



M. R. Ambedkar Dental College & Hospital,
1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADCH/Cir/484/2026-27

Date: 22/06/2026

CIRCULAR

On the occasion of Public Health Dentistry Day, the department of Public Health Dentistry has organized various activities for UG students and Interns of the institution from 19/06/2026 to 25/06/2026.

The HODs are hereby informed to permit the participants / students / Interns to attend the activities / program.



Shyama le: T.P
22/06/26
PRINCIPAL

To,

The HODs of all departments – for circulation in the department.
MRADC&H, Bengaluru.

Copy to:

- 1) The Chairman, G.C, MRADC&H.
- 2) The Medical Suptd., MRADC&H.
- 3) The I/c Manager, MRADC&H.
- 4) The NAAC / NABH Section, MRADC&H.
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- 6) Office copy.

M.R. AMBEDKAR DENTAL COLLEGE & HOSPITAL

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

National Public Health Dentistry Day 2026

Public Health Dentistry Week: 19th June to 25th June 2026

The Department of Public Health Dentistry, MRADC&H, cordially invites all Undergraduate and Postgraduate students to actively participate in the celebrations of National Public Health Dentistry Day 2026 and Public Health Dentistry Week.

As part of the observance, students are encouraged to showcase their creativity, knowledge, and communication skills through the following activities:

Sl. No	Name of the Activity	Participants	Date and Time	Staff I/c	Place
01	Slogan Writing	Undergraduates and Interns	22/06/2026 12pm to 01pm	Dr. Geetha	DADH Lab
02	Reels, Memes, Short Videos, or Short Films on Oral Health Prevention	Undergraduates and Interns	22/06/2026 2pm to 3pm	Dr. Rukmini	Auditorium
03	Quiz	IV BDS and Interns	23/06/2026 12pm to 01pm	Dr. Geetha Dr. Rukmini	Auditorium
04	Debate	Undergraduates and Interns	24/06/2026 2pm to 3pm	Dr. Geetha Dr. Rukmini	Auditorium
05	Collage (Theme based)	Undergraduates and Interns	24/06/2026 1.30pm to 3pm	Dr. Mahadev Dr. Sowmya	PHD Department

Shreyas T.R.
22/06/26

J. Praveen

Name of the Activity: Reels, Memes, Short Videos, or Short Films on Oral Health Prevention

Guidelines:

Theme: "Oral Health Prevention – Small Steps, Lifelong Smiles"

General Guidelines

1. Entries may be submitted individually or in teams (maximum 3 members).
2. All entries must focus on oral health prevention, health promotion, and community awareness.
3. Content should be original and must not infringe on copyrights.
4. Entries should be informative, creative, and suitable for public viewing.
5. Any content containing offensive, discriminatory, or inappropriate material will be disqualified.
6. Participants may use English, Kannada, or bilingual content.
7. Each participant/team may submit only one entry per category.

Categories

1. Reels

- Duration: 2 minutes
- Format: Vertical (9:16)
- Focus on quick and impactful oral health messages.

2. Memes

- Maximum 3 meme slides/images per entry.
- Must be original, creative, and educational.
- Humor should be respectful and relevant to oral health prevention.

3. Short Videos

- Duration: 1–3 minutes
- Format: MP4 (preferred)
- May include demonstrations, awareness messages, interviews, or animations.

4. Short Films

- Duration: 3–10 minutes
- Can include storytelling, dramatization, patient education, or community outreach themes.

Shyama: P R
22/06/26

J. Prasad

Name of the Activity: Quiz

Guidelines:

1. Open to IV BDS students and Interns.
2. Participation may be in teams of Four

Competition Format: (only Public Health Dentistry)

- First round – MCQs
- Second round – True/ False & Fill in the blanks
- Third round – Guess the Picture
- Fourth round – Unscramble the Word
- Fifth round – Rapid fire

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22/06/26