



MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL

(Founded by : Ananda Social & Educational Trust)
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Affiliated to Rajiv Gandhi University of Health Sciences
Recognised by Dental Council of India

1/36, Cline Road, Cooke Town, Bengaluru - 560 005
Ph: 080 - 2546 0747 www.mradc.in

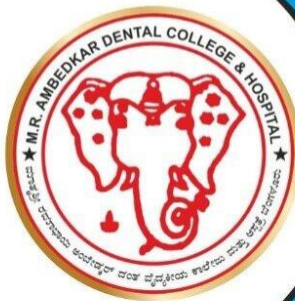
BROCHURES/ DOCUMENTS RELATED TO VALUE ADDED COURSES – 2021-2022



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M.R. Ambedkar Dental College & Hospital
Bengaluru - 560 005



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| | |
|--------------------------------------------------------------------------------------------|-----------------------|
| CODE: VAC/ 01/21-22 | |
| COURSE TITLE: COMMUNICATION SKILLS FOR DENTAL STUDENTS | |
| DATE: 3, 10, 17 July 2021 | DURATION: 6hrs |
| DEPARTMENT: ORAL MEDICINE AND RADIOLOGY | |
| FACULTY IN CHARGE / CONTACT PERSON: DR. VAISHALI. M. R | |
| RESOURCE PERSON: Dr ROOPASHRI. G Dept. of Oral Medicine and Radiology | |
| TARGET AUDIENCE: UGs, PGs and interns | |

INTRODUCTION:

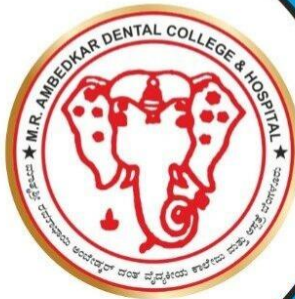
In the field of dentistry, knowledge and technical skills are not the only prerequisites for good practice. An ability to communicate effectively with patients—in particular, to use active listening skills, to gather and impart information effectively, to handle patient emotions sensitively, and to demonstrate empathy, rapport, ethical awareness, and professionalism—is crucial. Among the benefits noted when dentists demonstrate effective communication skills are increased patient satisfaction, improved patient adherence to dental recommendations, decreased patient anxiety, and lower rates of formal complaints and malpractice claims.



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COURSE OBJECTIVES:

- To allow learners to develop their communication skills, in line with their identified personal learning requirements.
- To enhance the communication skills of members of the dental team.

COURSE OUTCOME:

Students acquire skill enhancement on the following.

- Identifies problems the patient wishes to address.
- Clarifies patient's prior knowledge and desire for information.
- Uses easily understood language, avoids jargon.
- Uses appropriate (supportive) non-verbal behavior.
- Provides support expresses concern and willingness to help.
- Structures the interview in logical sequence.
- Attends to passage of time and keeps the interview on track
- Share thoughts and reflections with the patient.
- Checks patient's understanding.
- Negotiates a mutual plan of action.
- Contracts with patient about the next steps.
- Summarizes session briefly and clarifies plan with patient.

MODULE I: 3rd July

Principles of communication:

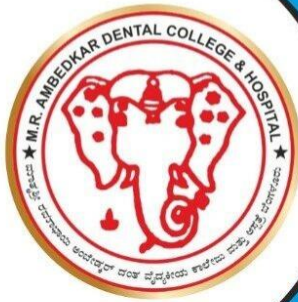
- Define the features of 'good communication.'



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- Recognise the potential outcomes and incentives for good communication.
- Recognise the potential negative implications of poor communication.
- Identify common human motivations for communication.

MODULE II: 10th July

Verbal and non-verbal cues:

- Identify features of effective verbal communication.
 - **Language**
 - **Tone of voice**
 - **Pacing**
- Understand aspects of verbal communication that patients may find confronting, insulting or ineffective.
- Demonstrate ability to enhance communication through body language.
- Recognise practical opportunities to accommodate cultural sensitivities and anxious patients.

MODULE III: 17th July

Records, written communication, treatment planning and communication with colleagues:

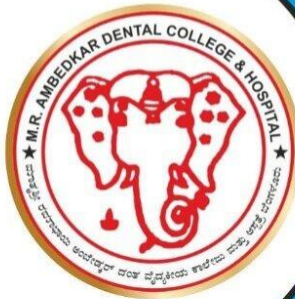
- Identify record keeping requirements and how to ensure compliance.
- Identify the contexts in which written communication with patients may be necessary/appropriate.
- Establish the language and tone that should be used in written correspondence with patients.
- Recognise legal and ethical obligations in written correspondence with patients.
- Understand basic concepts of conflict resolution with patients.



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- Listen to presentation of legal requirements for record keeping and the regulatory basis for this. Analyse one's own compliance with these requirements.
- Brainstorm the types of written communication that may be used for patients.
- Group activity to substitute dental terms for layperson vocabulary.
- Make a checklist of the ethical and legal obligations that should be considered in structuring written correspondence.
- Consider what should be included in a written response to a patient complaint.
- Construct a letter to a patient outlining their condition and some treatment options.
- Identify the features of a positive working relationship with dental assistants.
- Recognise the importance of clear communication between health practitioners.
- Understand the importance of clear communication with laboratory staff.
- Structure a comprehensive patient referral letter.
- Construct a concept map of an ideal dentist-assistant relationship.
- Listen to anecdotal evidence of poor colleague communication outcomes.
- Brainstorm features that should always be included on a lab slip.
- Brainstorm features that should always be included on a patient referral letter.
- Write a referral letter to a colleague using the concepts demonstrated in the tutorial session.
- Lead a class discussion of what the ideal dentist-assistant relationship entails.
- Provide evidence of poor outcomes associated with inappropriate communication with colleagues.
- Lead brainstorming session about important features to include on a lab slip.
- Lead brainstorming session on what features should be included in a referral letter.
- Provide useful templates for communication with colleagues.
- Set task of constructing a referral letter to a colleague. Answer any questions about this task.

COURSE ASSESSMENT:

- Evidence appraisal



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- Didactic teaching
- Role-play
- Brainstorming
- Small group activities



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#1/36, Cline Road, Cooke Town, Bengaluru 560005

Ref no: MRADC/VAC/ 01/21-22

DATE: 20/6/2021

CIRCULAR

(IQAC INITIATIVE)

A program on “**communication skills for dental students**” has been organized for the UG, PGs and interns at our institution on 3rd, 10th, 17th July 2021 from 2 pm to 4pm in the college auditorium .

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program WITH OUT FAIL.

GUEST SPEAKER – Dr Roopashri. G (Reader, Department Of Oral Medicine and Radiology)

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 2:00 PM WITHOUT FAIL



Anjali H

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To,

The HODs / Professors of all departments,

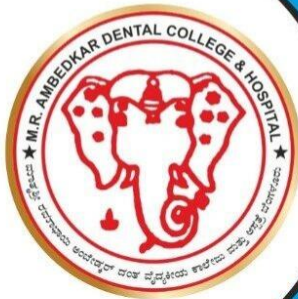
MRADC, Bengaluru- for circulation in the department

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Mathrusri Ramabai Ambedkar Dental College and Hospital
Department of Oral Medicine and Radiology

COMMUNICATION SKILLS FOR DENTAL STUDENTS
DATE: 3rd, 10th, 17th JULY 2021

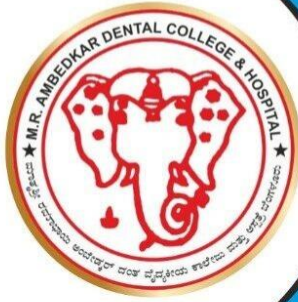
Resource person: Dr ROOPASHRI G, Reader,
Dept. of Oral Medicine and Radiology

Venue: Auditorium, M. R. Ambedkar Dental College and Hospital, Bengaluru



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CERTIFICATE OF APPRECIATION

Proudly presented to :

AAMRAPALI MAJUMDAR

For participating in the VALUE ADDED COURSE : **COMMUNICATION SKILLS**
FOR DENTAL STUDENTS held at M.R. AMBEDKAR DENTAL COLLEGE AND
HOSPITAL on 3rd, 10th, 17th July 2021

Vaishali M.R.
ORGANISING SECRETARY
DR. VAISHALI M.R.

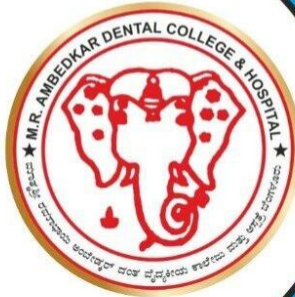
Deepika G.
SPEAKER
Dr. ROOPASHRI G.

Kavitha U.
PERSONAL
DEHEMALATHA M.



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| | |
|---------------------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 02/21-22 | |
| COURSE TITLE: ETHICS IN DENTISTRY AND ORAL HEALTH CARE | |
| DATE: 24TH, 31ST JULY AND 7TH AUGUST | DURATION: 16hrs |
| DEPARTMENT: DEPARTMENT OF PUBLIC HEALTH DENTISTRY | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr. Rukmini J.N. | |
| RESOURCE PERSONS: Dr Pramila M, Professor and HOD Dept. Of Public Health Dentistry | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION:

Ethics in dentistry and oral healthcare is a critical aspect of providing responsible and compassionate dental services. Dentists and oral healthcare professionals must adhere to ethical principles to ensure the well-being and trust of their patients. In this introduction, we will explore the fundamental ethical principles that guide dental practice, such as patient autonomy, beneficence, non-maleficence, justice, and veracity. Additionally, we will discuss the importance of informed consent, patient confidentiality, and the ethical challenges that can arise in the field of dentistry. This topic is essential for both practitioners and patients to understand, as it forms the foundation for ethical decision-making and the delivery of quality dental care.

COURSE OBJECTIVES

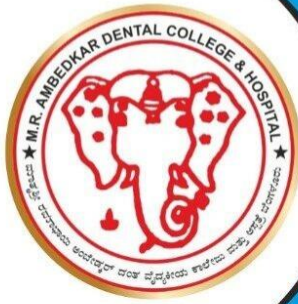
1. Understanding Ethical Principles



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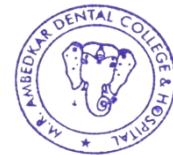
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2. Informed Consent
3. Patient Confidentiality
4. Ethical Decision-Making
5. Professional Codes of Ethics
6. Ethical Challenges
7. Cultural Competency
8. Ethical Communication
9. Ethical Patient-Centered Care
10. Professionalism
11. Ethical Legal Framework
12. Case Studies and Discussion

COURSE OUTCOME:

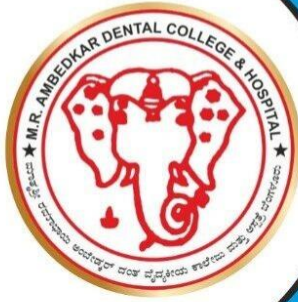
1. Demonstrate Ethical Awareness
2. Informed Consent
3. Patient Confidentiality
4. Ethical Decision-Making
5. Professional Codes of Ethics
6. Ethical Challenges
7. Cultural Competency



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8. Ethical Communication
9. Patient-Centered Care
10. Professionalism
11. Legal Compliance
12. Critical Thinking

MODULE 1 : Understanding Ethical Foundations

1. Introduction to Dental Ethics
2. Core Ethical Principles
3. Informed Consent and Patient Autonomy
4. Patient Confidentiality and Legal Framework

MODULE 2 : Applying Ethics in Dental Practice

1. Ethical Decision-Making
2. Professional Codes of Ethics
3. Ethical Challenges in Dentistry
4. Cultural Competency and Ethical Care
5. Ethical Communication and Patient-Centered Care
6. Professionalism and Legal Compliance
7. Case Studies and Ethical Scenarios



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MODULE 3 : Conclusion :

Reflection and Wrap-Up

COURSE ASSESSMENT :

Interactive sessions

Discussions

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IQAC INITIATIVE

ETHICS IN DENTISTRY AND ORAL HEALTH CARE

Date:
23rd, 20th JULY and 6th AUGUST 2022

Guest speaker : Dr. PRAMILA M HOD (PUBLIC HEALTH DENTISTRY)

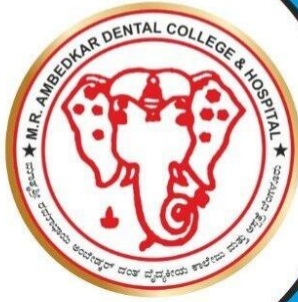
Venue: AUDITORIUM MR AMBEDKAR DENTAL COLLEGE



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Ref no: MRADC/VAC/ 02/21-22

DATE: 18/7/2022

CIRCULAR

(IQAC INITIATIVE)

A program on **ETHICS IN DENTISTRY AND ORAL HEALTH CARE** has been organized for the UG, PGs and interns at our institution on **20th 23rd JULY AND 6TH AUGUST** from 2 pm to 4pm in the college auditorium .

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL**.

GUEST SPEAKER – Dr Pramila M, Professor and HOD

Dept. Of Public Health Dentistry

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 2:00 PM WITHOUT FAIL

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To,

The HODs / Professors of all departments,

MRADC, Bengaluru- for circulation in the department

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| | |
|-----------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 03/21-22 | |
| COURSE TITLE: COMMON YOGA PRACTICES | |
| DATE: 14th 21st 28th AUGUST 2021 | DURATION: 16hrs |
| DEPARTMENT: PEDODONTICS | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr.Laghna Gowda | |
| RESOURCE PERSONS: Dr Ila Srinivasan, Professor and HOD, Dept. of Pedodontics | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

Introduction:

This course is designed to provide a foundational understanding of yoga and its various practices. It is designed for both a beginner looking to explore the world of yoga or someone seeking to deepen their knowledge, this course will serve as a comprehensive starting point.

This course aims to provide with a solid foundation in common yoga practices, empowering one to incorporate yoga into their daily life for improved physical health, mental clarity, and inner harmony.

Course Objectives:

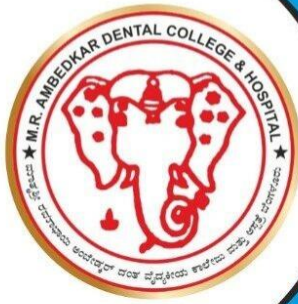
1. Introduction to Yoga Philosophy: Understand the basic principles and philosophies that underlie the practice of yoga, including its historical context and cultural significance.



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2. Asana (Yoga Poses): Learn a variety of common yoga poses, their alignments, and modifications, focusing on developing flexibility, strength, and balance.
3. Pranayama (Breath Control): Explore the importance of breath in yoga and practice different pranayama techniques to improve breath awareness, lung capacity, and relaxation.
4. Meditation and Mindfulness: Develop mindfulness and concentration through guided meditation practices, cultivating mental clarity, and inner peace.
5. Yoga Anatomy: Gain insights into the human body's anatomy in relation to yoga, including how specific poses impact different muscle groups and joints.
6. Stress Reduction and Well-being: Discover how yoga can be used as a tool for stress management, promoting overall mental and physical well-being.

Course Outcomes:

1. Demonstrate a basic understanding of the philosophy and history of yoga.
2. Perform a variety of yoga poses with proper alignment and technique.
3. Employ pranayama techniques to improve breath control and relaxation.
4. Practice meditation and mindfulness for enhanced mental focus and inner peace.
5. Identify key anatomical principles related to yoga poses and their impact on the body.
6. Utilize yoga as a means to reduce stress and enhance overall well-being.



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COMMON YOGA PRACTICES

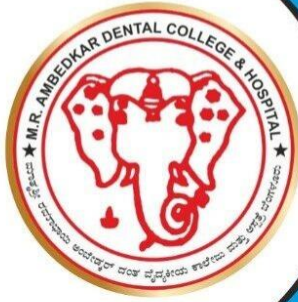


ORGANIZED BY: DEPARTMENT OF PEDODONTICS
DATE :14TH, 21ST, 28TH AUGUST
2021
VENUE:AUDITORIUM AMBEDKAR
DENTAL COLLEGE

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#1/36 , Cline Road, Cooke Town , Bengaluru 560005

Ref no: MRADC/VAC/ 03/21-22

DATE : 2/ 8/2021

CIRCULAR

(IQAC INITIATIVE)

A program on **Common Yoga Practices** has been organized for the UG ,PGs and interns at our institution on : **14th ,21st , 28TH AUGUST 2021** FROM 1pm to 6:30pm in the college auditorium .

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL.**

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

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To,

The HODs / Professors of all departments,

MRADC, Bengaluru- for circulation in the department

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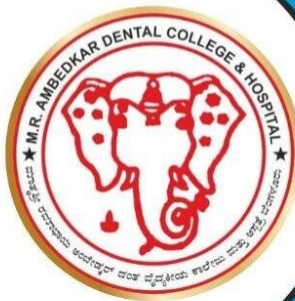
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| | |
|-------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 04/21-22 | |
| COURSE TITLE: Key To Success In Your Hands | |
| DATE: 4th ,11th 18th September 2021 | DURATION: 16hrs |
| DEPARTMENT: ORAL SURGERY | |
| FACULTY IN CHARGE / CONTACT PERSON: DR. BINDU C. | |
| RESOURCE PERSONS: DR. SATISH KUMARAN P HOD (Department of oral surgery) | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION:

The key to success lies within your hands, waiting to be unlocked through a combination of essential principles and actions. Setting clear goals, working diligently, and persevering through challenges are fundamental steps towards achievement. Embracing continuous learning, cultivating resilience, and honing effective communication skills are vital components of the journey to success. Building strong relationships, managing time wisely, and adapting to change with flexibility are essential qualities to nurture. Self-confidence, work-life balance, and a commitment to personal growth round out the keys to unlocking success. Remember, success is a unique journey defined by your aspirations and efforts, so grasp the key with determination, passion, and integrity to unlock your full potential.

Course Objective:

Develop a Growth Mindset: Learn to embrace challenges, persist in the face of setbacks, and see failures as opportunities for growth.


Master Time Management: Acquire techniques for prioritizing tasks, setting achievable goals, and maximizing productivity.



P.R.P. P

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Cultivate Self-Discipline: Understand the importance of self-control, motivation, and perseverance in reaching long-term goals.

Enhance Communication Skills: Learn effective communication techniques for building strong relationships, expressing ideas confidently, and resolving conflicts constructively.

Harness Emotional Intelligence: Develop self-awareness, empathy, and social skills to navigate diverse interpersonal situations with ease.

Build Resilience: Learn how to bounce back from setbacks, manage stress, and maintain a positive outlook in challenging circumstances.

Foster Healthy Habits: Explore strategies for maintaining physical, mental, and emotional well-being to sustain long-term success.

By the end of the course, participants will have the tools and mindset necessary to take control of their lives, overcome obstacles, and create their own path to success.

Course outcome:

Success in any course often involves effective time management, thorough understanding of the material, active participation, and seeking help when needed. Consistent effort and a positive mindset can also contribute to success. If you have a specific course or subject in mind, feel free to share more details for personalized advice.



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MODULE 1:3rd September-

- Introduction
- Time management techniques
- Methods of cultivating self discipline

MODULE 2: 10th September

- Enhancing communication skills
- Learning social skills to navigate diverse interpersonal situations with ease.

MODULE 3: 17th September

- Learning methods to Build Resilience.
- Foster Healthy Habits: Explore for maintaining physical, mental, and emotional well-being to sustain long-term success.
- Conclusion

COURSE ASSESSMENT :

Interactive sessions

Discussions



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*Key to Success
in your hands*



VENUE & TIME

Auditorium, M.R.
Ambedkar Dental
College, 10 AM

COURSE CODE:
VAC/04/21-22

4th, 11th & 18th
September, 2021

FOR DETAILS CONTACT:

Dr. Bindu C: 9740093663
Dr. Sunil S.P: 9036694507



Department of Oral &
Maxillofacial Surgery



M R AMBEDKAR
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Circular Notice

Ref. no.: MRADC/Ethics.Mtg/073/2019-20

Date: 26/8/2021

All the HODs/Professors/Staff I/C/Students are hereby informed that the Department of Oral and Maxillofacial Surgery shall be conducting a special programme on "The Key to Success is in your Hands" at our college premises. This programme aims to instill a strong sense of ethics and professionalism in our students, preparing them for success in both their academic and professional lives.

Details of the programme are as follows:

Date: 4th , 11th & 18th September 2021 **Time:** 10:00 AM to 1:00 PM **Venue:** College Auditorium

Agenda for the Programme:

1. Welcome Address by the Principal
2. Keynote Speech on the Importance of Code of Conduct and Ethics
3. Interactive Workshops and Case Studies
4. Panel Discussion on Real-life Ethical Dilemmas
5. Q&A Session
6. Certificate Distribution

For any inquiries or additional information, please feel free to contact
Dr. Bindu C.: 9740093663

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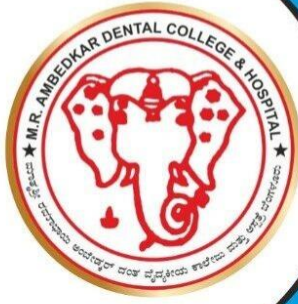
Signature of the Principal

To,

The Prof. & HODs of all Departments,

P.R.P. P

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Copy to:

1. The chairman, G.C., MRADC&H
2. The Vice-Principal, MRADC&H
3. The Manager, MRADC&H
5. The University Section, MRADC&H



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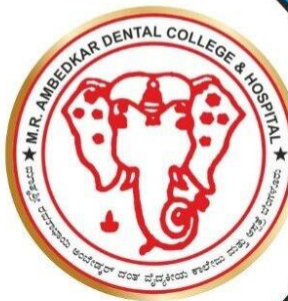
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| | |
|-----------------------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 05/21-22 | |
| COURSE TITLE: ETHICAL LEADERSHIP AND DECISION MAKING | |
| DATE: 25th September , 2nd& 9th October 2021 | DURATION: 16hrs |
| DEPARTMENT: CONSERVATIVE DENTISTRY AND ENDODONTICS | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr. Komal N. | |
| RESOURCE PERSONS: Dr Pradeep P R, Professor, Dept. of Conservative Dentistry & Endodontics | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION:

Beginning with ethics and ethical leadership, this course discusses the difference between ethics and morality. The course also discusses ethical leadership theories including ethical leadership, authentic leadership and spiritual leadership. Then, we move on to consider ethical decision making and think about ethical decisions and ethical dilemmas. We then turn our attention to theoretical approaches of ethical decision making. Our final topic discusses ethical decision making models.

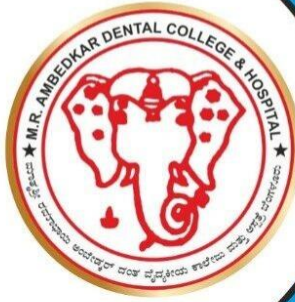
There is an increasing understanding today that organisational leaders need to be more sensitive to their moral obligations to the larger society, which includes all their stakeholders such as consumers, employees, suppliers, governments, local communities. Increasingly, organisations formulate codes of ethics, set up ethics committees, communication systems for employees to report abuse or seek guidance, ethics training programs, ethics officers, and disciplinary processes.

COURSE OBJECTIVES:

- To make students aware about professional ethics, in the course students will be taught different professional ethics, laws and moral values.
- To inculcate Ethics and Human Values into the young minds.



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- To develop moral responsibility and mould them as best professionals.
- To create ethical vision and achieve harmony in life.

COURSE OUTCOME:

- By the end of the course student should be able to understand the importance of ethics and values in life and society.
- After the completion of the course students will be able to work in a professional manner in the organization.

MODULE I: 25th September

Professional ethics - Profession and its moral value in life ,Profession- skill needed ,
Profession and

ethics- commitment, honesty, accountability, Professional integrity, transparency,
confidentiality,

objectivity, respect, obedience to the law and loyalty.

MODULE II : 2nd October

Safety Social Responsibility and Rights: Safety and Risk, moral responsibility of
engineers for safety,case studies – Bhopal gas tragedy, Chernobyl disaster, Fukushima
Nuclear disaster, Professional

rights, Gender discrimination, Sexual harassment at work place.

MODULE III: 9th October

Global Issues: Globalization and MNCs, Environmental Ethics, Computer Ethics, Cyber
Crimes,

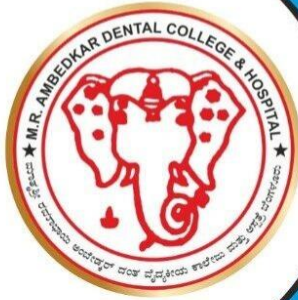
Ethical living, concept of Harmony in life



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COURSE ASSESSMENT :

- Formative assessment
- Discussions

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IQAC INITIATIVE



ETHICAL LEADERSHIP AND DECISION MAKING IN
DENTAL PRACTICE

Date:
25th September and 2nd, 9th October 2021



Guest speaker : DR. ANANTHAKRISHNA HOD,
Department of (ENDODONTICS AND
CONSERVATIVE DENTISTRY)

Venue: AUDITORIUM MR AMBEDKAR DENTAL
COLLEGE

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Ref no: MRADC/ VAC/ 05/21-22

DATE : 15/ 9/2021

CIRCULAR

(IQAC INITIATIVE)

A program on Ethical Leadership and Decision Making In Dental Practice has been organized for the UG, Pgs and interns at our institution on 25th September , 2nd and 9th October 2020 FROM 1pm to 6:30pm in the college auditorium .All the HODs / Professors, teaching staff, UG and interns are informed to attend the program **WITH OUT FAIL.**

SPEAKER – Dr Pradeep P R (Professor , Department Of Conservative Dentistry And Endodontics)

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL



Anurati H

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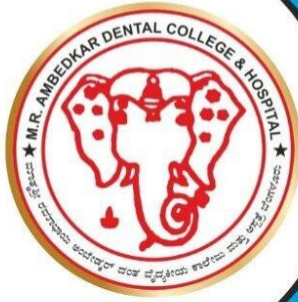
To,

The HODs / Professors of all departments,

P.R.P.R.P

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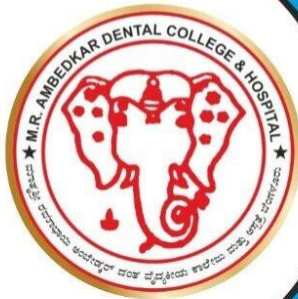
- 1) The Chairman, G.C, MRADC
- 2) The Administrative Officer, MRADC
- 3) Office copy



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| | |
|---------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 06/21-22 | |
| COURSE TITLE: Empathy in health care | |
| DATE: 16th23rd30th October 2021 | DURATION: 16hrs |
| DEPARTMENT: Prosthodontics | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr.Annu | |
| RESOURCE PERSONS: Dr Mangala Jyothi ,Reader, Dept. of Prosthodontics | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION:

This course is designed to provide healthcare professionals and aspiring healthcare providers with a comprehensive understanding of empathy's pivotal role in delivering effective and compassionate patient care. In an era of advanced medical technology and complex healthcare systems, the human connection between healthcare practitioners and patients remains at the heart of quality healthcare delivery. Empathy is the key to fostering this connection.

COURSE OBJECTIVES:

- To Understand the Concept of Empathy
- To Explore the Benefits of Empathy
- To Develop Empathetic Communication Skills
- To Navigate Cultural and Ethical Considerations
- To Enhance Self-Awareness

COURSE OUTCOME:



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- By the end of the course student should be able to understand the importance of empathy in health care.
- After the completion of the course students will be able to work in a professional manner in the organization.

MODULE I: 16th October

Understanding Empathy in Healthcare

- Introduction to Empathy
- The Science of Empathy
- Benefits of Empathy
- Personal Reflection

MODULE II: 23rd October

Developing Empathetic Communication Skills

- Active Listening
- Non-Verbal Communication
- Empathetic Language

MODULE III: 30th October

Applying Empathy in Healthcare Practice

- Practical Scenarios
- Cultural Competency
- Ethical Decision-Making
- Self-Care for Healthcare Providers



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COURSE ASSESSMENT :

- Interactive sessions
- Discussions

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IQAC INITIATIVE

**EMPATHY
IN
HEALTHCARE**

Guest Speaker
Dr Mangala Jyothi , Reader, Department of Prosthodontics

Venue: Auditorium
MR Ambedkar Dental College

Date: 16th 23rd 30th October 2021

**CERTIFICATE
OF COMPLETION**
IS PRESENTED TO :

SALMA MARYAM

For participating in the VALUE ADDED COURSE **EMPATHY IN HEALTH
CARE** held in M R AMBEDKAR DENTAL COLLEGE AND HOSPITAL on **16th 23rd
30th October 2021**

ORGANISING SECRETORY
DR. ANNU

SPEAKER
DR MANGALA JYOTHI

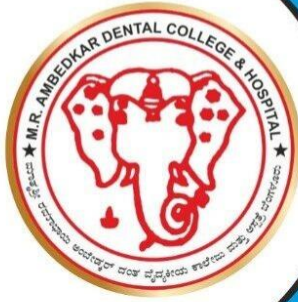
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DR HEMALATHA M



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Ref no: MRADC/VAC/ 06/21-22

DATE :20/10/2020

CIRCULAR

(IQAC INITIATIVE)

A program on **Empathy in health care** has been organized for the UG ,PGs and interns at our institution on 16th, 23rd, 30th October 2021 FROM 1pm to 6:30pm in the college auditorium .

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL**.

GUEST SPEAKER – Dr Mangala Jyothi (Reader , Department Of Prosthodontics)

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

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To,

The HODs / Professors of all departments,

MRADC, Bengaluru- for circulation in the department

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1) The Chairman, G.C, MRADC



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| | |
|----------------------------------------------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 07/21-22 | |
| COURSE TITLE: ANTI-RAGGING AWARENESS | |
| DATE: 6TH 13TH & 20TH NOVEMBER 2021 | DURATION: 16hrs |
| DEPARTMENT: PERIODONTICS | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr. JAYANTHI . D | |
| RESOURCE PERSONS: Dr. Rahul Hegde DCI member, Prof & HOD Pedodontics Dr. D.Y. Patil College & Hospital, | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

Mathrushri Ramabai Ambedkar Dental College and Hospital, Bengaluru, Karnataka has zero tolerance for ragging and is proud to state that institution is ragging free. Students are informed to follow the act and ensure a ragging free campus. To ensure compliance as per the UGC regulations on curbing menace of ragging in higher educational institution, 2009, the Anti ragging committee is constituted and headed by the principal and comprises of representative as prescribed by the DCI Regulations.

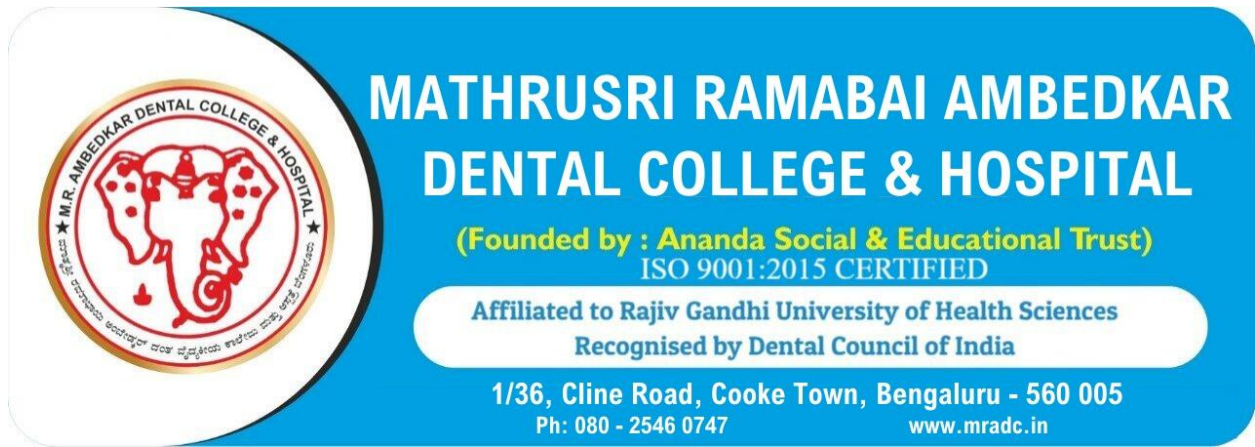
MRADCH has been center for excellence in dentistry in India by imparting quality education to students coming to the institute. The institute works towards the welfare of students and make skilled, disciplined, qualified and confident dentist. An 'Anti-Ragging' Orientation Program was conducted on 12/05/2023 at 10.30 am in auditorium for the students and anti- ragging committee members and squads of the institute.

The program started with welcoming principal Dr. Pradeep P R, vice principal Dr. Tarulatha Shyagali, Legal advisor Mrs. Vimala Pinto, Asst Prof. Dept. Psychiatry, AMC Dr. Sanjana Tadapatri, Kiran P N circle inspector, Frazer Town and the chief guest Dr. Rahul Hegde DCI member, Prof & HOD Pedodontics Dr. D.Y. Patil College & Hospital.

Welcome address was delivered by Principal followed by lighting up the lamp and Nadageetha. An introductory speech was given by Dr. Tarulatha Shyagali elaborating




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the measures taken by institute to keep campus Ragging free, and introduced the chief guest.

Dr. Shibani Shetty introduced the Legal advisor, Mrs. Vimal Pinto to the gathering. Mrs. Pinto spoke about the legal aspects of the topic. The lecture also threw some light on the extended definition of supreme court of India, consequences of ragging with examples were very well summated and it got embedded in student's mind.

Dr. Poojya R introduced Dr. Sanjana Tadapatri ,Asst Prof. Dept. Psychiatry, AMC to the gathering. Dr. Sanjana spoke about the impact of ragging on student's mind, how it's going to cause an adverse mental and physical impact on the students and she advised students to report to their staffs if in case students are facing any of the above mentioned issues.

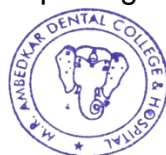
Dr.Vijaya Shankar introduced Kiran P N circle inspector Frazer town, he said ragging is a criminal offence and State and Central Prohibition of Ragging Act provides a punishment upto two years imprisonment. In addition, some laws also provide disqualification and expulsion of students from the Educational Institution or convection on the charge of ragging. He also spoke about breaking the barrier between students and Police personnel and praised the Institution Authorities for keeping up a good vigil against ragging as no untoward incident of ragging has been reported in the past.

Dr. Rahul Hegde, DCI member, PROF &HOD Pedodontics Dr. D.Y. Patil College & Hospital. He congratulated the college for its zero tolerance to ragging. He also emphasized on the rules and regulation of DCI pertaining to Anti Ragging. He also encouraged the students to come forward and report to Anti ragging Squad/Committee if they face any such issues.

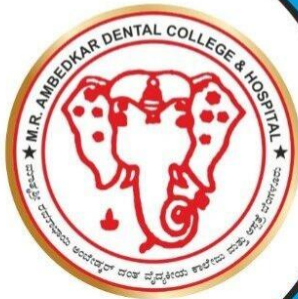
The Anti-Ragging Orientation program was ended by vote of thanks by Dr. Vishali M R

The program was attended by faculty, Anti-Ragging Committee members and squads, students both undergraduates and Post graduates(freshers and seniors). The lecture gave more insights to the Anti-Ragging Committee for future guidance.

We are herewith furnishing the photographs of programs and list of participants for your information and needful.



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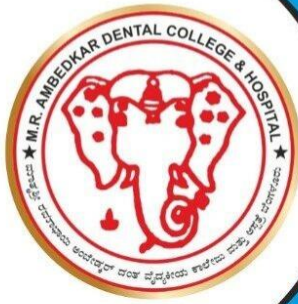
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Report of the Program has been respectfully submitted to Principal by

Dr. Jayanthi D .HOD ,Department of Periodontics and Dr. Soundraya N .HOD
,Department of Oral Pathology.

PHOTOGRAPHS OF THE PROGRAM





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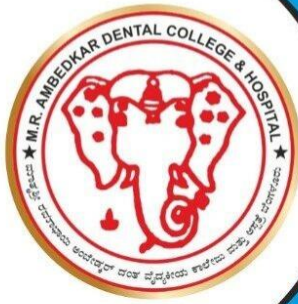
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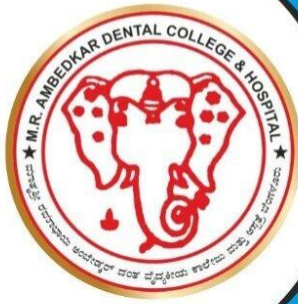
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CERTIFICATE OF APPRECIATION

Proudly presented to :

MOHAMMED FAHAD

For participating in the VALUE ADDED COURSE **ANTI-RAGGING
AWARENESS** held in M R AMBEDKAR DENTAL COLLEGE AND HOSPITAL on
6TH 13TH & 20TH NOVEMBER 2021


Dr. JAYANTHI. D
COURSE DIRECTOR


DR HEMALATHA M
PRINCIPAL MRADC

MR AMBEDKAR DENTAL COLLEGE AND HOSPITAL

1/36 Cine Road, Cooke Town, Bengaluru 560005
IQAC INITIATIVE

Anti Ragging Awareness



Date:
6th, 13th, 20th
NOVEMBER 2021

Guest speaker : DR. Jayanthi D HOD, Department of
(PERIODONTICS)

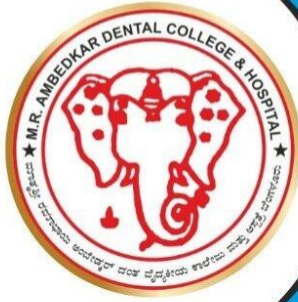
Venue: AUDITORIUM MR AMBEDKAR DENTAL
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#1/36 , Cline Road, Cooke Town , Bengaluru 560005

Ref no: MRADC/VAC/ 07/21-22

DATE :4/11/2021

CIRCULAR

(IQAC INITIATIVE)

A program on **ANTI-RAGGING AWARENESS** has been organized for the UG ,PGs and interns at our institution on **6TH 13TH & 20TH NOVEMBER 2021** FROM 1pm to 6:30pm in the college auditorium .

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL**.

GUEST SPEAKER –Dr. Rahul Hegde

DCI member, Prof & HOD Pedodontics Dr. D.Y. Patil College & Hospital,

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

PRINCIPAL

To,

The HODs / Professors of all departments,

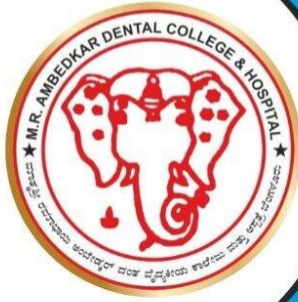
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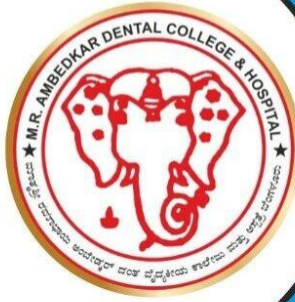
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| | |
|--------------------------------------------------------------------------|------------------------|
| CODE: VAC/08/21-22 | |
| COURSE TITLE: Code of Conduct and Professional Ethics | |
| DATE: 4th,11th 18th December 2021 | DURATION: 16hrs |
| DEPARTMENT: ORAL SURGERY | |
| FACULTY IN CHARGE / CONTACT PERSON: DR.BINDU C. | |
| RESOURCE PERSONS: DR.SATISH KUMARANP | |
| TARGET AUDIENCE: Students (UG & PG) & Youth professionals | |

INTRODUCTION:

The introduction to a code of conduct and professional ethics serves as a foundational statement, embodying the values and principles that guide individuals within a particular profession or organization. This essential document establishes a framework for ethical behavior, emphasizing the overarching purpose of maintaining integrity and upholding the highest standards of professional conduct. Rooted in principles such as honesty, accountability, and respect, the code outlines the shared values that create a cohesive ethical foundation. It defines the scope of its application, delineates responsibilities towards clients, colleagues, and the broader community, and underscores the consequences of deviating from the established ethical norms. As a beacon for individuals within the profession, the introduction encourages unwavering commitment to these principles, fostering a culture of trust, responsibility, and excellence.

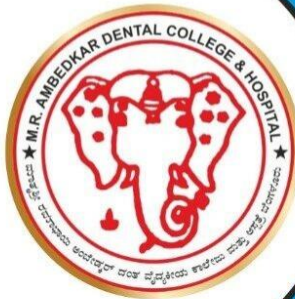
COURSE OBJECTIVES:

The course objectives for a Code of Conduct and Professional Ethics typically include:

1. Understanding Ethical Principles: Develop a comprehensive understanding of ethical principles and values that underpin professional conduct.
2. Application of Codes: Learn how to apply and integrate the specified code of conduct within professional settings, considering diverse situations and contexts.




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3. Decision-Making Skills: Enhance decision-making skills by applying ethical reasoning and principles to real-world scenarios commonly encountered within the profession.
4. Professional Responsibility: Gain insights into the responsibilities and obligations professionals hold towards clients, colleagues, the organization, and the broader community.
5. Conflict Resolution: Develop skills in resolving ethical conflicts and dilemmas, emphasizing the importance of maintaining integrity and ethical standards.
6. Legal Compliance: Understand the legal aspects related to professional ethics, ensuring compliance with relevant laws and regulations.
7. Promoting a Positive Culture: Explore ways to contribute to a positive organizational culture by embodying and promoting ethical behavior among peers and subordinates.
8. Consequences of Unethical Behavior: Understand the potential consequences of unethical behavior, both for individuals and the organization, emphasizing the importance of adherence to ethical standards.
9. Continuous Professional Development: Recognize the importance of ongoing learning and professional development in the context of evolving ethical standards and practices.
10. Communication Skills: Develop effective communication skills for addressing ethical concerns and promoting a culture of transparency and accountability.

COURSE OUTCOME:

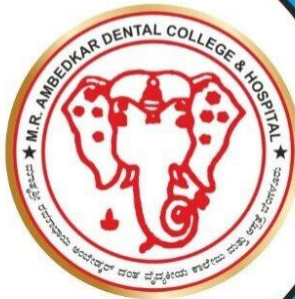
Upon completion of the Code of Conduct and Professional Ethics course, participants will emerge with a comprehensive understanding of ethical principles and a refined ability to apply them in real-world professional scenarios. Demonstrating advanced skills



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in ethical decision- making, they will adeptly navigate the intricate balance between legal requirements and ethical standards, ensuring compliance while upholding the highest professional ethics. Through interactive learning experiences, participants will cultivate the art of effective communication to address ethical concerns transparently and contribute to a positive ethical culture within their organizations. The course aims to shape ethical leaders who not only abide by established codes but also actively promote and foster a workplace environment rooted in integrity, responsibility, and collaborative adherence to ethical standards. As a result, participants will be well-equipped to navigate the complexities of professional life, making ethically sound decisions and positively influencing the ethical landscape within their respective fields.

Day 1: Understanding Ethical Principles (6 hours)

Session 1: Introduction to Ethics (1 hour)

Welcome and course overview.

Importance of code of ethics.

Session 2: Application of Codes (1 hour)

Session 3: Decision-Making Skills (1.5 hours)

Session 4: Professional Responsibility

Day 2: Conflict Resolution (6 hours)

Session 5: Legal Compliance (3 hours)

Session 6: Consequences of Unethical Behavior & Promoting a Positive Culture (3 hours)

Introduction to mindfulness.

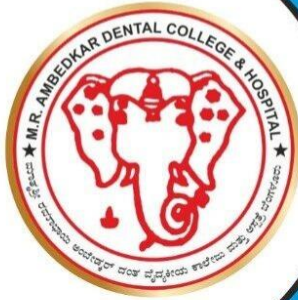
Day 3: Communication Skills (4.5 hours)



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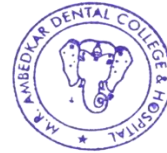
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Course Materials:

- Course workbook with activities and resources.
- Handouts on Ethical Principles ,Communication Skill,Professional Responsibility
- Access to online resources for further reading and support.

Assessment and Evaluation:

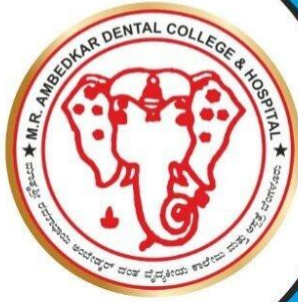
- Daily quizzes to assess understanding of key concepts.
- Active participation in group discussions and practical exercises.
- Completion of a personalized code of conduct .



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Circular Notice

Ref. no.: MRADC/Ethics.Mtg/073/2021-22 **Date:** 17/11/2022

All the HODs/Professors/Staff I/C/Students are hereby informed that the Department of Oral and Maxillofacial Surgery shall be conducting a special programme on "Code of Conduct and Professional Ethics" at our college premises. This programme aims to instill a strong sense of ethics and professionalism in our students, preparing them for success in both their academic and professional lives.

Details of the programme are as follows:

Date: 26th Nov, 3rd Dec & 10th Dec 2022 **Time:** 10:00 AM to 1:00 PM **Venue:** College Auditorium

Agenda for the Programme:

1. Welcome Address by the Principal
2. Keynote Speech on the Importance of Code of Conduct and Ethics
3. Interactive Workshops and Case Studies
4. Panel Discussion on Real-life Ethical Dilemmas
5. Q&A Session
6. Certificate Distribution

For any inquiries or additional information, please feel free to contact
Dr. Bindu C.: 9740093663

Signature of the Principal

To,

The Prof. & HODs of all Departments,



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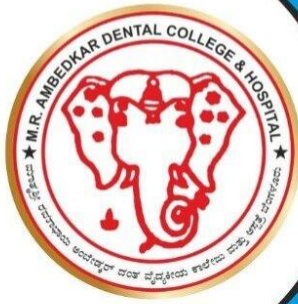
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2. The Vice-Principal, MRADC&H
3. The Manager, MRADC&H
5. The University Section, MRADC&H



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Code of Conduct & Professional Ethics

COURSE CODE:
VAC/08/21-22

4TH, 11TH & 18TH
DECEMBER, 2021



VENUE & TIME
Auditorium, M.R.
Ambedkar Dental
College, 10 AM

FOR DETAILS CONTACT:
Dr. Bindu C: 9740093663
Dr. Sunil S.P: 9036694507

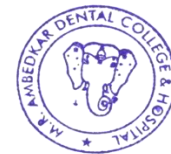


Department of Oral &
Maxillofacial Surgery



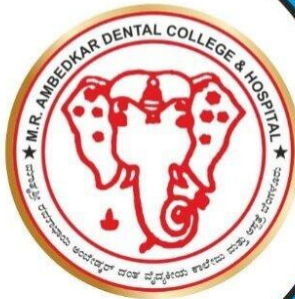
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| | |
|------------------------------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 09/21-22 | |
| COURSE TITLE: GOOD CLINICAL PRACTICE IN DENTISTRY | |
| DATE: 1st8th & 15th JAN 2022 | DURATION: 16hrs |
| DEPARTMENT: ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr. SINDHU D | |
| RESOURCE PERSONS: Dr Azam Pasha, Professor Dept. of Orthodontics and dentofacialorthopedics | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION:

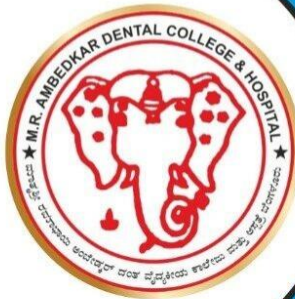
Dentistry is an ever-evolving field that combines art and science to improve the oral health and overall well-being of individuals. At the core of dental practice is the commitment to providing safe, effective, and ethical patient care. This commitment is embodied in the principles of Good Clinical Practice (GCP) in dentistry, which serve as the foundation for delivering high-quality dental services.

In this exploration of Good Clinical Practice in Dentistry, we will delve into the key components and principles that define this concept. We will discuss the importance of patient-centered care, the ethical obligations of dental practitioners, the significance of informed consent, the role of evidence-based dentistry, and the need for continuous professional development.

Dentistry is not merely about diagnosing and treating oral health issues; it is about building trust with patients, respecting their autonomy, and delivering care that meets the highest standards of safety and efficacy. By adhering to the principles of Good Clinical Practice, dental professionals ensure that every patient receives the best possible care, fostering healthier smiles and brighter futures.



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COURSE OBJECTIVES:

To introduce participants to the core principles and significance of Good Clinical Practice (GCP) in the dental profession.

To explore the ethical considerations and legal framework that guide dental practitioners

To teach participants how to apply evidence-based dentistry principles in clinical decision-making and treatment planning.

To equip participants with the skills to develop and execute comprehensive treatment plans based on patient needs and clinical evidence.

To encourage participants to engage in lifelong learning and continuous professional development in the field of dentistry.

To empower participants to take on leadership roles in the dental field and engage with their community.

COURSE OUTCOME:

Participants will be able to apply patient-centered communication techniques and cultural sensitivity in their dental practice.

Participants will demonstrate the ability to critically evaluate and apply scientific evidence in dental practice.

Participants will establish and maintain quality assurance practices in their dental practice, contributing to improved clinical outcomes.

Participants will engage in research and innovation to stay updated with emerging technologies and advancements in dentistry.

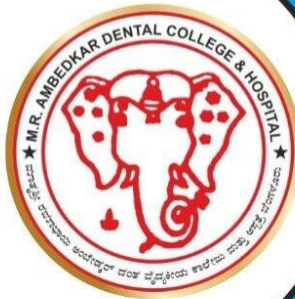
Participants will actively seek leadership opportunities within the dental profession and participate in community engagement initiatives



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MODULE I: 1st January

Fundamentals of good clinical practice in dentistry

Introduction to GCP: Understand the core principles and significance of Good Clinical Practice in the dental profession.

Patient-Centered Care: Explore the importance of patient-focused approaches, including effective communication, empathy, and cultural sensitivity.

Ethical Considerations: Delve into ethical obligations in dentistry, confidentiality, informed consent, and the role of ethics in clinical decision-making.

Legal Framework: Learn about the legal aspects of dental practice, including liability, patient rights, and regulatory compliance.

Clinical Documentation: Emphasize the importance of accurate and thorough clinical records to ensure transparency, continuity of care, and legal protection

MODULE II: 8th January

Applying GCP principles in dental practice

Evidence-Based Dentistry: Understand the role of scientific evidence in dental decision-making and treatment planning.

Infection Control and Safety: Explore infection control protocols, sterilization, and safety measures to protect both patients and dental staff.

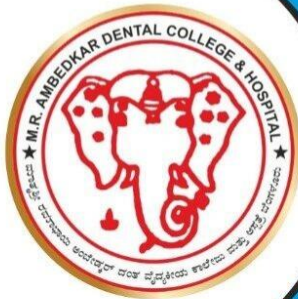
Treatment Planning and Execution: Learn how to develop comprehensive treatment plans based on patient needs and clinical evidence, and execute them effectively.



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Informed Consent: Dive deeper into the informed consent process, including communication strategies, risk disclosure, and documentation.

Quality Assurance: Explore strategies for quality improvement, peer review, and patient feedback to enhance clinical outcomes

MODULE III: 15th January

Continuous improvement and professional development

Continuing Education: Emphasize the importance of lifelong learning and staying updated with advancements in dentistry.

Clinical Skills Enhancement: Provide opportunities for hands-on training, case studies, and simulation exercises to improve clinical skills

Research and Innovation: Encourage dental professionals to engage in research, innovation, and staying informed about emerging technologies.

Ethical Dilemmas and Case Studies: Discuss real-world ethical dilemmas in dentistry and practice ethical decision-making through case studies.

Professional Growth and Leadership: Explore opportunities for leadership in the dental field, including mentoring, advocacy, and community engagement

COURSE ASSESSMENT :

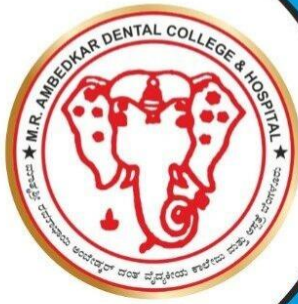
- Interactive sessions
- Discussions



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IQAC INITIATIVE

GOOD CLINICAL PRACTICE IN DENTISTRY

GUEST SPEAKER: Dr. Azam Pasha
professor
Department of Orthodontics
and Dentofacial Orthopaedics

Date: 1st, 8th and 15th January 2022

VENUE: AUDITORIUM, M R AMBEDKAR DENTAL COLLEGE AND HOSPITAL



CERTIFICATE OF APPRECIATION

Proudly presented to :

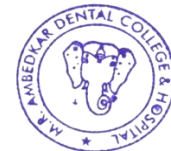
ADITI SINGH

For participating in the VALUE ADDED COURSE - **GOOD CLINICAL PRACTICE IN DENTISTRY** held in M R AMBEDKAR DENTAL COLLEGE AND HOSPITAL on 1ST & 15TH JAN 2022


DR SINDHU
ORGANIZING SECRETARY


DR AZAM PASHA
COURSE DIRECTOR


DR HEMALATHA M
PRINCIPAL, MRADC





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Ref no: MRADC/VAC/ 09/21-22

DATE : 15/12/2021

CIRCULAR

(IQAC INITIATIVE)

A program on **GOOD CLINICAL PRACTICE IN DENTISTRY** has been organized for the UG ,PGs and interns at our institution on 1st and 15 January 2022 FROM 1pm to 6:30pm in the college auditorium .

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL**.

GUEST SPEAKER – Dr Azam Pasha(Professor, Department Of Orthodontics and dentofacialorthopedics)

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

PRINCIPAL

To,

The HODs / Professors of all departments,

MRADC, Bengaluru- for circulation in the department

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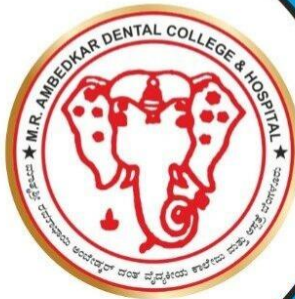
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Bengaluru - 560 005



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| | |
|--------------------------------------------------------------------------------|------------------------|
| CODE: VAC/10/21-22 | |
| COURSE TITLE: How to Overcome Exam Stress | |
| DATE: 22nd 29th Jan and 5th Feb 2022 | DURATION: 16hrs |
| DEPARTMENT: ORAL PATHOLOGY & MICROBIOLOGY | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr. Akshatha B K | |
| RESOURCE PERSONS: Dr. SOUNDARYA Professor (Dept of oral pathology) | |
| TARGET AUDIENCE: Students (UG & PG) & Youth professionals | |

INTRODUCTION:

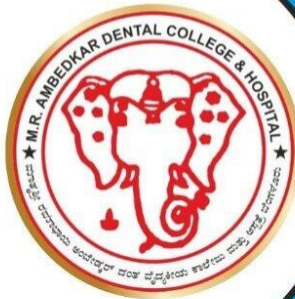
Many students experience stress when it comes to exams, and this is completely understandable. The outcomes of exams can have a profound impact on various aspects of one's academic journey. They can determine which courses or modules you can pursue in the next academic year, whether you might need to repeat a portion or the entire year, and, depending on your course structure and year of study, your final degree classification. Additionally, your exam results can influence your self-esteem and self-perception, and you may worry about disappointing your parents or other loved ones, especially if they've made sacrifices for you to attend university. In essence, the stakes are high, which can naturally lead to heightened levels of stress and anxiety. Excessive exam-related anxiety can be detrimental to the well-being and academic performance of adolescent students. The primary objective of this course is to empower students with the knowledge, techniques, and strategies required to proficiently handle the stress associated with exams and excel in high-pressure situations. Through a blend of theoretical insights, practical exercises, and real-world scenarios, participants will acquire a profound understanding of stress management methodologies and



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construct a personalized toolbox to confront exam-related pressure. Attendees will learn effective ways to cope with these emotions in the context of exams.

COURSE OBJECTIVES:

- To provide students with a comprehensive understanding of exam-related stress and its impact.
- To equip students with practical tools and strategies for managing stress during exam periods.
- To help students set and achieve realistic academic goals.
- To foster a growth mindset and resilience in the face of academic challenges.
- To create a supportive learning environment where students can share experiences and learn from each other.

COURSE OUTCOME:

- Have a broad understanding of what stress and anxiety is and how to define it
- Gain practical self-help strategies to cope with the stress and anxiety exams can cause
- Know when and where to access additional support

Day 1: Understanding Exam Stress (6 hours)

Session 1: Introduction to Exam Stress (1 hour)

Welcome and course overview.

Importance of managing exam stress.

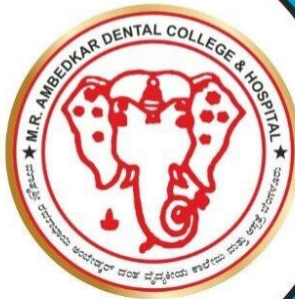
Session 2: Identifying Stressors (1 hour)



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Common sources of exam-related stress.

Self-assessment: What triggers your stress?

Session 3: The Physiology of Stress (1.5 hours)

How stress affects the body and mind.

Practical exercises: Relaxation techniques.

Session 4: Goal Setting and Time Management (1.5 hours)

Setting SMART goals for exam preparation.

Creating a study schedule.

Day 2: Strategies for Stress Reduction (6 hours)

Session 5: Effective Study Techniques (1.5 hours)

Active learning methods.

Note-taking and summarization.

Session 6: Mindfulness and Stress Reduction (1.5 hours)

Introduction to mindfulness.

Guided mindfulness exercises.

Session 7: Coping with Exam Anxiety (1.5 hours)

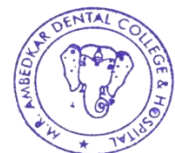
Identifying and managing anxiety.

Techniques for staying calm during exams.

Session 8: Nutrition and Self-Care (1.5 hours)

The role of diet and exercise in stress management.

Creating a self-care plan.



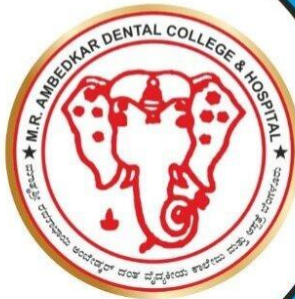
Day 3: Building Resilience and Exam Preparedness (4.5 hours)

Session 9: Developing Resilience (1.5 hours)

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Understanding resilience.

Strategies for bouncing back from setbacks.

Session 10: Exam Preparation Strategies (1.5 hours)

Effective exam preparation techniques.

Test-taking strategies.

Session 11: Personalized Stress Management Plan (1 hour)

Reflecting on the course and personal stress triggers.

Creating an individualized stress management plan.

Session 12: Graduation and Q&A (1 hour)

Course review.

Certificates of completion.

Final questions and discussion.



Course Materials:

- Course workbook with activities and resources.
- Handouts on relaxation techniques, mindfulness exercises, and time management tools.
- Access to online resources for further reading and support.

Assessment and Evaluation:

- Daily quizzes to assess understanding of key concepts.
- Active participation in group discussions and practical exercises.
- Completion of a personalized stress management plan.

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CERTIFICATE

OF COMPLETION
IS PRESENTED TO :

Krishna Gadha

For participating in the VALUE ADDED COURSE **HOW TO OVERCOME EXAM
STRESS** held in M.R. AMBEDKAR DENTAL COLLEGE AND HOSPITAL on **22nd
29th Jan and 5th Feb 2022**

ORGANISING SECRETARY
DR. AKSHATHA B K

SPEAKER
Dr. SOUNDARYA

PRINCIPAL
DR. HEMALATHA M



MR AMBEDKAR DENTAL COLLEGE AND HOSPITAL

1/36 Cine Road, Cooke Town, Bengaluru 560005
IQAC INITIATIVE

HOW TO OVERCOME EXAM STRESS



Date:
22nd, 29th January
and 5th February



Guest speaker : DR. Soundarya. N HOD, Department of
(ORAL PATHOLOGY AND MICROBIOLOGY)

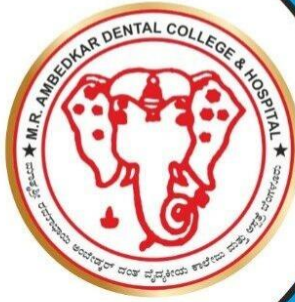
Venue: AUDITORIUM MR AMBEDKAR DENTAL
COLLEGE



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Ref no: MRADC/VAC/10/21-22

DATE: 21/1/2022

CIRCULAR

(IQAC INITIATIVE)

We are pleased to inform you that our institution is organizing a valuable and highly relevant course titled "**How to Overcome Exam Stress**" for all the students. This course aims to equip you with essential skills and strategies to manage and conquer the stress associated with examinations effectively.

Details of the course are as follows:

Course Date: 22nd 29th Jan and 5th Feb 2022

Time: 12:30 PM to 6:30 PM

Venue: AV Room, 3rd Floor MRADCH

Course Overview: Exams are an integral part of academic life, and it's natural to experience stress during this period. This course will provide you with practical techniques to manage and overcome exam-related stress. You will learn about stress triggers, stress reduction methods, time management, effective study strategies, and much more.

Who Can Attend: All UG, Interns and PG students from all disciplines.

Registration: Registration is mandatory for participation. Please contact Dr. Akshatha, Dept. of Oral Pathology.


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To,

The HODs / Professors of all departments, MRADCH, Bengaluru- for circulation in the department

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| | |
|---------------------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 11/21-22 | |
| COURSE TITLE: Stress Management | |
| DATE: 12TH 19TH ,26TH FEBRUARY 2022 | DURATION: 16hrs |
| DEPARTMENT: PEDODONTICS AND PREVENTIVE DENTISTRY | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr.Neeraja R | |
| RESOURCE PERSONS: Dr Ila Srinivasan, Dept. of Pedodontics and Preventive Dentistry | |
| TARGET AUDIENCE:UGs, PGs and interns | |

Introduction:

Stress management is a critical skill in today's fast-paced and demanding world. It refers to the various strategies and techniques individuals can use to effectively cope with and reduce stress in their lives. Stress can have effects on physical and mental health, relationships, and overall well-being. Therefore, learning how to manage stress is essential for leading a balanced and fulfilling life.

Course and Objectives:

The Stress Management course is designed to provide participants with a comprehensive understanding of stress, its causes, and practical tools to manage and reduce stress effectively. The primary objectives of the course are as follows:

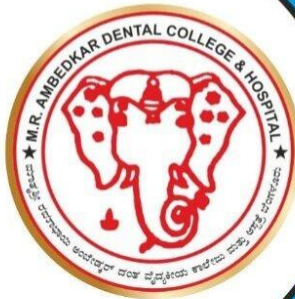
1.Understanding Stress: Explore the concept of stress, its different types, and how it affects the mind and body. Gain insight into the physiological and psychological aspects of stress.



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2. Identifying Stressors: Learn to identify common stressors in daily life, such as work-related pressures, personal issues, financial concerns, and more. Develop the ability to recognize the signs of stress in oneself and others.
3. Stress Assessment: Conduct a personal stress assessment to determine individual stress levels and triggers. This helps in creating a customized stress management plan.
4. Stress Reduction Techniques: Acquire a toolkit of stress reduction techniques, including relaxation exercises, mindfulness meditation, deep breathing, Singing progressive muscle relaxation.
5. Time Management: Explore effective time management strategies to better prioritize tasks and reduce the feeling of being overwhelmed.
6. Healthy Lifestyle Choices: Understand the role of diet, exercise, and sleep in stress management. Learn how to make healthier choices in these areas to enhance resilience to stress.
7. Coping Strategies: Develop coping strategies to deal with specific stressors, such as assertive communication, problem-solving skills, and setting boundaries.

Course Outcome:

Upon completing the Stress Management course, participants should be able to achieve the following outcomes:

1. Improved Stress Awareness: Participants will be able to recognize signs of stress in themselves and others, allowing for early intervention.
2. Effective Stress Reduction: Learners will have a range of stress reduction techniques



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3. Enhanced Resilience: Participants will develop resilience to stressors, enabling them to bounce back more quickly from challenging situations.

4. Improved Health and Well-being: By adopting healthier lifestyle choices, individuals will experience improved physical and mental well-being.

5. Better Relationships: Enhanced emotional intelligence and communication skills will lead to healthier interpersonal relationships, both personally and professionally.

6. Enhanced Productivity: The course will equip participants with time management and problem-solving skills that contribute to increased productivity and reduced stress related to work and deadlines.

7. Personalized Stress Management Plan: Participants will create a personalized stress management plan tailored to their unique stressors and needs.

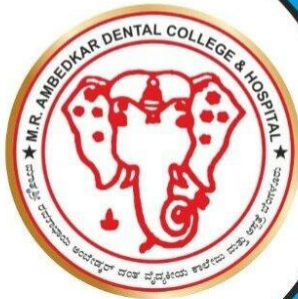
Summary: The Stress Management course aims to empower individuals with the knowledge and skills needed to effectively manage stress, leading to improved overall quality of life and well-being.



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Mathrusri Ramabai Ambedkar Dental College and Hospital

DATE 12TH 19TH ,26TH FEBRUARY 2022

Organized By: Department of Pedodontics

Tips on how to relieve stress



Walk



Dance



Yoga

**VENUE:
AUDITORIUM
AMBEDKAR DENTAL COLLEGE**



CERTIFICATE OF APPRECIATION

Proudly presented to:

SAYEEDA FAEHEEN

For participating in the VALUE ADDED COURSE - Stress Management held in
M R AMBEDKAR DENTAL COLLEGE AND HOSPITAL on 12TH 19TH 26TH
FEBRUARY 2022


SPEAKER
Dr. Ila Srivivasan


PRINCIPAL
DR HEMALATHA M



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Ref no: MRADC/VAC/ 11/21-22

DATE : 2/ 2/2022

CIRCULAR

(IQAC INITIATIVE)

A program on **STRESS MANAGEMENT** has been organized for the UG, PGs and interns at our institution on: **12TH 19TH ,26TH FEBRUARY 2022**

FROM 1pm to 6:30pm in the college auditorium.

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL.**

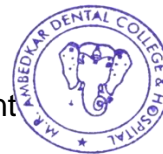
GUEST SPEAKER –

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

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To,

The HODs / Professors of all departments,
MRADC, Bengaluru- for circulation in the department

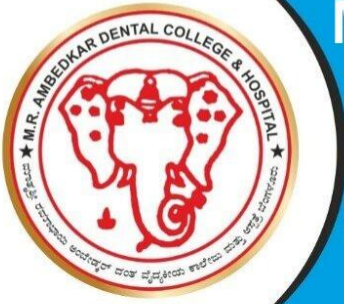


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- 2)The Administrative Officer, MRADC

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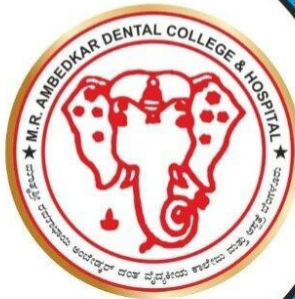
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| | |
|-------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 12/21-22 | |
| COURSE TITLE: Do's and Don'ts Of Scientific Writing | |
| DATE: 5th 12th 19th March 2022 | DURATION: 16hrs |
| DEPARTMENT: ORAL PATHOLOGY | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr Shibani Shetty | |
| RESOURCE PERSONS: Dr. Vijay Jain Dept. of oral pathology | |
| TARGET AUDIENCE:UGs, PGs and interns | |

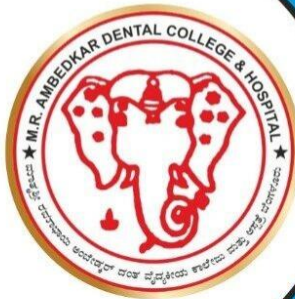
Papers are a crucial part of research; if research does not produce published papers, it remains incomplete. Proper writing is needed to get the results published. Furthermore, your work must be cited by others to be impactful. Rejection rates are increasing for journal publishing, thus we have compiled a set of different writing techniques and recommendations for creating well written scripts. Writing better will facilitate getting past the copy editor, making it easier for your paper to arrive to the editor and the reviewers.

Many times, researchers refuse to invest time in reading about ways of improving their writing style. However, as we will see, there is statistical evidence which supports that utilizing certain methods when writing an article can make it more understandable and successful in the journal rank. Two questions naturally arise: which is the strategy to follow to present and write about your research well? And, how does this strategy affect the scope of the article? We answer them by presenting a compilation of the most valuable information to make it readily accessible for authors looking to improve their writing.

The writing style can make a paper much more concise and easier to understand, but sometimes we use styles that might not be ideal. For instance, there is a strong



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preconception among engineers that the impersonal voice is more formal than the active voice. However, the scientific journal Nature guidelines for How to write a First Class Paper explicitly state that “We should engage readers’ emotions and avoid formal, impersonal language.“. This can be achieved by use of the active voice (we performed the experiment...).

DAY 1 : How do you write and present research well

We will cover the basics on how to do the presentation of your work. Then, we will dive into the specifics of strategic writing. We will discuss the use of active and passive voice when describing procedures and results, as well as the importance of the title and the words used in it. In terms of semantics and syntax, the length of sentences and the signs in writing, which include the use of words in hedging, will be discussed. We will also examine how to show the uncertainty in the results and how to present it, be it in graphs or as a \pm sign after the result. The SI units writing conventions will also be explained, as well as authorship assignation and the proper use of references. At the end, we discuss how to submit your work to a journal.

DAY 2: How to present your work

Doing a presentation of your work is another crucial part of research. You should be able to communicate clearly and concisely what you did and what you found. In this section we will cover what to say and how to say it when you are giving an oral presentation.

Title

The title is the first thing they will see of your research paper and perhaps the only part they will read. A good title should describe the content of the paper with the less possible words. The objectives, subject and the result should be included. It needs to show the main idea with the least number of words to optimize the search engine results. The optimal length for a title is recommended to be between 8 and 15 words. The 500 top-cited articles have less than 19 words in their

The use of error bars

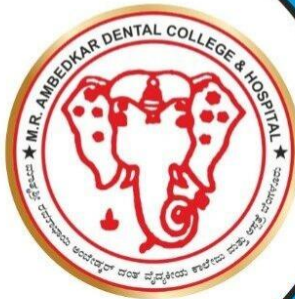
To this date, there is still not a standard way to express error bars in graphs or the uncertainty in a measurand (the value following the \pm symbol in a measurement), and



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not everyone includes them. Moreover, even if some authors do, they often forget to specify either the sample size, n , the p value, or what the error bars or the uncertainty represent altogether. Do they portray the standard deviation, the standard error of the mean, or the confidence interval? If this information is not

Use of active voice

Currently many books/guides on scientific writing advise to use the active voice whenever possible. Nature and Science journals both prefer the active voice which normally uses the authors as agents of action. In the abstracts, one in four sentences contains the word “we” or “our”. Day and Sakaduski's writing guide for scientific English, states directly — “the passive voice should be avoided”. The main argument is that it helps to make the writing clear and concise, contrary to a

DAY E: Conclusion and writing workshop

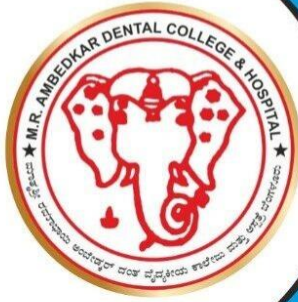
Knowing how to communicate ideas is a crucial part of the scientific career; our work is incomplete if we fail to transmit our discoveries. In general, we have given the case for writing better in research papers, while also presenting a myriad of tools for this purpose. We challenge some outdated ideas about communication, like avoiding the active voice, that hinder the communication process. Overall, it is on the researcher's end to decide to apply these techniques and to learn how to make



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CERTIFICATE

OF COMPLETION
IS PRESENTED TO :

MUSKAN

For participating in the VALUE ADDED COURSE **Do's and Don'ts Of
Scientific Writing** held in M.R. AMBEDKAR DENTAL COLLEGE AND HOSPITAL
on 5th 12th 19th March 2022


ORGANISING SECRETARY
DR. SHIBANI SHETTY


SPEAKER
DR. VIJAY JAIN


PRINCIPAL
DR. HEMALATHA M



**MR AMBEDKAR DENTAL COLLEGE AND
HOSPITAL**
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IQAC INITIATIVE

DO's and Don'ts of Scientific Writing

Scientific Writing

Date: 5th, 12th and
19th MARCH 2022

Guest speaker : DR. Soundarya. N HOD, Department of
(ORAL PATHOLOGIST AND MICROBIOLOGY)

Venue: AUDITORIUM MR AMBEDKAR DENTAL
COLLEGE





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#1/36 , Cline Road, Cooke Town , Bengaluru 560005

Ref no: MRADC/VAC/ 12/21-22

DATE : 2/ 3/2022

CIRCULAR

(IQAC INITIATIVE)

A program on **Do's and Don'ts Of Scientific Writing** has been organized for the UG, PGs and interns at our institution on: **5th 12th 19th March 2022** FROM 1pm to 6:30pm in the college auditorium.

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL**.

GUEST SPEAKER –

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

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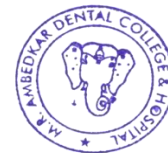
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To,

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- 2) The Administrative Officer, MRADC



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| | |
|---------------------------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 13/21-22 | |
| COURSE TITLE: CAPACITY BUILDING ON EMPATHY, COPING WITH STRESS AND INTER PERSONAL RELATIONSHIP SKILLS. | |
| DATE: 9TH , 16TH , 23RD APRIL 2022 | DURATION: 16hrs |
| DEPARTMENT: DEPARTMENT OF PUBLIC HEALTH DENTISTRY | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr. Rukmini JN. | |
| RESOURCE PERSONS: Dr Pramila M, Professor and HOD Dept. Of Public Health Dentistry | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION

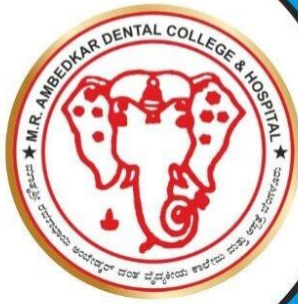
Capacity building in empathy, coping with stress, and interpersonal relationship skills is crucial for personal growth and effective interactions with others. In this program, we will explore these essential aspects of emotional intelligence and personal development to help individuals lead more fulfilling lives and foster healthier relationships.

Empathy is the cornerstone of understanding and connecting with others on a deeper level. It involves recognizing and sharing the feelings of others, which can lead to improved communication and stronger bonds. Developing empathy allows us to be more compassionate and supportive.

Coping with stress is a vital skill in today's fast-paced world. Stress is an inevitable part of life, but learning how to manage it effectively is essential for maintaining mental



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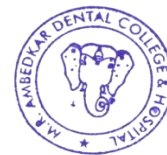
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and physical well-being. This program will provide strategies and techniques to handle stress and maintain a healthy work-life balance.

Interpersonal relationship skills are critical for success in both personal and professional life. Effective communication, active listening, conflict resolution, and building trust are key components. Through this program, we will enhance your ability to build and maintain positive relationships with others.

COURSE OBJECTIVES

1. Understanding Empathy
2. Recognizing and Managing Stress
3. Effective Communication
4. Active Listening
5. Conflict Resolution
6. Trust-Building
7. Resilience and Coping Strategies
8. Emotional Intelligence
9. Self-awareness and Self-care
10. Application in Personal and Professional Life



COURSE OUTCOME

1. Enhanced Empathy Skills
2. Effective Stress Coping Strategies

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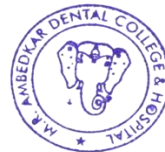
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3. Improved Communication
4. Active Listening Proficiency
5. Conflict Resolution Expertise
6. Trust-Building Competence
7. Resilience and Coping Prowess
8. Heightened Emotional Intelligence
9. Self-awareness and Self-care Emphasis
10. Application in Real-Life Contexts

Module 1: Building Empathy (Day 1)

1. Understanding Empathy
2. Recognizing Emotions
3. Empathetic Communication
4. Empathy in Practice



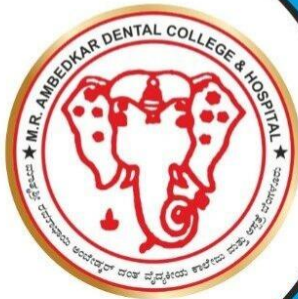
Module 2: Coping with Stress (Day 2)

1. Stress Awareness
2. Stress Management Techniques
3. Resilience Building

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4. Self-Care Strategies

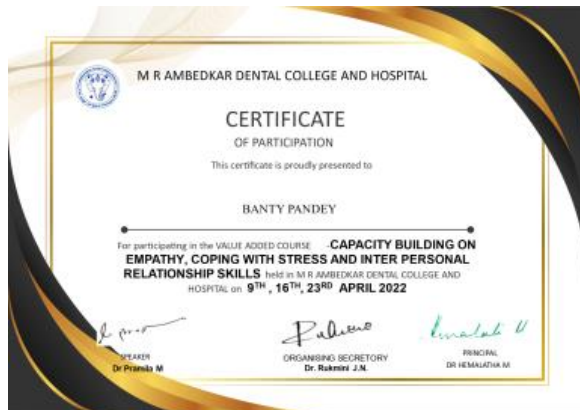
Module 3: Nurturing Interpersonal Relationships (Day 3)

1. Effective Communication Skills
2. Active Listening and Trust-Building
3. Conflict Resolution
4. Application in Real-Life Scenarios

COURSE ASSESSMENT :

Interactive sessions

Discussions



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Ref no: MRADC/VAC/ 13/21-22

DATE : 1/ 4/2022

CIRCULAR

(IQAC INITIATIVE)

A program on **CAPACITY BUILDING ON EMPATHY, COPING WITH STRESS AND INTER PERSONAL RELATIONSHIP SKILLS** has been organized for the UG, PGs and interns at our institution on **9TH, 16TH, 23RD APRIL 2022**

FROM 1pm to 6:30pm in the college auditorium.

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL**.

SPEAKER –Dr Pramila M, Professor and HOD

Dept. Of Public Health Dentistry

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

PRINCIPAL

To,

The HODs / Professors of all departments,

MRADC, Bengaluru- for circulation in the department

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| | |
|-------------------------------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 14/21-22 | |
| COURSE TITLE: EMPOWERING YOUTH | |
| DATE: 26thmarch,2nd& 30thApril2022 | DURATION: 16hrs |
| DEPARTMENT: ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr. SINDHU D | |
| RESOURCE PERSONS: Dr Anjali Narayan, Reader Dept. of Orthodontics and dentofacialorthopedics | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION:

As we look to the future of dental care, it becomes increasingly clear that empowering and nurturing the next generation of dental professionals is not just a necessity but a responsibility. Empowering youth in dentistry is about equipping aspiring dentists and dental professionals with the knowledge, skills, and mindset needed to excel in this ever-evolving field.

Dentistry is not just about fixing teeth; it's about improving lives, promoting oral health, and enhancing overall well-being. The journey to becoming a successful dental practitioner is marked by a commitment to clinical excellence, ethical integrity, and continuous learning. It's about embracing innovation, cultural competence, and patient-centered care. And, most importantly, it's about fostering a sense of responsibility to serve the diverse needs of a global community.

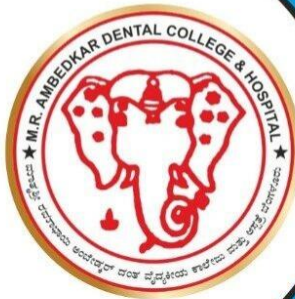
In this exploration of empowering youth in dentistry, we will delve into the various facets that shape the careers of budding dental professionals. From the foundations of dental



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education and training to the importance of mentorship and community engagement, we will uncover the key ingredients that contribute to a fulfilling and impactful dental career.

COURSE OBJECTIVES:

To introduce aspiring dental professionals to the field of dentistry and its various specialties.

To enhance clinical skills and knowledge in specialized areas of dentistry.

To foster evidence-based practice and critical thinking in treatment planning

To prepare young dental professionals for ethical practice management.

To promote leadership skills and advocacy in oral healthcare

To address global oral health challenges and responsibilities.

COURSE OUTCOME:

Participants will gain a comprehensive understanding of the dental profession, including various career paths and specialties.

Participants will apply evidence-based dentistry principles in clinical decision-making.

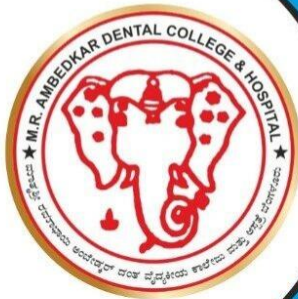
Participants will acquire essential practice management skills, including financial literacy and ethical billing practices.

Participants will develop leadership skills within the dental profession, engage in mentorship, and advocate for oral healthcare.

Participants will understand global oral health challenges and responsibilities, participating in global oral healthcare initiatives when possible



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MODULE I: 26th March

Foundation skills and knowledge in dentistry

Introduction to Dentistry: Exploring the dental field, career paths, and specialties.

Clinical Skills: Basic diagnostic and treatment procedures, patient examination, and infection control.

Ethics and Patient Care: Ethics in dentistry, patient rights, and delivering patient-centered care.

Communication and Teamwork: Effective communication with patients and colleagues, working in dental teams.

MODULE II: 2nd April

Advanced clinical competence and specialization

Evidence-Based Dentistry: Critical evaluation of dental literature and its application in clinical decision-making.

Dental Technology: Introduction to digital dentistry, CAD/CAM, and other emerging technologies.

Career Pathways: Exploring various career options in dentistry, including private practice and academia.

Ethical Specialization: Ethical considerations in specialized treatments and patient consent.

MODULE III: 30th April

Professional development and community Engagement


Practice Management: Financial literacy, ethical billing practices, and the business side of dentistry.



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Community Engagement: Developing community outreach programs and volunteering in underserved areas.


Leadership in Dentistry: Leadership opportunities in professional organizations, mentorship, and advocacy.

Global Oral Health: Understanding international oral health disparities and participating in global oral healthcare initiatives.

COURSE ASSESSMENT :

- Interactive sessions
- Discussions


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IQAC INITIATIVE

EMPOWERING YOUTH

GUEST SPEAKER: **Dr. Anjali Narayan**
Reader
Department of Orthodontics
and Dentofacial Orthopaedics



Date: 26th March and 2nd, 30th April 2022

VENUE: AUDITORIUM, M R AMBEDKAR
DENTAL COLLEGE AND HOSPITAL



**CERTIFICATE
OF ACHIEVEMENT**

This certificate is proudly presented to

JYOTHI

For participating in the VALUE ADDED COURSE -EMPOWERING YOUTH held in M R
AMBEDKAR DENTAL COLLEGE AND HOSPITAL on 26th March, 2nd & 30th April 2022

ORGANISING SECRETARY
Dr. SANDHU D

SPEAKER
Dr. Anjali Narayan

PRINCIPAL, MRADC
Dr. HEMALATHA M



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Ref no: MRADC/VAC/ 14/21-22

DATE : 20/02/2022

CIRCULAR

(IQAC INITIATIVE)

A program on **EMPOWERING YOUTH** has been organized for the UG, PGs and interns at our institution on 26th march, 2nd and 30 April 2022 FROM 1pm to 6:30pm in the college auditorium .

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program WITH OUT FAIL.

GUEST SPEAKER – Dr Anjali Narayan(Reader, Department Of Orthodontics and dentofacial orthopedics)

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

PRINCIPAL

To,

The HODs / Professors of all departments,

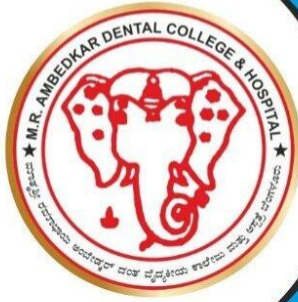
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| | |
|----------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 15/21 - 22 | |
| COURSE TITLE: Women Health And Nutrition – Holistic Approach | |
| DATE: 7th 14TH&21st May 2022 | DURATION: 16hrs |
| DEPARTMENT: Prosthodontics | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr.keerthana | |
| RESOURCE PERSONS: Dr Shruthi C S, Head of the department, Dept. of Prosthodontics | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION:

This program is designed to provide a comprehensive understanding of women's health and nutrition from a holistic perspective. Women's health encompasses physical, mental, emotional, and social well-being, and this course will explore how nutrition plays a pivotal role in maintaining and optimizing these aspects of a woman's life.

COURSE OBJECTIVES:

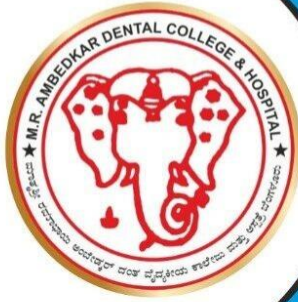
- To Understand the Holistic Approach
- To Explore Women's Health Across the Lifespan
- To Analyze the Impact of Nutrition
- To Foster Mind-Body Connection
- To Promote Holistic Wellness



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COURSE OUTCOME:

- By the end of the course student should be able to understand the importance of women health and nutrition.
- After the completion of the course students will be able to understand how to improve women's health through nutrition.

MODULE I: 7thMay

Foundations of Holistic Women's Health

- Introduction to Holistic Health
- Components of Holistic Health
- Nutrition and Holistic Health
- Common Women's Health Concerns

MODULE II: 14thMay

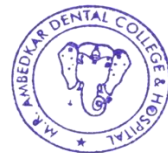
Nutrition Across the Women's Lifespan

- Nutrition in Adolescence
- Nutrition during Pregnancy and Lactation
- Nutrition in Menopause
- Customized Nutrition Plans

MODULE III: 21stMay

Practical Holistic Wellness Strategies

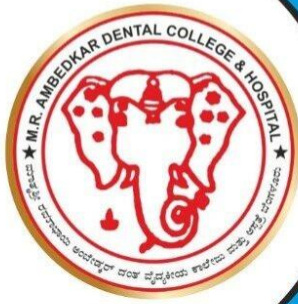
- Stress Management for Women
- Self-Care and Holistic Well-Being
- Integrating Holistic Nutrition
- Creating a Holistic Wellness Plan



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COURSE ASSESSMENT :

- Interactive sessions
- Discussions

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**IQAC INITIATIVE
WOMEN HEALTH
AND
NUTRITION –
HOLISTIC APPROACH**

Guest Speaker
Dr Shruthi C.S, Head of the department, Department of
Prosthodontics

Venue: Auditorium
MR Ambedkar Dental College
Date: 7th 14th & 21st May 2022



CERTIFICATE OF APPRECIATION

Proudly presented to :

BANTY PANDEY

For participating in the VALUE ADDED COURSE - Women Health And
Nutrition - Holistic Approach held in M.R. AMBEDKAR DENTAL COLLEGE
AND HOSPITAL on 7th 14th & 21st May 2022

ORGANISING SECRETARY
DR. KEERTHANA

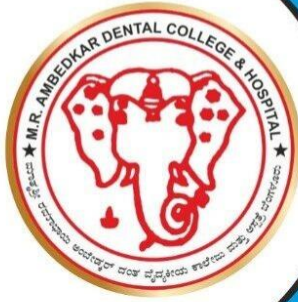
SPEAKER
DR. SHRUTHI C.S

PRINCIPAL
DR. HEMALATHA M



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Ref no: MRADC/VAC/ 15/21 – 22

DATE :28/ 4/2022

CIRCULAR

(IQAC INITIATIVE)

A program on **Women Health And Nutrition – Holistic Approach** has been organized for the UG ,PGs and interns at our institution on 7th ,14th and 21stMay 2022 FROM 1pm to 6:30pm in the college auditorium .

All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL.**

GUEST SPEAKER – Dr Shruthi C S (Head of the department , Department Of Prosthodontics)

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

PRINCIPAL

To,

The HODs / Professors of all departments,

MRADC, Bengaluru- for circulation in the department

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1) The Chairman, G.C, MRADC



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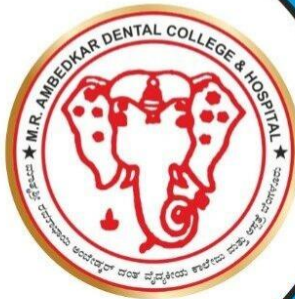
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| | |
|---------------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/ 16/21-22 | |
| COURSE TITLE: HEALTH CARE RESEARCH AND FUNDAMENTAL – A BIO ETHICAL APPROACH | |
| DATE: 25TH MAY, 4TH, 11TH JUNE 2022 | DURATION: 16hrs |
| DEPARTMENT: DEPARTMENT OF PUBLIC HEALTH DENTISTRY | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr. Rukmini JN. | |
| RESOURCE PERSONS: Dr. Umashankar GK, Professor, Dept. Of Public Health Dentistry | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION

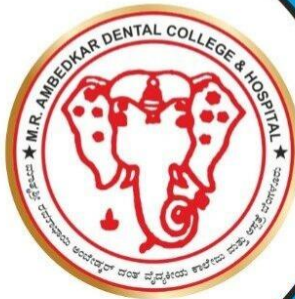
The program on "Healthcare Research and Fundamentals - A Bioethical Approach" is a vital initiative designed to empower dentists with the knowledge and ethical principles required to excel in today's complex healthcare landscape. Dentistry is an ever-evolving field, and keeping up with the latest healthcare research is essential to providing optimal patient care.

This program introduces dental professionals to cutting-edge research methodologies, enabling them to incorporate evidence-based practices into their clinical approach. By exploring the latest advancements in healthcare research, participants will gain a deep understanding of the principles that underpin modern dentistry.

Beyond research fundamentals, this program places a strong emphasis on bioethics. The ethical considerations within healthcare decisions are paramount, and participants will delve into the moral and ethical dilemmas frequently encountered in dental practice.



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M.R. Ambedkar Dental College & Hospital
Bengaluru - 560 005



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Through engaging discussions, case studies, and practical applications, dentists will develop the ethical acumen needed to navigate complex scenarios.

By the end of this program, participants will be well-equipped to merge healthcare research with bioethical principles, ensuring that they provide the highest standard of patient care in an ethically sound manner. This report will provide an in-depth exploration of the program's content and outcomes, highlighting its significance in the context of modern dentistry.

COURSE OBJECTIVES

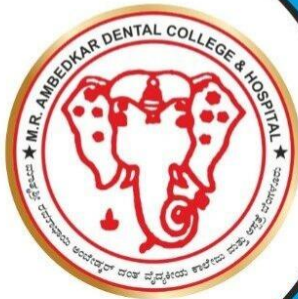
1. Understanding Healthcare Research
2. Research Methodologies in Dentistry
3. Evidence-Based Practice
4. Advancements in Dental Healthcare
5. Bioethical Principles in Dentistry
6. Ethical Decision-Making
7. Patient-Centered Care
8. Ethical Dilemmas in Dental Practice
9. Balancing Clinical Excellence and Ethical Integrity
10. Application of Research and Ethics in Dental Practice



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COURSE OUTCOME

1. Advanced Research Knowledge
2. Evidence-Based Clinical Practice
3. Cutting-Edge Dental Techniques
4. Deepened Understanding of Bioethical Principles
5. Enhanced Ethical Decision-Making Skills
6. Improved Patient Care and Outcomes
7. Ethical Dilemma Resolution
8. Patient Trust and Confidence
9. Ethical Practice Integration
10. Elevated Dental Professionalism

Module 1: Introduction to Healthcare Research

1. Research Fundamentals
2. Evidence-Based Dentistry
3. Research Methodologies
4. Dental Literature Review



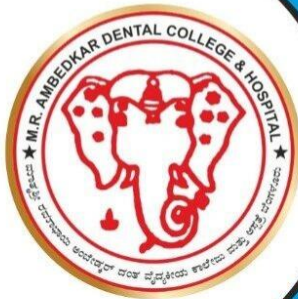
Module 2: Advancements in Dental Healthcare

1. Emerging Dental Technologies

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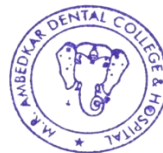
2. Innovations in Treatment Modalities
3. Case Studies in Dental Research
4. Interdisciplinary Healthcare Research

Module 3: Bioethical Principles in Dentistry

1. Ethics in Dental Practice
2. Ethical Decision-Making
3. Patient-Centered Care
4. Informed Consent and Confidentiality

Module 4: Ethical Practice Integration

1. Ethical Dilemma Resolution
2. Practical Application of Ethics
3. Maintaining Ethical Standards
4. Professionalism and Patient Trust



COURSE ASSESSMENT :

Interactive sessions

Discussions

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Ref no: MRADC/VAC/ 16/21-22

DATE :22/ 5/2022

CIRCULAR

(IQAC INITIATIVE)

A program on **HEALTH CARE RESEARCH AND FUNDAMENTAL – A BIO ETHICAL APPROACH** has been organized for the UG ,PGs and interns at our institution on **25TH MAY, 4TH, 11TH JUNE 2022** FROM 1pm to 6:30pm in the college auditorium .

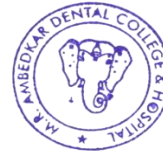
All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program **WITH OUT FAIL**.

SPEAKER – Dr. Umashankar GK, Professor,

Dept. Of Public Health Dentistry

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

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To,

The HODs / Professors of all departments,

MRADC, Bengaluru- for circulation in the department

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**MR AMBEDKAR DENTAL
COLLEGE AND HOSPITAL**
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IQAC INITIATIVE

HEALTH CARE RESEARCH AND FUNDAMENTAL - A
BIO ETHICAL APPROACH

25th MAY 4th
and 11th JUNE
2022

SPEAKER
DR. PRAMILA M HOD
(DEPARTMENT OF PUBLIC
HEALTH DENTISTRY)

VENUE:
AUDITORIUM MR AMBEDKAR
DENTAL COLLEGE



CERTIFICATE

OF COMPLETION

IS PRESENTED TO :

APORVA

For participating in the VALUE ADDED COURSE **HEALTH CARE RESEARCH AND
FUNDAMENTAL - A BIO ETHICAL APPROACH** held in M R AMBEDKAR DENTAL
COLLEGE AND HOSPITAL on 25TH MAY, 4TH, 11TH JUNE 2022

ORGANISING SECRETARY
DR. RUKMINI J.N.

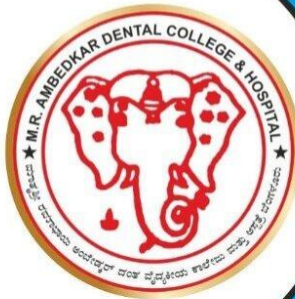
SPEAKER
Dr. Umashankar GK

PRINCIPAL
DR. HEMALATHA M

PRINCIPAL

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| | |
|-----------------------------------------------------------------------------------------|------------------------|
| CODE: VAC/17/21-22 | |
| COURSE TITLE: UNICEF AWARENESS | |
| DATE: 18TH, 25TH AND 27TH JUNE 2022 | DURATION: 16hrs |
| DEPARTMENT: PEDODONTICS | |
| FACULTY IN CHARGE / CONTACT PERSON: Dr. Neeraja R. | |
| RESOURCE PERSONS: Dr Ila Srinivasan, HOD and Professor, Dept. of Pedodontics | |
| TARGET AUDIENCE:UGs ,PGs and interns | |

INTRODUCTION:

UNICEF is created by resolution 57(I) of the United Nations General Assembly on 11 December 1946 to provide supplies and assistance to children after World War II. Originally known as the United Nations International Children's Emergency Fund, UNICEF starts as a temporary relief fund of the United Nations.

UNICEF strongly believes that all children have the right to grow in a safe and nurturing family environment. Yet, across the world, children continue to be separated or are at a risk of being separated from their families. These children include those living on the streets, transport terminals, and childcare institutions as well as child workers or child victims of human trafficking.

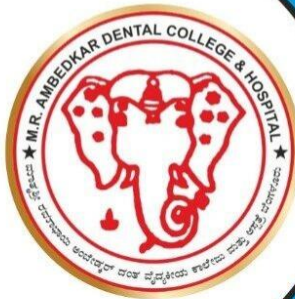
UNICEF works in over 190 countries and territories to save children's lives, to defend their rights, and to help them fulfil their potential, from early childhood through adolescence. To create ethical vision and achieve harmony in life.



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COURSE OBJECTIVES:

- To raise the level of awareness and understanding of child rights and a child rights approach and why they are so important to UNICEF.
- Transform and/or refresh your awareness, understanding and appreciation of child rights and a child rights approach in a memorable and lasting way.
- Describe child rights, and explain how a child rights approach differs from other approaches, such as child-focused/child-centered, charity and welfare approaches.
- Explain and describe UNICEF's mandate as it relates to the promotion, protection and fulfilment of children's rights.
- Describe UNICEF's engagement in supporting implementation of the Convention on the Rights of the Child.
- Communicate with partners and personnel about raising awareness and understanding of child rights and a child rights approach, thus cascading the training by word-of mouth.
- Start thinking about ways in which to apply what you have learned to your everyday work and life.



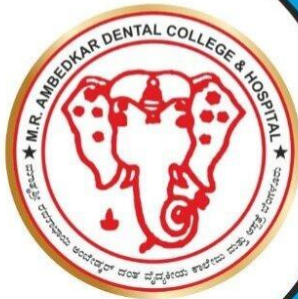
COURSE OUTCOME:

- By the end of the course student should be able to understand the meaning of ethics in UNICEF and UN context;
- Identify the standards of conduct applicable to UNICEF personnel;
- Identify the various ways to address and report any potential ethical breaches and learn where to seek help; and

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- Describe the ethical standards you follow in your work and private life.

COURSE ASSESSMENT:

- Interactive sessions
- Discussions



CERTIFICATE OF APPRECIATION

Proudly presented to:

NAVYA MANOJ

For participating in the VALUE ADDED COURSE - UNICEF AWARENESS held in
M.R. AMBEDKAR DENTAL COLLEGE AND HOSPITAL on 18TH, 25TH AND 27TH
JUNE 2022

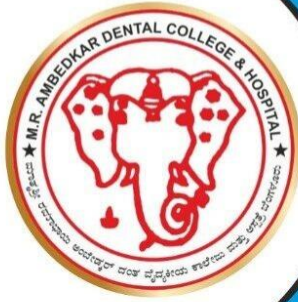
SPEAKER
Dr. Ra Srinivasan

PRINCIPAL
DR. HEMALATHA M.



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Ref no: MRADC/VAC/17/21-22

DATE: 15/6/2022

CIRCULAR

(IQAC INITIATIVE)

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All the HODs / Professors, teaching staff, UG, PGs and interns are informed to attend the program WITH OUT FAIL.

GUEST SPEAKER – Dr Neeraja R (Professor, Department Of Pedodontics)

ALL THE STAFF / STUDENTS ARE INSTRUCTED TO GATHER IN THE AUDITORIUM BY 1:00 PM WITHOUT FAIL

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To,

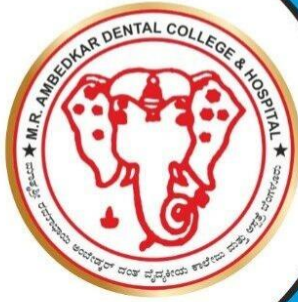
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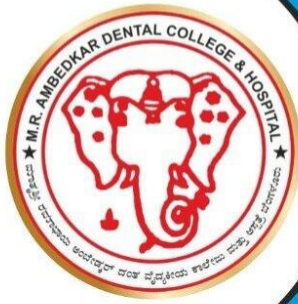
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 **IQAC INITIATIVE**
UNICEF AWARENESS


18th, 25th and
27th JUNE

GUEST SPEAKER : DR.ILA SRINIVASAN , HOD
DEPARTMENT OF (PAEDODONTICS AND PREVENTIVE
DENTISTRY)


for every child

VENUE:
AUDITORIUM MR AMBEDKAR DENTAL COLLEGE

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Bengaluru - 560 005

