
KNOWLEDGE



INSPIRE
OTHERS



SPARK
IDEAS



BUILD
COMMUNITY



CELEBRATE
DENTISTRY

Be a part of the smile! 