

### WORLD POPULATION DAY 11<sup>TH</sup> JULY 2018

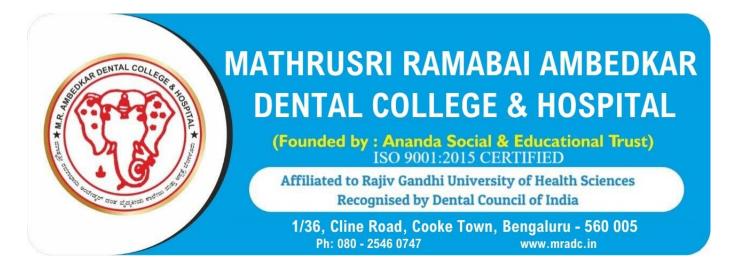
On the occasion of world population day, a talk was arranged for Asha workers to create awareness for the general public on the population issues like family planning, Maternal Health.Dr Hemavathi, Health Inspector of PHC, kannalli and Dr Chandrakala.B, Dental Incharge of Kodigehalli Dental Unit educated high school children regarding the Marriage age, sexual education and ill effects of Population explosion.





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### HEALTHY BABY CONTEST 19<sup>TH</sup> November 2019

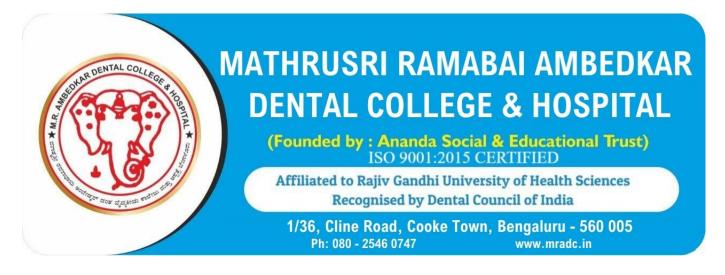
On this day, a talk was arranged at kannallianganwadi center,kodigehalli by Dr Chandrakala B from department of Public Health Dentistry to educate the importance of health and nutrition and its positive impacts on growing child. Mother s knowledge on child rearing and feeding practices were assessed and their doubts were cleared. In order to encourage such healthy practices a healthy baby contest was conducted and the healthy baby was selected and the mother was rewarded with the cash prize of Rs 500/-. Overall the program was a successful one.





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# HEALTH AND NUTRITION DAY 6<sup>TH</sup> SEPTEMBER 2019

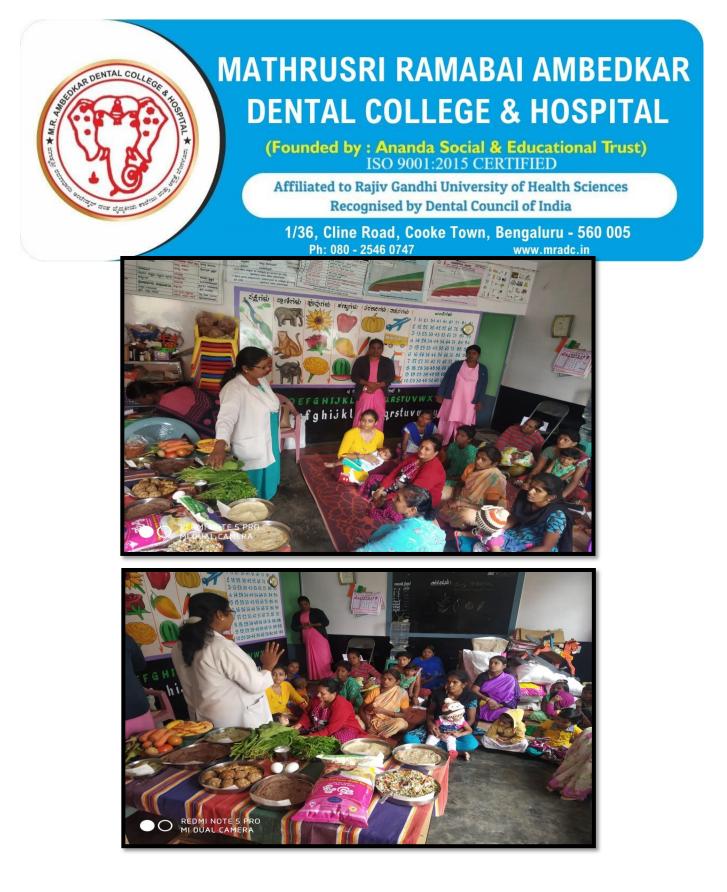
As a programme organized by the Health department and in co ordination with Public Health Dentistry, a talk was given on Health and Nutrition for Asha workers,Pregnant ladies and Lactationg Mothers. A wide spread of Healthy food was displ;ayed on the table and their importance was first educated to Asha workers so that they can ensure that they motivate the pregnant and lactating mothers. Dr Chandrakala B educated the Participants regarding the importance of Balanced diet and also shared information about Food adultration and its ill effects on ill health.





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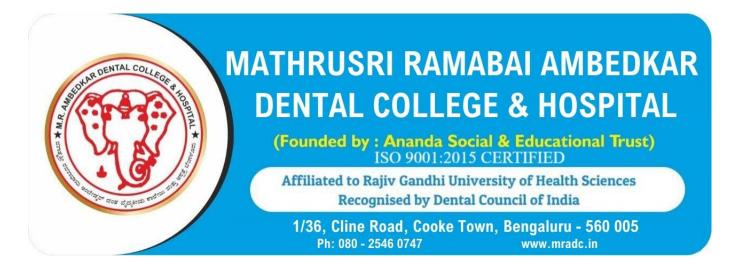
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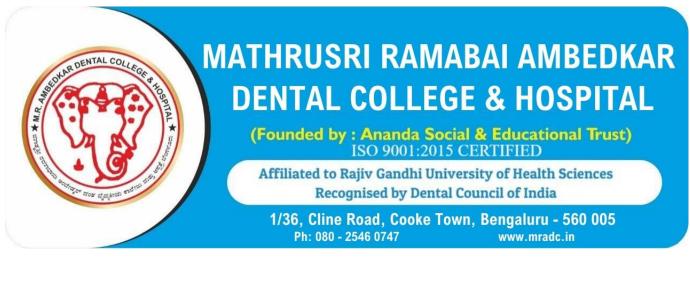
# A VISIT TO MEDICARE AT DABASPETE, TUMKUR 30/01/2020: BIOMEDICAL WASTE TREATMENT PLANT FIELD VISIT

Female faculty member escort for girl students on field visit





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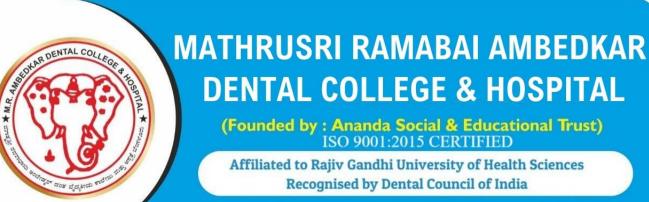
# INSTITUTIONAL CONSTITUTED COMMITEE

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GRH	EVANCE REDRESSAL COMMITTEE 2021-22	Statements in the local division of	from the date of e	provide a report of its findings to the employer within a period of ten days ompletion of the inquiry and such report be made available to the concerned
1.	Dr. Hemalata .M., Principal, Pro. & Head, Periodontics	- Chairperson	parties.	
2.	Dr. Maria Priscilla David, Prof & HOD, Dept. of Oral Medicine	- Co-Chairperson	Members of Anti-	Sexual Harassment Committee2021-22:
3.	Mr. Kemparaju, Administrative Officer	- Coordinator	Chairperson	- Dr. Hemalata M, Principal
4,	Dr. Jayanthi D, Professor, Periodontics	- Member		and the second sec
5.	Dr. Lalith, Vice Principal, Reader, Periodonties	- Member	Co-ordinator	- Mr. Kemparaju, Administrative Officer
6.	Dr. Satish Kumaran, Professor, Oral Surgery	- Member		
7.	Dr. Vijay Kumar Jain, Reader, Oral Pathology	- Member	Members	- Dr. Anuradha .V, Prof. & HOD of Oral Surgery
8.	Dr. Sangeeta S., Lecturer, Oral Medicine/Hostel Warden	- Member	_	Dr. Rabindra S Nayak, Prof. & HOD, Orthodontics
			· · · · · · · · · · · · · · · · · · ·	Dr. Soundarya N, Prof. & HOD, Oral Pathology
		and the second states	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	Dr. Fouzia Tanannum, Reader of Periodontics.
	and an and a second second	and the second se		Mrs. Cheluvamba B M, Accounts Officer
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1/36, Cline Road, Cooke Town, Bengaluru - 560 005 Ph: 080 - 2546 0747 www.mradc.in

Members of Anti-Ragging Squad	(Fauncies by: 2 Anande Social & Educational Trint) Millioted in Ruis Gauditi University of Hold Sciences Recognised by Decal Council of Holds		
021-22: PM/L Cive Read, Code Torini, Bengaine 54000)			
SI. Names of the Squads	Designation	Contact No.	
No.			
1. Dr. Hemalata M	Principal	9845034880	
2. Dr. Lalith V.	Vice Principal	9945609666	
3. Dr. Satish Kumaran	Professor of Oral Surgery	9449089287	
4. Dr. Umashankar G K	Professor of Public Health Dentistry	9886349861	
5. Dr. Vijay Shankar L V	Reader of Cons. Dentistry	9900134281	
6. Dr. Bindu C Ramesh	Reader of Oral Surgery	9740093663	
7. Dr. Shiva Prasod	Reader of Periodontics	9742279743	
8. Dr. Sangeetha S	Warden / Lecturer of Oral Medicine	9740401085	
9. Dr. Anand M	Reader of Prosthodontics	9945168691	
10. Dr. Nanjammanni N	Lecturer of Periodontics	9481383737	
11. Sri. Kemparaju	Administrative Officer	9945453556	
12. Sri. Chinnaswamy R	Manager	9844852923	
13. Dr. Vinayak Rao	PG student of Conservative Dentistry	and the second s	
14. Dr. Janaki Shaw	PG student of Periodontics		
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#### COMMITTEE FOR SC/ ST/OBC



The motive of this committee is to

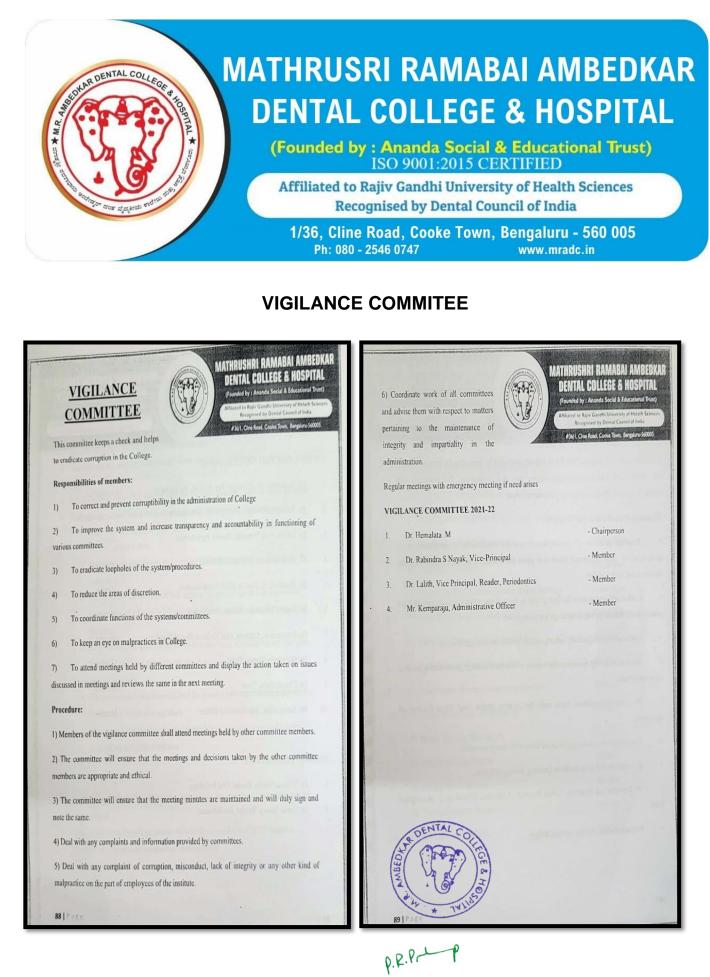
create and maintain safe, healthy and supportive environment for SC / ST staff and students in the campus. Also to address the issues of staff and students, belonging to schedule caste / schedule tribes in the Institute and to prevent atrocities against them and to comply with Government regulations for the establishment of the Committee for SC / ST (As per the Scheduled Caste and the Scheduled Tribes (prevention of Atrocities) act, 1989, No. 33 off1989, dated 11/09/1989). Overall the committee will focus on the holistic development of SC/ST students and plan executive and monitor all the activities in regards to SC/ST student's development. Efforts to enhance scholarship and financial help for such students shall be made from Govt. & NGOs and supervised by this committee This committee will also assist the students in claiming Scholarships and Free ships and other educational loans from the Government bodies and various Minority Communities, ommittee with the following members has been constituted for providing proper guidance, online filling / submission of scholarships forms through college poral and disbursement of the same to the students after receipt of the scholarship amount by following proper procedures and maintaining updated records.

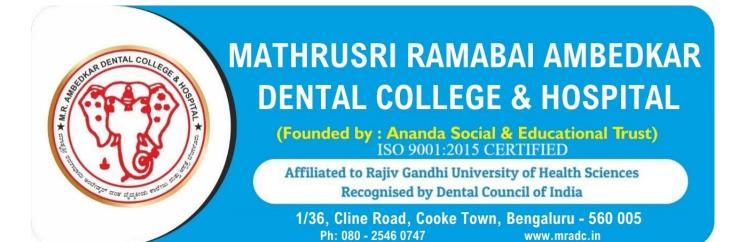
Contra .

#### COMMITTEE FOR SC/ ST 2021-22

1. Dr. Hemalata .M - Chairperson 2 Dr. Rabindra S Navak, Vice-Principal - Member 3. Dr. Lalith, Vice Principal, Reader, Periodontics - Member 4. Dr. Umashankar G K, Prof., Public Health Destistry - Member 5. Dr. Rukmini, Lecturer, Public Health Dentistry - Member - Member 6. Dr. Mahadeva, Lecturer, Public Health Dentistry 7. Mr. Kemparaju, Administrative Officer - Coordinato 8. Sri. Chinnaswamy, R, Manager - Member - Member 9. Mrs. Cheluvamba, Accounts Officer 10. Sri, Harshavardhana, F.D.C. Students Section - Member 11. Ms. Bhagya, Accounts Assistant Member 361.0.00

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#### **\WOMEN WELFARE CELL**

#### WOMEN WELFARE CELL

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AATHRUSHRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL (Founded by I Anada Social & Educational Trus) Athlates I to Roje Cardio University of Mariah Science Encogniced & Densil Cardio Science

This cell is established to empower girl

students, to address all issues related to women and to make the college campus a safe place for female students and faculty members. The committee will focus on the holistic development of women and plan executive and monitoring all the activities in regards to women development. It will work for equal representation of women in all developmental activities of the college. So the main objective of the committee is to motivate, empower women and secure feminine gender. It aims to prevent sexual harassment and to promote general well-being of female students, teaching and non-teaching women staff of the college.

#### Responsibilities of Committee Members:

- Awareness building among girl student about self-protection.
- Motivation and awareness of the girl student about their strengths.
- Protection of the girl students.
- Organizing the health awareness program.
- Solving girl students related issues and complains.
- Creating awareness about women's welfare.
- Handle case works and counseling
- Improving interpersonal skill.
- Conducting Woman's Day Program.
- To create awareness about the problems of women and in particular regarding gender discrimination.
- · To guide about Women Welfare Laws.
- · To highlight the importance of health and hygiene.
- To directs Women's role in the society.
- To develop multidisciplinary approach for the overall personality development.
- · To organize seminars, workshops relating to women development.
- To prevent sexual harassment and to promote general well-being of female students, teaching and non-teaching women staff of the Institute.

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		ATHRUSHRI RAMABAI AMBEDKAR Dental College & Hospital
		(Pounded by I Ananda Social & Educational Trust) Autoanet in Rajir Gandhi Universary of Heliath Sciences Receiptioned by Denial Council of India A Mill, Chen Read, Coolin Tourn, Bergaters-50005
WOMEN WELF	ARE CELL 2021-22	#34/1, Cires Road, Cooke, Iown, Congest
Chairman	- Mr. Mahadeva Prasad H S Managing Trustee, AS&ET	9845121370
Co-ordinator	- Mr. Kemparaju	9945453556
Secretary	- Dr. Hemalata .M, Principal	9008318647
Faculty Members	- Dr. Maria Priscilla David Prof. & HOD of Cons. Dentistry	9880239778
	Dr. Jayanthi. D Professor, Periodontics	9845275016
	Dr.Soundarya .N Professor & HOD of Oral Pathology	9945996806
	Dr.Fathima, Tutor	9886170989
locial Worker	- Mr. Venkatesh, RHTC, Halasoor	9448211381
Local Police station	Trazel Lown, Bangalore-S	22942548

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# MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL

(Founded by : Ananda Social & Educational Trust) ISO 9001:2015 CERTIFIED

Affiliated to Rajiv Gandhi University of Health Sciences Recognised by Dental Council of India

1/36, Cline Road, Cooke Town, Bengaluru - 560 005 Ph: 080 - 2546 0747 www.mradc.in ANTI SEXUAL HARASSMENT COMMITTEE

### ANTI-SEXUAL HARASSMENT COMMITTEE

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This committee promotes productive

work environment by creating a culture of respect for all, irrespective of their gender, colour, caste, location or any physical deformity. Also not to tolerate verbal or physical conduct of a sexual nature by any employee that harasses, disrupts or interferes with another's work performance or that creates an intimidating, offensive or hostile environment.

Harassment that goes unchecked has the potential to hurt the employer's operations, through decreased productivity and increased employee turnover. An Act to provide Protection against sexual harassment of women at workplace and for the prevention and redressal of complaints of sexual harassment and for matters connected therewith or incidental thereto.

Every Employer of a workplace shall, by an order in writing, constitute a committee to be known as the "Internal Complaints Committee". This Act is applicable to all allegations made against an employee and students, irrespective of whether sexual harassment or discrimination with respect to easte / gender / region / physical deformity is alleged to have taken place within or outside Institution premises. The Act defines sexual harassment at the workplace and creates a mechanism for redressal of complaints. It also provides safeguards against false or malicious charges.

#### **Roles and Responsibilities:**

- Employers' Duties Employer, as defined in the Act, is any person responsible for management supervision and control of the workplace. The Act imposes a number of duties on employers. All employers must ensure that they provide a safe working environment for their employees. Rules of the institute must include provisions relating to sexual harassment and state that sexual harassment will be treated as misconduct, and employers should take appropriate action if a sexual harassment incident is reported.
- Employers are required to set up an internal complaints committee (ICC). The ICC, which
  must have a minimum of four members, at least half of whom are women, will hear the

#### Inquiry Report:



On the completion of an inquiry under this Act, the internal committee, as the

case may be, shall provide a report of its findings to the employer within a period of ten days from the date of completion of the inquiry and such report be made available to the concerned parties.

Members of Anti-Sexual Harassment Committee2021-22:

Chairperson - Dr. Hemalata .M, Principal

Co-ordinator - Mr. Kemparaju, Administrative Officer

Members - Dr. Anuradha .V, Prof. & HOD of Oral Surgery

Dr. Rabindra S Nayak, Prof. & HOD, Orthodontics

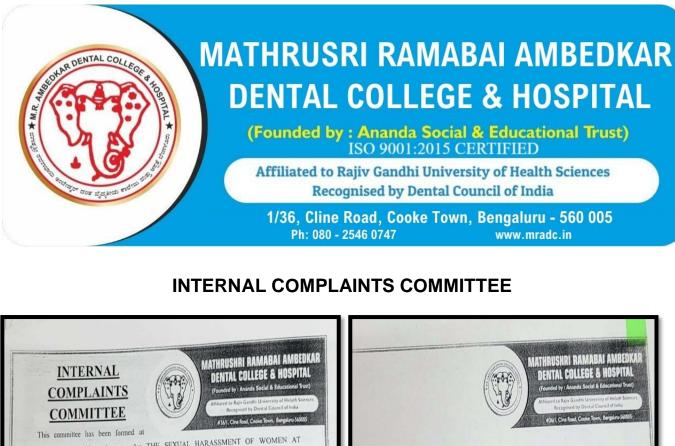
Dr. Soundarya N, Prof. & HOD, Oral Pathology

Dr. Fouzia Tarannum, Reader of Periodontics

Mrs. Cheluvamba B M. Accounts Officer



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MRADCH, to address issues under THE SEXUAL HARASSMENT OF WOMEN AT WORKPLACE (PREVENTION, PROHIBITION AND REDRESSAL) ACT, 2013.

The purpose of this committee is to provide protection against sexual harassment of women at workplace and for the prevention and redressal of complaints of sexual harassment and for matters connected therewith or incidental thereto.

Responsibilities of Internal Complaints Committee (ICC) -

The Internal Complaints Committee shall:

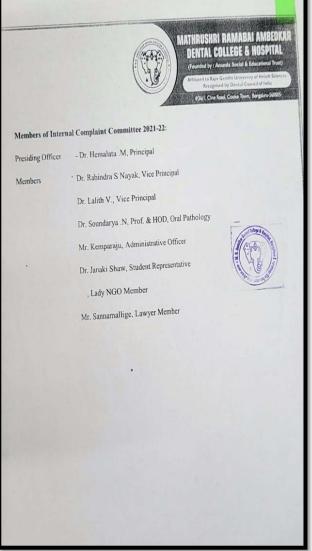
(a) Provide assistance if an employee or a student chooses to file a complaint with the police;

(b) provide mechanisms of dispute redressal and dialogue to anticipate and address issues through just and fair conciliation without undermining complainant's rights, and minimize the need for purely punitive approaches that lead to further resentment, alienation or violence;

(c) protect the safety of the complainant by not divulging the person's identity, and provide the mandatory relief by way of sanctioned leave or relaxation of attendance requirement or transfer to another department of supervisor as required during the pendency of the complaint, or also provide for the transfer of the offender;

(d) Ensure that victims or witnesses are not victimised or discriminated against while dealing with complaints of sexual harassment; and

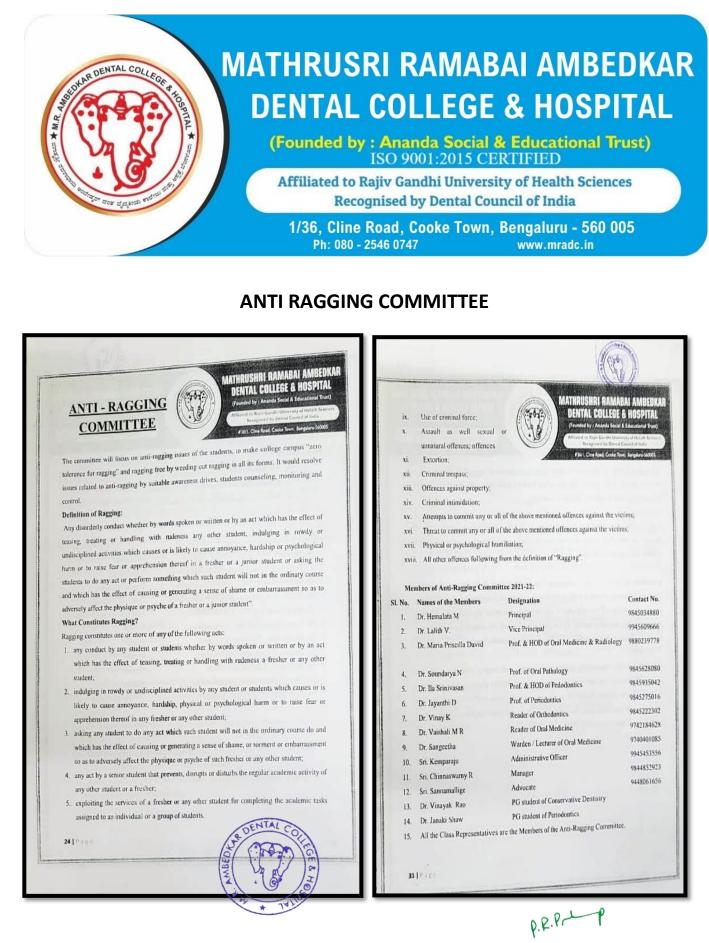
(e) Ensure prohibition of retaliation or adverse action against a covered individual because the employee or the student is engaged in protected activity.

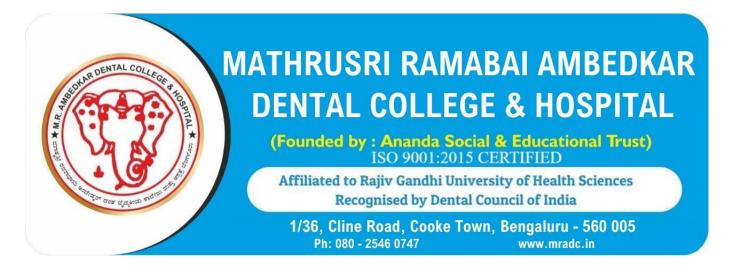




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# INTERNATIONAL WOMEN'S DAY 30<sup>TH</sup> MARCH 2021

The Women's Welfare Cell of M.R.Ambedkar Dental College celebrated International Women's Day on 30.03.2021 at the Bharat Ratna B.R. Ambedkar auditorium in M.R. Ambedkar Dental College with the full support of the Management & Principal. This year's theme was "choose to challenge. The chief guest for the programme was Dr. Roopesh (Additional Prof, Dept. of psychology, NimhansBangaluru),Who spoke about gender equality on the occasion, this was followed by cultural programmes by staffs & students.





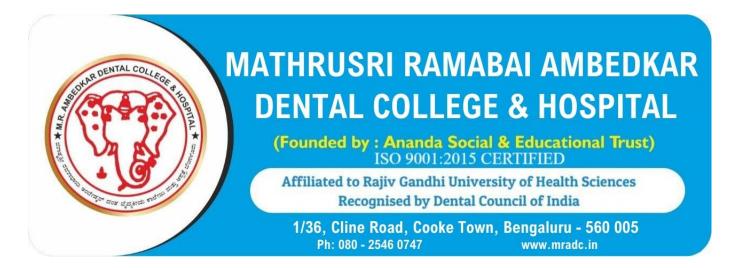
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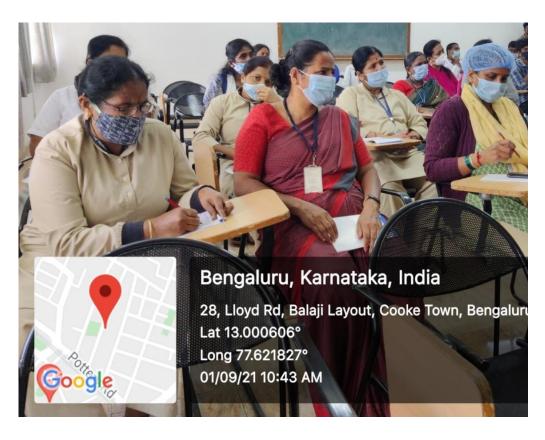




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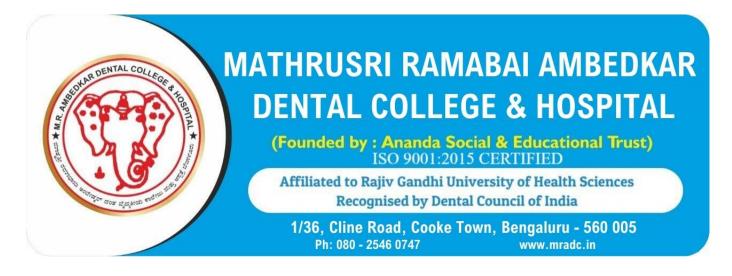
#### LIFE SKILLS PROGRAM





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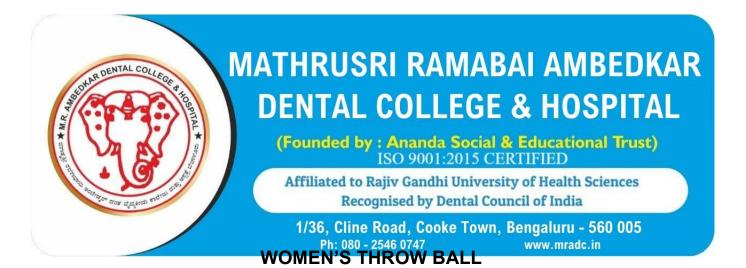
# SPIRITUAL BENEFIT OF YOGA FOR WOMEN





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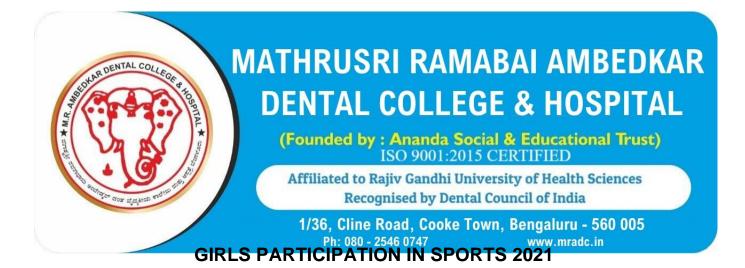
# WOMEN'S ARM WRESTLING



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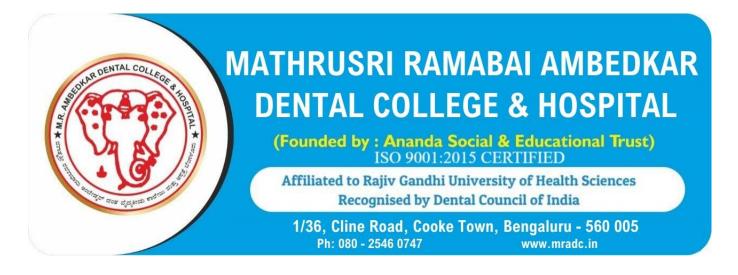
Latitude 13.00583° Local 11:34:55 AM GMT 06:04:55 AM Longitude 77.61999° Altitude 920.3 meters Friday, 10-01-2021





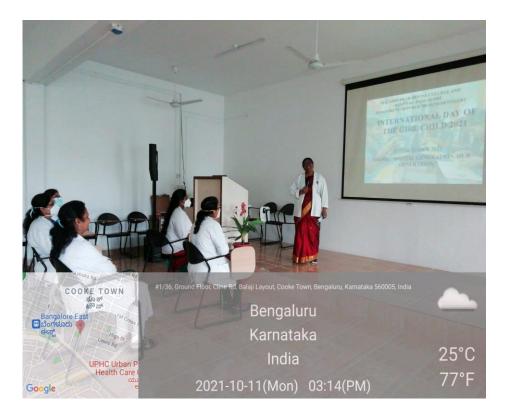
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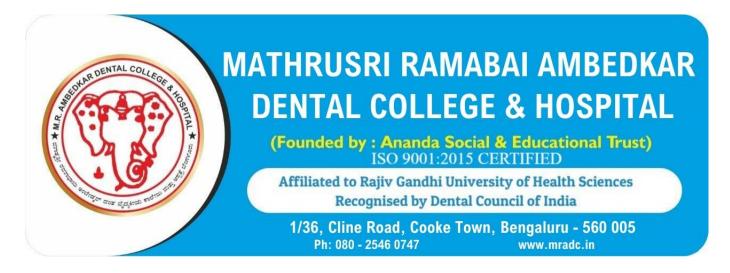
# INTERNATIONAL DAY OF THE GIRL CHILD 11 OCT 2021

International day of the girl child was observed in our institution on 11 oct 2021 under the theme "Digital generation. Our generation.". M R Ambedkar dental college organized a program in the college auditorium to raise awareness about equal access to the internet and digital devices for girls' and targeted investments to facilitate opportunities for girls' to safely and meaningfully access, use, lead and design technology. The program was informative and successful.





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# NATIONAL WOMEN'S DAY CELEBRATION 17TH FEBRUARY 2022

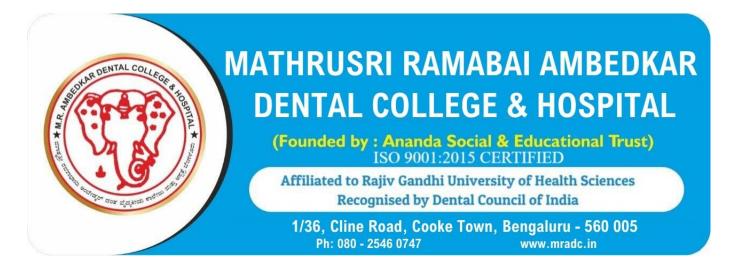
The National Women's Day was celebrated on 17th February 2022 to commemorate the 143rd birth anniversary of Smt. Sarojini Naidu. The Chief Guest and the Speaker of the day was Sri. Roopa Moudgil, IPS Officer. She enlightened us about Cyber Bullying, Cyber Staking, Cyber Extortion, Identity Thefts, Social Engineering and Harassment. Collage competition was held on the same day for the topic "Cybercrime against Women".





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# **INTERNATIONAL WOMEN'S DAY CELEBRATION 3RD MARCH 2022**

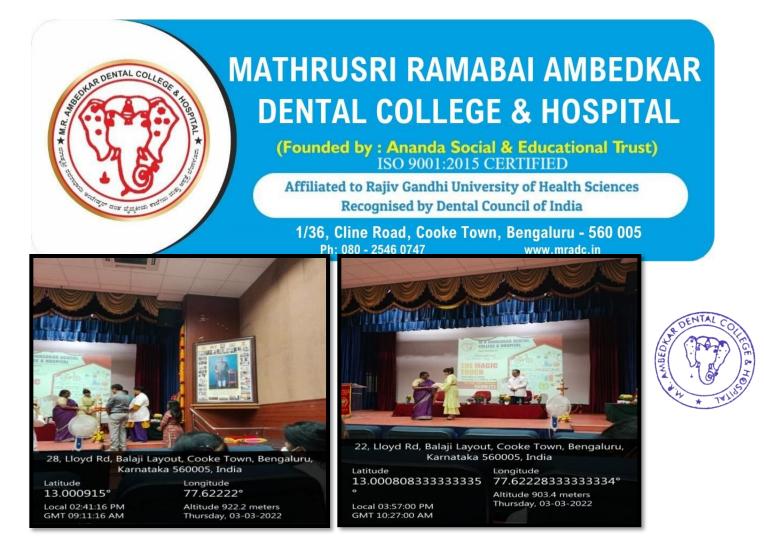
A programme on the topic 'Women and Bone Health' was held on 3rd March 2022. The Chief Guest was Dr. Yogesh. K, Senior Consultant, Arthroscopy and Sports Medicine specialist, Fortis Hospitals. Followed by the lecture there was an Orthopedic Free Bone Mineral Density, Examination and Consultation for the staff and students.



On the same day afternoon, a programme was conducted on Holistic approach to life. The Guest of the event was R J Shruthi who spoke on "The Magic Touch".



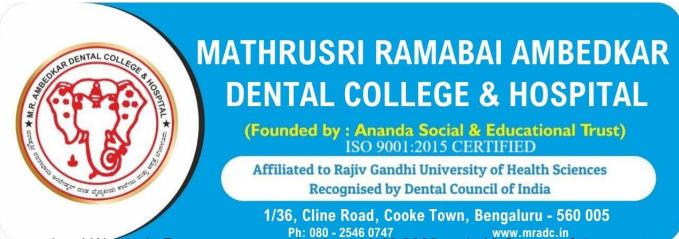
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On 4th March 2022, a program was organized on Gender Sensitisation. The chief guest for the event was Smt. Asha Krishnaswamy, Independent Journalist and Media Trainer.

"Breast and Cervical Cancer Awareness" program was conducted on 10th March 2022. The chief guest for this event was Dr. Suneetha. N, consultant radiation oncologist, HCG Hospital, Bangalore. There was screening, clinical examination of Breast and cervical Pap smear test for the staff and students





Ph: 080 - 2546 0747 www.mradc.in International Women's Day program was held on 11 03.2022 and chief guest of the event was

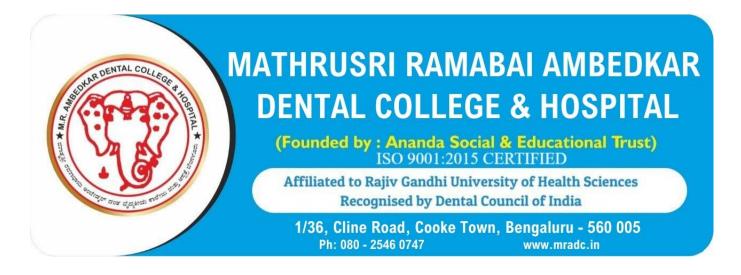
Dr Shamitha Malnad. The function was followed by a cultural programme







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#### **INTERNATIONAL DAY OF ACTION FOR WOMEN'S HEALTH 29th MAY 2023**

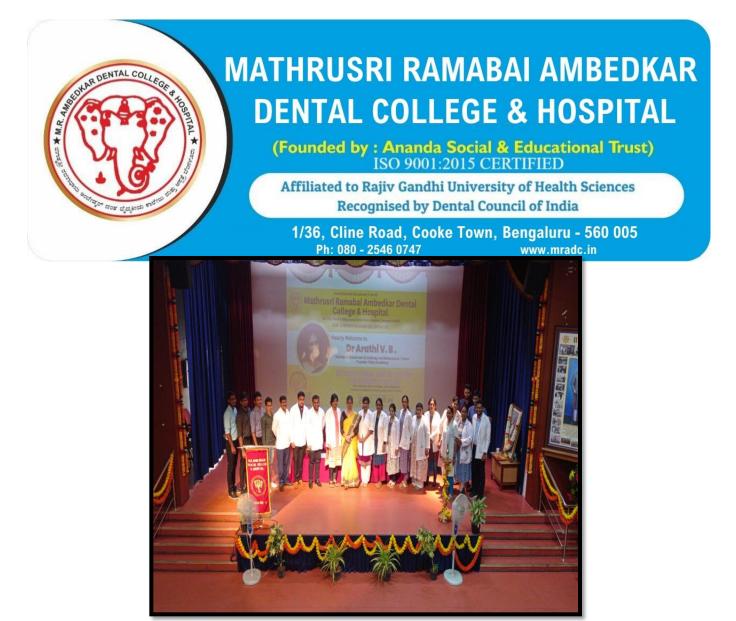
International Women's Health Day, also known as International Day of Action for Women's Health is observed annually on 28th May every year. This day was initiated in 1987 by the Government of Africa after identifying the huge problem. As a part IQAC CELL a programme was organized on 29th May 2023 to celebrate International Day of Action for Women's Health at our institution. Each year, Women's Health Day is celebrated under unique themes. This year, the International Day of Action for Women's Health 2023 theme is "Our Voices, Our Actions, Our Demand: Uphold women's health and rights now!"





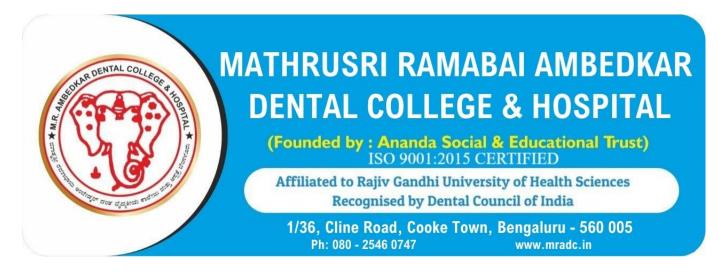
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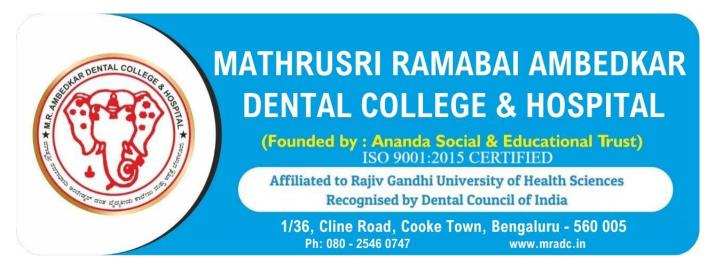


#### AN ANTI-RAGGING ORIENTATION PROGRAM MAY 2023



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#### VISUAL REPRESENTATION OF ANTI-RAGGING WEEK CELEBRATION AUGUST2023

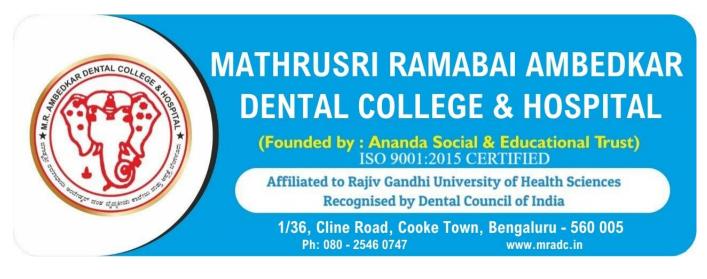




#### **VIDEO STREAMNING**

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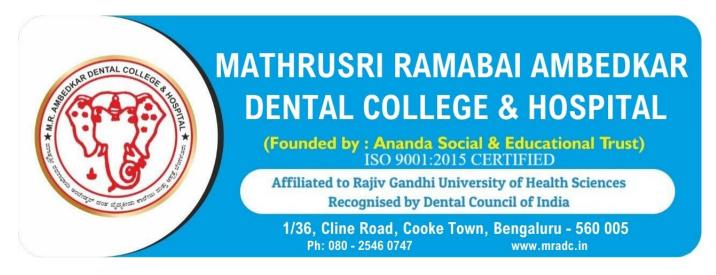


#### POSTER DISPLAYED AROUND THE COLLEGE PREMISES



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#### POSTER MAKING COMPETITION



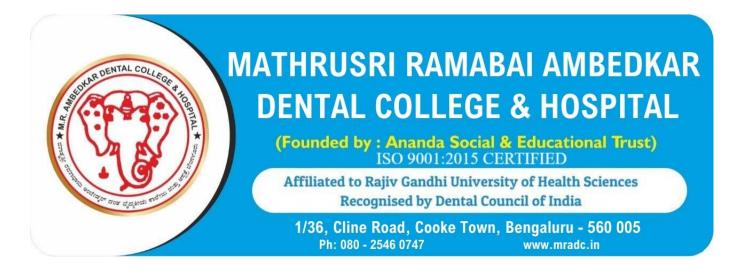




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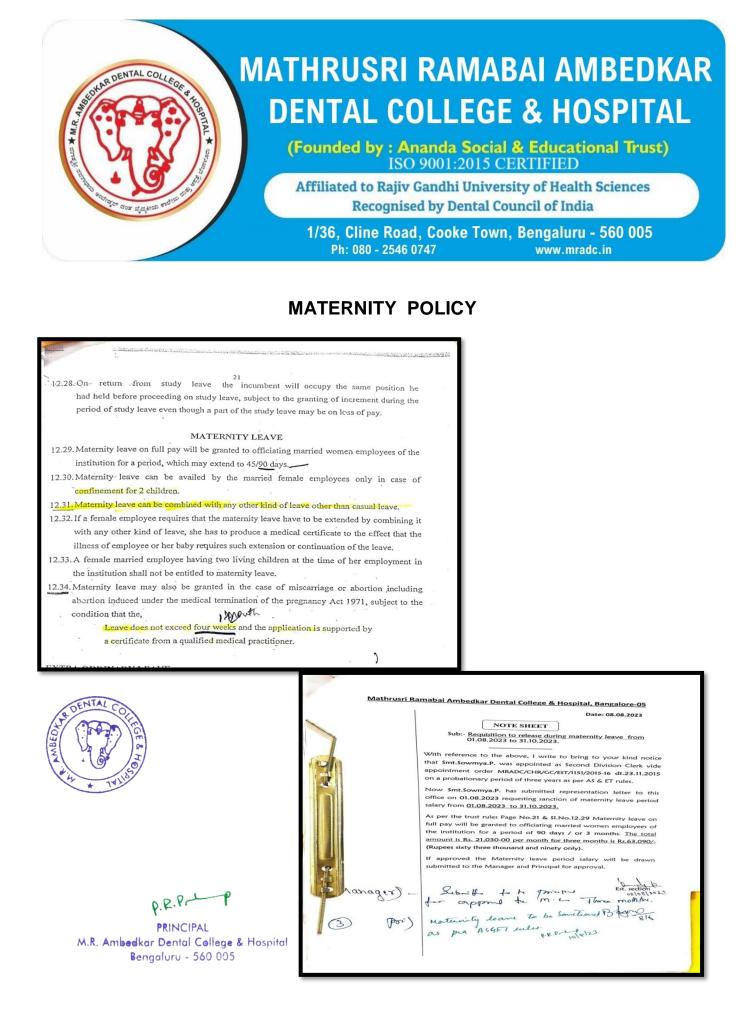


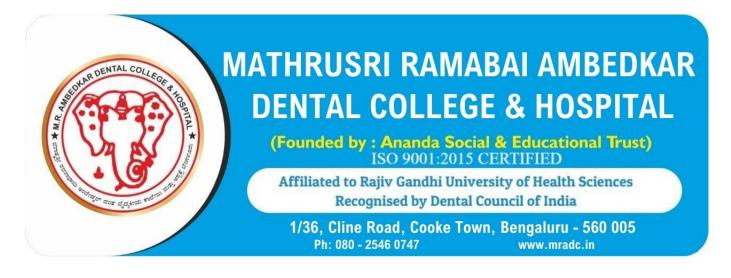
### **ANTI-SMOKING AWARENESS IN THE CAMPUS 2023**





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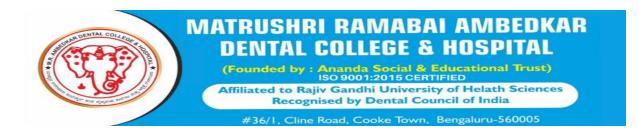
# **MENTOR-MENTEE INTERACTION 2023**

27 MINUTES OF M	IEETING		DENTAL COLLEG
Committee	MRADC Ment	orship Committee	A CARLER OF A
Date of meeting	27/07/2023	Start time	2 PM 110
Location	MRADC Classroom-Zoom Portal	End time	2:30 PM
Mentor	Dr. Nanjammanni N	Minutes taken	30 Minutes

#### **Objectives of the Meeting**

- To explain the concept of Mentor-Mentee program to the students and parents
- To discuss with parents regarding the internal marks obtained in the final year

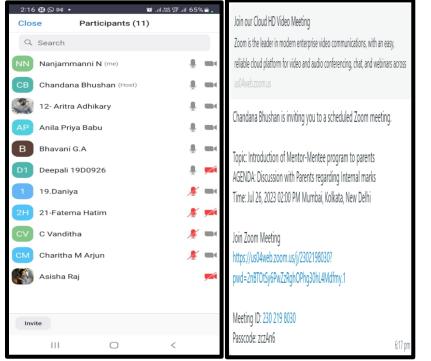
ATTENDANCE				REMARKS
YEAR	PRESENT	ABSENT		
	Asisha	Nill		
	Anila			
	Aritra Adhikary			P.P.P.
	Bhavani		NT:11	PRINCIPAL M.R. Ambedkar Dental College & Hos
	Charitha		Nill	<b>Bengaluru - 560 005</b>
	Chandana Bhusan			
	Deepali			
	Daniya			

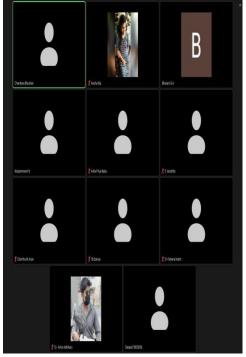


#### DISCUSSION/ISSUES

Students and Parents were explained the objective, guidelines and policies of the

Mentor-Mentee program







P.R.P.

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