



# MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL

(Founded by : Ananda Social & Educational Trust)  
ISO 9001:2015 CERTIFIED

Affiliated to Rajiv Gandhi University of Health Sciences  
Recognised by Dental Council of India

1/36, Cline Road, Cooke Town, Bengaluru - 560 005  
Ph: 080 - 2546 0747 www.mradc.in

## VIOLENCE AGAINST WOMEN 09/04/2018



M. R. Ambedkar Dental College & Hospital,

# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/Cir/010 /2017-18

Date: 04/04/2018

### CIRCULAR

All teaching / Non-teaching / PG students/ Intern are hereby informed to attend the programme on **Violence against Women** on 09.04.2018, at 11:00AM in the college auditorium. The speaker of the programme is **Dr. Jayanthi, Prof. Dept of periodontics**. Alternate arrangements may be made for smooth functioning of the clinic.



*Anuradha M.*  
PRINCIPAL 04/04/18  
M.R. Ambedkar Dental College & Hospital  
Bangalore-5

To,  
The HODs / Professors of all departments  
MRADC, Bangalore.

#### Copy for information to:

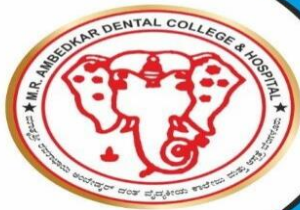
- 1.The Chairman, G.C, MRADC.
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*P.R.P.L.P*

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A special program was organized at M.R. Ambedkar Dental College on violence against women at the Bharat Ratna B.R. Ambedkar auditorium in M.R. Ambedkar Dental College dated 09/04/18. The guest of the programme was DR Jayanthi.D (Prof Dept. of Periodontics, MRADC Bangalore)

The Guest spoke about Violence against women and girls is a hidden global crisis which knows no boundaries of geography or culture. The speech was ended with a seek to support and to ensure a strong focus on gender equality, women's rights empowerment. Especially important is economic empowerment as a prevention strategy, The programme was attended by the Principal, Vice Principal, staffs & students. The function was followed by a cultural programme, with a refreshing lunch. The Function concluded with a vote of thanks with active participation from all members.

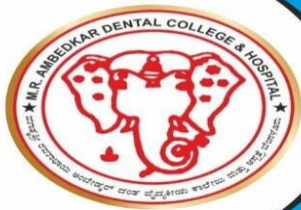
Overall the programs were a grand success. A total of 125 participants attended the programme



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2 M.R. Ambedkar Dental College & Hospital  
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DATE: 09/04/2018

## VIOLENCE AGAINST WOMEN

### List of Participants

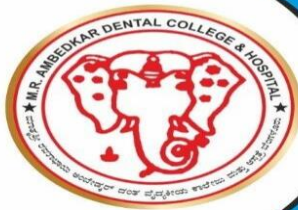
SL no.	Name
1	Dr Hemalata M
2	Dr Rabindranath Nayak
3	Dr Nanjammanni N
4	Dr Rupamalini SN
5	Dr Harini K
6	Dr Shobha R
7	Dr Fouzia Tarannum
8	Dr Shivaprasad RK
9	Dr Lagna Gowda
10	Bhaskar
11	Bhavya
12	Chandan kp
13	Dr Poojya
14	Chintu
15	Dr Anand
16	Daren varghese
17	Diksha
18	Dr Harish
19	Elizabeth
20	Gangadhar
21	Gurumanpreeth
22	Harish
23	Dr Shruthi
24	Divya
25	Likhita
26	Manasvi
27	Minati
28	Mohammed Hamsa
29	Navyashree
30	Nisarga
31	Dr Ila Srinivasan



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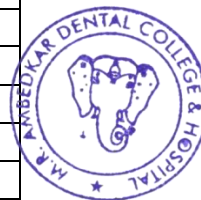
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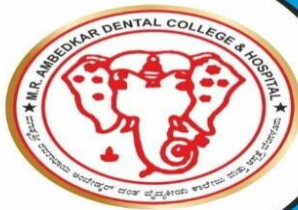
32	Dr Pramila
33	Dr Geetha
34	Rachel
35	Ramya
36	Rithika
37	Rohan
38	Shabitha
39	Shifa
40	Shruthi
41	Dr Veena Kumari
42	Sunitha
43	Syeda sharique
44	Dr Anuradha
45	Dr Mukeet
46	Vaibhavi
47	Vaishnavi
48	Varsha
49	Zarin
50	Dr Roopa
51	Dr vaishali
52	Dr Archana
53	Dr Sangeetha
54	Bainya
55	Dr Rukmini
56	Dr Pramila
57	Dr Mahadev
58	Dr Uma shankar
59	Dr Balraj
60	Dr Hari Prasad
61	Dr Vaibhav
62	Dr Karthik
63	Aditi anand
64	Adithi kumara
65	Akansha
66	Alesha
67	Amrith kaur
68	Amritha
69	Amrutha



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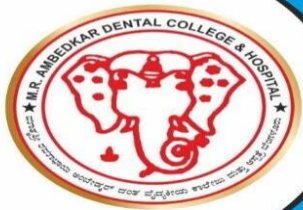
70	Dr Chaitra
71	Anajali priya
72	Anjana
73	Ana
74	Athira
75	Ayesha
76	Aushil mary
77	Dr Jyosthna
78	Prithvi
79	Devika
80	Devu
81	Edwin
82	Arpitha
83	Gity shibu
84	Gopika
85	Jaysha
86	Jeevitha
87	Ayesha zebra
88	Kevin
89	Dr soundarya
90	Dr Akshata
91	Linson
92	Akhila
93	Manasa
94	Dr Mohammed Ilal
95	Mohammed shahid
96	Jahanavi
97	Niveditha
98	Pavithra
99	Raechel
100	Rakshitha
101	Dr Rasmi
102	Ravina
103	Renu
104	Reo Mathew
105	Sagarika
106	Sakshi
107	Shaivee



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108	Dr Pradeep PR
109	Dr Kiran
110	Dr Vijay Jain
111	Sneha
112	Steffy
113	Suhair
114	Suneha
115	Vishaka
116	Anjum
117	Marya
118	Minu
119	Sujatha
120	Priyanka
121	Simran
122	Moein
123	Varshitha
124	abhiraj
125	Shreya



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## INTERNATIONAL WOMENS DAY 08/03/2019



ಮಾತೃಶ್ರೀ ರಮಾಭಾಯಿ ಅಂಬೇಡ್ಕರ್ ದಂತ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ,

# 1/36, ಕ್ಲೈನ್ ರಸ್ತೆ, ಕೂಕ್ ಟೌನ್, ಬೆಂಗಳೂರು-560 005.

ಕ್ರ.ಸಂ. ಎಂಆರ್‌ಎಡಿ.ಸಿ/ಸುತ್ತೋಲೆ/ 15/A/2018-19

ದಿನಾಂಕ: 04/03/2019

### ಸುತ್ತೋಲೆ

ವಿಷಯ : ನಮ್ಮ ಸಂಸ್ಥೆಯ ಸಭಾಂಗಣದಲ್ಲಿ ದಿ.08/03/2019ರಂದು ಬೆಳಿಗ್ಗೆ 10.00ಗಂಟೆಗೆ

“ವಿಶ್ವ ಮಹಿಳೆಯರ ದಿವಸವನ್ನಾಚರಿಸುವ ” ಕಾರ್ಯಕ್ರಮವನ್ನು ಹಮ್ಮಿ ಕೊಂಡಿರುವ ಬಗ್ಗೆ.

ಈ ಮೇಲ್ಕಂಡ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಎಲ್ಲಾ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರು/ ಬೋಧಕ ಮತ್ತು ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರು/ಸ್ನಾತಕೋತ್ತರ ವಿದ್ಯಾರ್ಥಿಗಳು/ಗ್ರಹ ವೈದ್ಯರುಗಳು ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಈ ಮೂಲಕ ತಿಳಿಸುವುದೇನೆಂದರೆ ದಿ.08/03/2019ರಂದು ಬೆಳಿಗ್ಗೆ 10.00 ಗಂಟೆಗೆ ನಮ್ಮ ಸಂಸ್ಥೆಯ ಸಭಾಂಗಣದಲ್ಲಿ “ವಿಶ್ವ ಮಹಿಳೆಯರ ದಿವಸವನ್ನಾಚರಿಸುವ ಕಾರ್ಯಕ್ರಮವನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದ್ದು, ಡಾ.ವೀಣಾ ಕುಮಾರಿ, ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರು, ದಂತ ಕುಳಿ ಮತ್ತು ದಂತ ಚಿಕಿತ್ಸಾ ವಿಭಾಗದವರು ಮುಖ್ಯ ಅಧಿತಿಯಾಗಿ ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಭಾಗವಹಿಸಲಿದ್ದಾರೆ”. ಆದ್ದರಿಂದ ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಎಲ್ಲರೂ ಭಾಗವಹಿಸಲು ನೂಚಿಸಿ ಈ ಕಾರ್ಯಕ್ರಮವು ಯಶಸ್ವಿಯಾಗುವಂತೆ ಕೋರಲಾಗಿದೆ.



ಗೃಹೀತೃ. ಎಂ  
ಪ್ರಾಧ್ಯಾಪಕರು  
08.03.2019  
ಮಾ.ರ. ಅಂಬೇಡ್ಕರ್ ದಂತ ವೈದ್ಯಕೀಯ  
ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ  
ಬೆಂಗಳೂರು - 560 005.

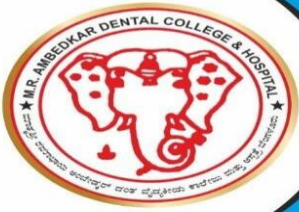
ಗೆ,  
ಎಲ್ಲಾ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರು / ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರುಗಳು  
ಎಂ.ಆರ್‌ಎಡಿ.ಸಿ, ಬೆಂಗಳೂರು.

- ಪ್ರತಿ:
- 1.ಮಾನ್ಯ ಅಧ್ಯಕ್ಷರು (ಆ.ಮ), ಎಂ.ಆರ್‌ಎಡಿ.ಸಿ.
  - 2.ಉಪ-ಪ್ರಾಚಾರ್ಯರವರು, ಎಂ.ಆರ್‌ಎಡಿ.ಸಿ.
  - 4.ಆಡಳಿತಾಧಿಕಾರಿಗಳು / ವ್ಯವಸ್ಥಾಪಕರು, ಎಂ.ಆರ್‌ಎಡಿ.ಸಿ
  - 5.ಸಿಬ್ಬಂದಿ ವಿಭಾಗ, ಎಂ.ಆರ್‌ಎಡಿ.ಸಿ / ಕಛೇರಿ ಪ್ರತಿ.



P.R.P.P.P

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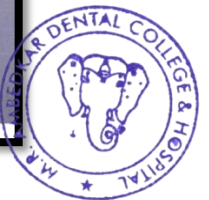
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**“THINK EQUAL, BUILD SMART, INNOVATE FOR CHANGE” 08/03/2019**

M.R. Ambedkar Dental College organized two programmes in the year 2019. International Women’s Day on 08/03/2019 at the Bharat Ratna B.R. Ambedkar auditorium.

This year’s theme on International Womens day was “Think equal, build smart, innovate for change” and the other programme was organized on Women Rights and Welfare. The resource person for the programme was Dr. Veena, Professor, Dept of Endodontics. She insisted on gender equality and women empowerment in every aspects life. This programme was organized on innovative ways in which we can advance gender equality and the empowerment of women. ”

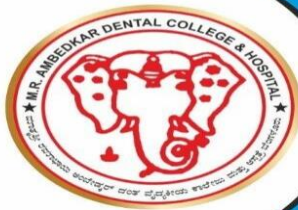
The programme was attended by the Principal, Vice Principal, staffs & students. The function was followed by a cultural programme, with a refreshing lunch. The Function concluded with a vote of thanks with active participation from all members.



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DATE: 08/03/2019

THINK EQUAL, BUILD SMART, INNOVATE FOR CHANGE

## List of Participants

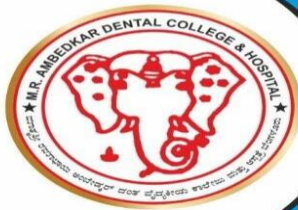
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2	Dr Rabindranath Nayak
3	Dr Pramila N
4	Dr Ila Srinivsan
5	Dr Harini K
6	Dr Soundarya
7	Dr Anuradha
8	Dr Shivaprasad RK
9	Dr Lagna Gowda
10	Dr Akshata
11	Bhavya
12	Dr Shobha R
13	Cherisha
14	Dr Rupamalini SN
15	Christine
16	Dr Fouzia Tarannum
17	Dr Nanjammanni N
18	Dilsanth
19	Dr Satish Kumaran
20	Gangadhar
21	Gurumanpreeth
22	Harish
23	Dr Jyosthna
24	Divya
25	Likhita
26	Manasvi
27	Minati
28	Mohammed Hamsa
29	Navyashree
30	Nisarga
31	Nirupama



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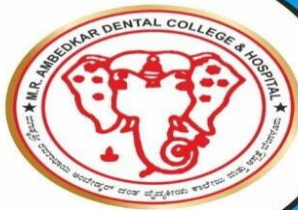
32	Dr Geetha
33	Priyankar Roy
34	Rachel
35	Ramya
36	Rithika
37	Rohan
38	Shabitha
39	Shifa
40	Shruthi
41	Sukanya
42	Sunitha
43	Syeda sharique
44	Tanya
45	Tiyasa
46	Vaibhavi
47	Vaishnavi
48	Varsha
49	Zarin
50	Samiha
51	Saniya
52	Bhuvaneshwari
53	Shaik hasan ali
54	Bainya
55	Dr Rukmini
56	Dr Vinay
57	Dr Mahadev
58	Dr Uma shankar
59	Dr Poojya
60	Dr Hari Prasad
61	Dr Vaibhav
62	Dr Karthik
63	Aditi anand
64	Adithi kumara
65	Akansha
66	Alesha
67	Amrith kaur
68	Amritha
69	Amrutha



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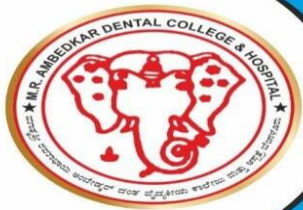
70	Dr Kiran
71	Dr Vijay Jain
72	Anjana
73	Ana
74	Athira
75	Ayesha
76	Aushil mary
77	Jyosthna
78	Prithvi
79	Devika
80	Devu
81	Edwin
82	Arpitha
83	Gity shibu
84	Gopika
85	Jaysha
86	Jeevitha
87	Ayesha zebra
88	Kevin
89	Karthika
90	Koushik
91	Linson
92	Akhila
93	Manasa
94	Mohammed shibin
95	Mohammed shahid
96	Jahanavi
97	Niveditha
98	Pavithra
99	Raechel
100	Rakshitha
101	Rasmi
102	Ravina
103	Renu
104	Reo Mathew
105	Sagarika
106	Sakshi



*P.R.P.*

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## WOMEN'S RIGHTS AND WELFARE 06/04/2019



M. R. Ambedkar Dental College & Hospital,

# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/Cir/014/A/2018-19

Date: 02/04/2019

### CIRCULAR

This is to inform that programme is been conducted on **Women rights & Welfare** in the college auditorium on 6.4.2019, at 10: 30AM. The speaker of the programme is **Dr. Sushi**, Reader, V S Dental College. All teaching / Non-teaching / PG students/ Intern are hereby informed to attend the programme without hampering the routine functioning of the clinic.



*Anmalata M.*  
PRINCIPAL 02/04/19  
M.R. Ambedkar Dental College & Hospital  
Bangalore-5

To,  
The HODs / Professors of all departments  
MRADC, Bangalore.

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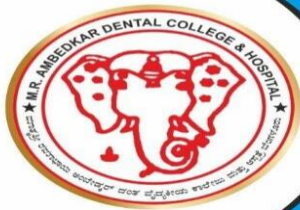
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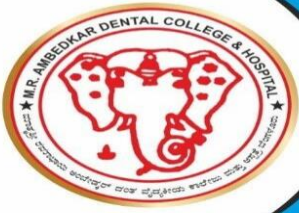
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The theme for International Women's Day 2019 on 06/04/2019 was "*I am Generation Equality: Realizing Women's Rights and welfare*" at the college auditorium.

The speaker for the day was Dr. Sushu, Kadanakuppe Reader VSDC. She spoke about employment *rights for women* include non-discriminatory access of *women* to jobs and equal pay. The *rights of women* and men to have equal pay and equal *benefits* and incorporating provisions to ensure the welfare of women workers.

The programme was attended by the Principal, Vice Principal, staffs & students. The function was followed by a cultural programme with a lunch. The Function concluded with a vote of thanks with active participation from all members.





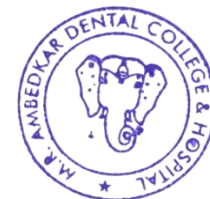
**MATHRUSRI RAMABAI AMBEDKAR  
DENTAL COLLEGE & HOSPITAL**  
(Founded by : Ananda Social & Educational Trust)  
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1/36, Cline Road, Cooke Town, Bengaluru - 560 005  
Ph: 080 - 2546 0747 www.mradc.in

Date: 06/04/2019

## WOMEN'S RIGHTS AND WELFARE

### List of Participants

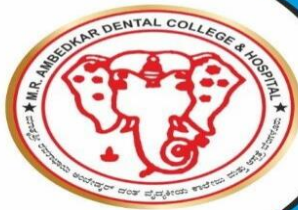
SL NO.	NAME
1	Dr Hemalata M
2	Dr Rabindranath Nayak
3	Dr Lalt Vivekananda
4	Dr Ila Srinivsan
5	Dr Pramila
6	Dr Shobha R
7	Dr Fouzia Tarannum
8	Dr Rukmimi
9	Dr SOUNDARYA
10	Dr GEETHA
11	Dr Pradeep PR
12	Farah ahmed
13	Fathima
14	Gayathri
15	Gopika
16	Apoorva
17	Dr Nanjammanni N
18	Dr Rupamalini SN
19	Dr Harini K
20	Eva v john
21	Greeshma



P.R.P.L.P

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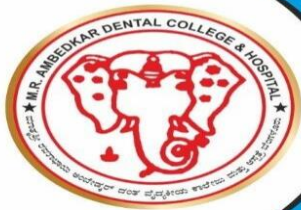
22	Akhila Alexander
23	Alia mohammed
24	Anitha
25	Dr Anu
26	Dr Fouzia Tarannum
27	Mehadi
28	Alom khan
29	Sanika
30	Fiza
31	Hajira
32	Pavithra
33	Sheeraz
34	Subhalaksjmi
35	Anjalikrishnan
36	Shubham tripathi
37	Sneha
38	Aditi anand
39	Aditi kumara
40	Akansha
41	Alesha
42	Amrit
43	Amrirtha
44	Amrutha
45	Anjalipriya
46	Anitha
47	Anjana



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48	Dr Anand
49	Dr Hari Prasad
50	Ayesha ayub
51	Ayshl mary
52	Jyotsna
53	Prithvi
54	Devika
55	Devu
56	Edwin
57	Arpitha
58	Gity shibu
59	Gopika
60	Jaisha
61	Jeevitha
62	Karthika
63	Kevin
64	Khurajathul kubra
65	Linson
66	Akhla
67	Manasa
68	Mohammed shibin
669	Mohammed shaheed
70	Jahanavi
71	Pavithra
72	Niveditha
73	Raichal

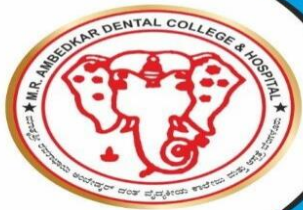


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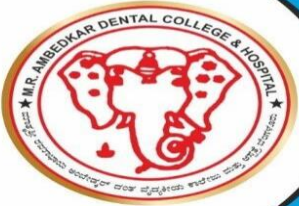
74	Dr Shruthi
75	Dr Akshatha
76	Raveenarani
77	Renu v gopal
78	Riyo Mathew
79	Sakshi
80	Shaivee shradha
81	Shikha saloni
82	Simran
83	Sivaparvathi
84	Sneha
85	Steffy grace
86	Suhair
87	Suneha
88	Vishakha
89	Anjum
90	Maria
91	Minu kumari
92	Priyanka
93	Simran banu
94	Sujatha
95	Moein
96	Varshitha
97	Abhiraj
98	Nisha



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## GENERATION EQUALITY: REALIZING WOMEN'S RIGHTS 09/03/2020 and 13/03/2020

ಮಾತೃಶ್ರೀ ರಮಾಭಾಯಿ ಅಂಬೇಡ್ಕರ್ ದಂತ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ,  
# 1/36, ಕ್ಲೈನ್ ರೋಡ್, ಕೋಕ್ ಟೌನ್, ಬೆಂಗಳೂರು-560 005.

ಕ್ರ.ಸಂ. ಎಂಆರ್‌ಎಡಿ.ಸಿ/ಸುತ್ತೋಲೆ/004 /2019-20 ದಿನಾಂಕ: 05/03/2020

### ಸುತ್ತೋಲೆ

ವಿಷಯ : ನಮ್ಮ ಸಂಸ್ಥೆಯ ಸಭಾಂಗಣದಲ್ಲಿ ದಿ.09/03/2020ರಂದು ಬೆಳಿಗ್ಗೆ 10.00ಗಂಟೆಗೆ  
“ವಿಶ್ವ ಮಹಿಳೆಯರ ದಿವಸವನ್ನಾಚರಿಸುವ ” ಕಾರ್ಯಕ್ರಮವನ್ನು ಹಮ್ಮಿ  
ಕೊಂಡಿರುವ ಬಗ್ಗೆ.

ಈ ಮೇಲ್ಕಂಡ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಎಲ್ಲಾ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರು/ಬೋಧಕ ಮತ್ತು ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರು/ಸ್ನಾತಕೋತ್ತರ ವಿದ್ಯಾರ್ಥಿಗಳು/ಗೃಹ ವೈದ್ಯಕೀಯ ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಈ ಮೂಲಕ ತಿಳಿಸುವುದೇನೆಂದರೆ ದಿ.09/03/2020ರಂದು ಬೆಳಿಗ್ಗೆ 10.00 ಗಂಟೆಗೆ ನಮ್ಮ ಸಂಸ್ಥೆಯ ಸಭಾಂಗಣದಲ್ಲಿ “ವಿಶ್ವ ಮಹಿಳೆಯರ ದಿವಸವನ್ನಾಚರಿಸುವ ಕಾರ್ಯಕ್ರಮವನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗುತ್ತದೆ. ಡಾ.ಬಿ.ಕೆ.ಲಾ.ಆರ್, ಪ್ರೊ.ಫೆ.ಎಸ್.ಪಿ.ಎಲ್ ಸರ್ಜರಿ ವಿಭಾಗದವರು ಮುಖ್ಯ ಅಧಿಕಿಯಾಗಿ ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಭಾಗವಹಿಸಲಿದ್ದಾರೆ”. ಆದ್ದರಿಂದ ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಎಲ್ಲರೂ ಭಾಗವಹಿಸಲು ಸೂಚಿಸಿ ಈ ಕಾರ್ಯಕ್ರಮವು ಯಶಸ್ವಿಯಾಗುವಂತೆ ಕೋರಲಾಗಿದೆ.

ಗೃ. ಎಲ್ಲಾ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರು / ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರು  
ಎಂ.ಆರ್.ಎಡಿ.ಸಿ, ಬೆಂಗಳೂರು.

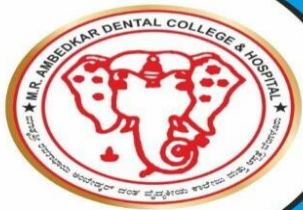
ಪ್ರತಿ:  
1.ಮಾನ್ಯ ಅಧ್ಯಕ್ಷರು (ಆ.ಮ), ಎಂ.ಆರ್.ಎಡಿ.ಸಿ.  
2.ಲಾಜ್-ಔಪಚಾರಿಕರು, ಎಂ.ಆರ್.ಎಡಿ.ಸಿ.  
4.ಆಡಳಿತಾಧಿಕಾರಿಗಳು / ವ್ಯವಸ್ಥಾಪಕರು, ಎಂ.ಆರ್.ಎಡಿ.ಸಿ.  
5.ಸಿಬ್ಬಂದಿ ವಿಭಾಗ, ಎಂ.ಆರ್.ಎಡಿ.ಸಿ / ಕಛೇರಿ ಪ್ರತಿ.

ಸೇವುಲಗಿ.ಎಂ  
ಪಾಠ್ಯಪಾಲರು  
ಪ್ರಾಚಾರ್ಯರು 09.03.20  
ಮಾ.ರ. ಅಂಬೇಡ್ಕರ್ ದಂತ ವೈದ್ಯಕೀಯ  
ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ  
ಬೆಂಗಳೂರು - 560 005



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## WOMEN'S HEALTH AND WELLNESS 13/03/2020



M. R. Ambedkar Dental College & Hospital,

# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/Cir/005 /2019-20

Date: 07/03/2020

### CIRCULAR

This is to inform that programme has been conducted on **Women health and wellness** on 13.03.2020 in the college auditorium at 10:00 AM. The speaker of the programme is **Dr. Hemalatha Principal, M.R Ambedkar Dental College**. All teaching / Non-teaching / PG students/ Intern are hereby informed to attend the same. However, alternate arrangement for smooth functioning of the clinic shall be made during the said programme.



*Hemalatha M.*  
PRINCIPAL  
M.R. Ambedkar Dental College & Hospital  
Bangalore-5  
07/03/2020

To,  
The HODs / Professors of all departments  
MRADC, Bangalore.

#### Copy for information to:

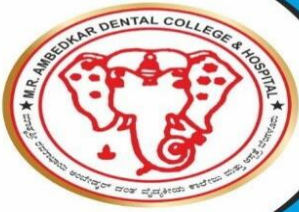
- 1.The Chairman, G.C, MRADC.
- 2.The A.O, / Manager, MRADC
- 3.The Establishment Section, MRADC.
- 4.Office copy.



*P.R.P.P.P*

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International Women’s Day was celebrated on 09/03/2020 and a special programme was conducted on Womens health and wellness on 13/03/2020 at the Bharat Ratna B.R. Ambedkar auditorium..

The speaker for the day was Dr. Shashikala, Prof Dept of Oral surgery on 09/03/2020 and womens day emphasized about women’s rights in every aspects of life and protested day-to-day crime committed against women whereas. The speaker of the event held on 13/03/2020 on womens health and wellness was Dr Hemalata, Prof, Dept of Periodontics, spoke about women health being emphasized as one of the most necessary conditions for women empowerment, a major section of this gender is generally neglected when it comes to optimal health and wellbeing.

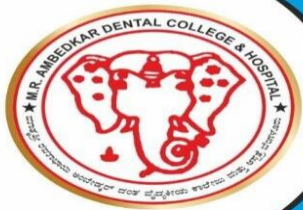
The programme was attended by the Principal, Vice Principal, staffs & students. The function was followed by a cultural programme with a lunch. The Function concluded with a vote of thanks with active participation from all members.



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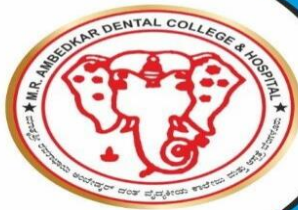
13/03/2020



*P.R.P.*

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Date: 09/03/2020

## WOMEN'S HEALTH AND WELLNESS

### List of Participants

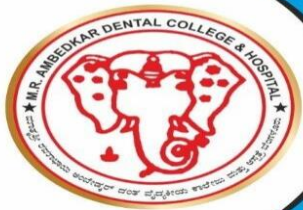
SL no.	Name
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2	Dr Rabindranath Nayak
3	Dr Pramila
4	Dr Ila Srinivsan
5	Dr Shruthi
6	Dr Lalt Vivekananda
7	Dr Fouzia Tarannum
8	Dr Rukmimi
9	Dr Soundarya
10	Dr Geetha
11	Dr Pradeep PR
12	Dr Veena Kumari
13	Cherisha
14	Dr Kiran Kasti
15	Christine
16	Daren varghese
17	Diksha
18	Dilsanth
19	Dr Shobha
20	Gangadhar
21	Gurumanpreeth
22	Harish
23	Justin Johnson
24	Divya
25	Likhita
26	Manasvi
27	Minati
28	Dr Mohammed Ilal
29	Navyashree
30	Nisarga



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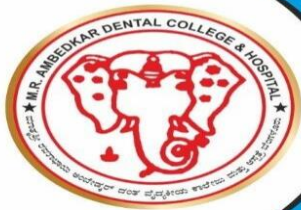
31	Nirupama
32	Prasuna
33	Priyankar Roy
34	Rachel
35	Ramya
36	Rithika
37	Rohan
38	Shabitha
39	Shifa
40	Shruthi
41	Sukanya
42	Sunitha
43	Syeda sharique
44	Tanya
45	Tiyasa
46	Vaibhavi
47	Vaishnavi
48	Varsha
49	Zarin
50	Samaha
51	Saniya
52	Bhuvaneshwari
53	Shaik hasan ali
54	Bainya
55	Dr Rukmini
56	Dr Nanjammanni N
57	Dr Mahadev
58	Dr Uma shankar
59	Dr Harini
60	Dr Hari Prasad
61	Dr Shruthi
62	Dr Rupamalini
63	Aditi anand
64	Adithi kumara
65	Akansha
66	Alesha
67	Amrith kaur
68	Amritha



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69	Amrutha
70	Anitha rose
71	Anajali priya
72	Anjana
73	Ana
74	Athira
75	Ayesha
76	Aushil mary
77	Dr Jyosthna
78	Prithvi
79	Devika
80	Devu
81	Edwin
82	Arpitha
83	Gity shibu
84	Gopika
85	Jaysha
86	Jeevitha
87	Ayesha zebra
88	Kevin
89	Karthika
90	Koushik
91	Linson
92	Akhila
93	Manasa
94	Mohammed shibin
95	Mohammed shahid
96	Jahanavi
97	Niveditha
98	Pavithra
99	Raechel
100	Rakshitha
101	Rasmi
102	Ravina

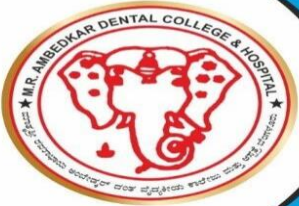


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## CHOOSE TO CHALLENGE 30/03/2021

ಮಾತೃಶ್ರೀ ರಮಾಭಾಯಿ ಅಂದೇಡ್ಕರ್ ದಂತ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ,  
# 1/36, ಕ್ಲೈನ್ ರಸ್ತೆ, ಕೂಕ್ ಟೌನ್, ಬೆಂಗಳೂರು-560 005.

ಕ್ರ.ಸಂ. ಎಂಆರ್‌ಎಡಿ.ಸಿ/ಸುತ್ತೋಲೆ/ 21591 /2020-21 ದಿನಾಂಕ: 29/03/2021

**ಮರು ಜಾಪನು ಸುತ್ತೋಲೆ (Reminder circular)**

ನಮ್ಮ ಸಂಸ್ಥೆಯ ಎಲ್ಲಾ ವಿದ್ಯಾರ್ಥಿಗಳ ಮುಖ್ಯಸ್ಥರು/ಪ್ರಾಧ್ಯಾಪಕರು/ಬೋಧಕ ಮತ್ತು ಬೋಧಕೀಕರ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರು/ಸ್ನಾತಕೋತ್ತರ ವಿದ್ಯಾರ್ಥಿಗಳು, ಬಿಡಿಎಸ್ ವಿದ್ಯಾರ್ಥಿಗಳು ಹಾಗೂ ಗೃಹ ವೈದ್ಯರುಗಳಿಗೆ ಈ ಮೂಲಕ ತಿಳಿಸುವುದೇನೆಂದರೆ 29/03/2021ರಂದು ಬೆಳಿಗ್ಗೆ 10.00 ಗಂಟೆಗೆ ನಮ್ಮ ಸಂಸ್ಥೆಯ ಸಭಾಂಗಣದಲ್ಲಿ "ವಿಶ್ವ ಮಹಿಳೆಯರ ದಿನವನ್ನಾಚರಿಸಲು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದೆ" ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಎಲ್ಲರೂ ಹಾಜರಾಗಲು ನಾವು ಈ ಕಾರ್ಯಕ್ರಮವು ಯಶಸ್ವಿಯಾಗುವಂತೆ ಕೋರಲಾಗಿದೆ.

ಗೃ. ವಿದ್ಯಾರ್ಥಿಗಳ ಮುಖ್ಯಸ್ಥರು / ಸಿಬ್ಬಂದಿ ವರ್ಗದವರ ಗಮನಕ್ಕೆ ಎಂ.ಆರ್.ಎಡಿ.ಸಿ, ಬೆಂಗಳೂರು.

ಪ್ರತಿ:  
1)ಮಾನ್ಯ ಅಧ್ಯಕ್ಷರು (ಆ.ಮ), ಎಂ.ಆರ್.ಎಡಿ.ಸಿ.  
2)ಗೃಹ-ಪ್ರಾಂಶುಪಾಲರು, ಎಂ.ಆರ್.ಎಡಿ.ಸಿ  
3)ಅಡಳಿತಾಧಿಕಾರಿಗಳು, ಎಂ.ಆರ್.ಎಡಿ.ಸಿ  
4)ಸಿಬ್ಬಂದಿ ವಿದ್ಯಾರ್ಥಿ, ಎಂ.ಆರ್.ಎಡಿ.ಸಿ / ಕಛೇರಿ ಪ್ರತಿ.

ನೀಡುಪ್ಪಿ. ಎಂ. ಪಾಠಶಾಲೆಯಲ್ಲಿ  
ಮಾ.ದ. ಅಂದೇಡ್ಕರ್ ದಂತ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ವ್ಯವಸ್ಥಾಪಕರು - 29.03.2021

M R AMBEDKAR DENTAL COLLEGE & HOSPITAL

1/36 Cline Road, Cooke Town, Bengaluru 560005

CELEBRATES

INTERNATIONAL WOMEN'S DAY

ON THE THEME

**"CHOOSE TO CHALLENGE"**

CHIEF-GUEST

**DR. ROOPESH**

Additional Professor, Dept. of Psychology, NIMHANS Bengaluru

Venue: Dr. B R Ambedkar Auditorium  
M R Ambedkar Dental College & Hospital

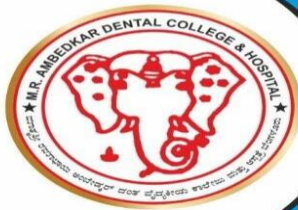
DATE: 30/03/2021  
Timings: 10am - 1pm



P.R.P. P

PRINCIPAL

M.R. Ambedkar Dental College & Hospital  
Bengaluru - 560 005



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The Women's Welfare Cell of M.R. Ambedkar Dental College celebrated International Women's Day on 30.03.2021 at the Bharat Ratna B.R. Ambedkar auditorium in M.R. Ambedkar Dental College with the full support of the Management & Principal. This year's theme was "choose to challenge."

The chief guest for the programme was **Dr. Roopesh** (Additional Prof, Dept. of psychology, Nimhans Bengaluru), who spoke about gender equality on the occasion, this was followed by cultural programmes by staffs & students. The programme was attended by the Principal, Vice Principal, staffs & students.

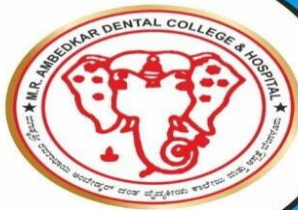
An outreach programme was conducted on 23.03.2021 as part of the Women's Day celebration, where in members of the Women's Welfare Cell & public Health Department staff visited Association of people with disability. Free dental checkup & distribution of around 500 free sanitary napkins along with tooth paste & tooth brush were done for the underprivileged.



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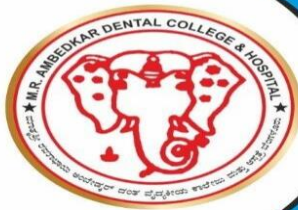
Date : 30/03/2021

## INTERNATIONAL WOMEN'S DAY – CHOOSE THE CHALLENGE

### List of Participants

Sl no.	Names
1	Dr Pramila
2	Dr Hemalata
3	Dr Rabindranayak
4	Dr Veena Kumari
5	Dr Jayanthi
6	Dr Roopa
7	Dr Sangeetha
8	Dr Rukmimi
9	Dr Anu James
10	Dr Chandrakala
11	Bhavya
12	Chandan kp
13	Dr Shivaprasad
14	Chintu
15	Dr Anuradha
16	Daren varghese
17	Diksha
18	Dilsanth
19	Dr Lagna Gowda
20	Gangadhar
21	Gurumanpreeth
22	Harish
23	Justin Johnson
24	Dr Manjunath
25	Dr Akshatha
26	Manasvi
27	Dr Neeraja
28	Mohammed Hamsa
29	Navyashree
30	Dr Shibani
31	Nirupama





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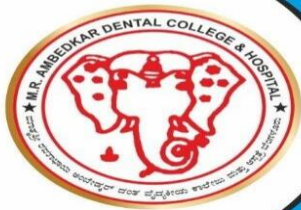
32	Dr Shruthi
33	Priyankar Roy
34	Rachel
35	Ramya
36	Rithika
37	Rohan
38	Shabitha
39	Dr Rupamalini
40	Shruthi
41	Sukanya
42	Sunitha
43	Syeda sharique
44	Tanya
45	Tiyasa
46	Vaibhavi
47	Dr Fouzia Trannum
48	Varsha
49	Zarin
50	Dr Harini
51	Saniya
52	Bhuvaneshwari
53	Shaik hasan ali
54	Bainya
55	Dr Rukmini
56	Dr
57	Dr Mahadev
58	Dr Uma shankar
59	Dr Balraj
60	Dr Hari Prasad
61	Dr Vaibhav
62	Dr Karthik
63	Aditi anand
64	Adithi kumara
65	Akansha
66	Alesha
67	Dr Hari Prasad
68	Dr Anand
69	Amrutha



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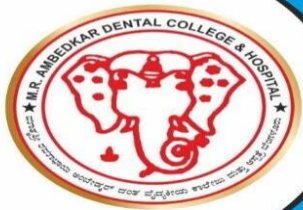
70	Anitha rose
71	Anajali priya
72	Anjana
73	Ana
74	Athira
75	Ayesha
76	Aushil mary
77	Jyosthna
78	Prithvi
79	Devika
80	Devu
81	Edwin
82	Arpitha
83	Gity shibu
84	Gopika
85	Jaysha
86	Jeevitha
87	Ayesha zebra
88	Kevin
89	Karthika
90	Koushik
91	Linson
92	Akhila
93	Manasa
94	Mohammed shibin
95	Mohammed shahid
96	Jahanavi
97	Niveditha
98	Pavithra
99	Raechel
100	Rakshitha
101	Rasmi
102	Ravina
103	Renu
104	Reo Mathew
105	Sagarika
106	Sakshi
107	Shaivee



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108	Shikha saloni
109	Simran
110	Siva parvathi vimal
111	Sneha
112	Steffy
113	Suhair



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## LIFE SKILLS PROGRAM 01/09/2021 AND 02/09/2021

ಮಾತೃಶ್ರೀ ರಾಮಾಬಾಯಿ ಅಂಬೇಡ್ಕರ್ ದಂತ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ,  
1/36, ಕ್ಲೈನ್ ರಸ್ತೆ, ಕುಕೋ ಟೌನ್, ಬೆಂಗಳೂರು-560 005.

ಕ್ರ.ಸಂ. ಎಂ.ಆರ್.ಎ.ಡಿ.ಸಿ/ಸುತ್ತೋಲೆ/ 0746 /2021-22 ದಿನಾಂಕ: 28/09/2021

**ಸುತ್ತೋಲೆ**

**(CAG CELL INITIATIVE (ಐಕ್ಯೂಎಸ್ಸಿ ಕೋಶ ಕೊಡಗುವಿಕೆ))**

ವಿಷಯ : ನಮ್ಮ ಸಂಸ್ಥೆಯಲ್ಲಿ ದಿ.01/09/2021 ಮತ್ತು 02/09/2021ರಂದು ಬೆಳಿಗ್ಗೆ 9.00 ಗಂಟೆಗೆ ಎ.ವಿ.ರೂಮ್‌ನಲ್ಲಿ ಜೀವನ ಕೌಶಲ್ಯ ಕುರಿತಂತೆ (Life skill programme) ಮಾಹಿತಿಯ ಕಾರ್ಯಕ್ರಮವನ್ನು ಆಯೋಜಿಸಿರುವ ಬಗ್ಗೆ.

ಈ ಕಾರ್ಯಕ್ರಮದ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ನಮ್ಮ ಸಂಸ್ಥೆಯಲ್ಲಿ ಕಾರ್ಯನಿರ್ವಹಿಸುತ್ತಿರುವ ಎಲ್ಲಾ ವಿಭಾಗದ ಬೋಧಕರಿಗೂ ನೌಕರರ ಗಮನಕ್ಕೆ ತರುವುದೇನೆಂದರೆ ನಮ್ಮ ಸಂಸ್ಥೆಯ "ಸಾರ್ವಜನಿಕ ಆರೋಗ್ಯ ದಂತ ಶಾಸ್ತ್ರ ವಿಭಾಗದ ವತಿಯಿಂದ ದಿ.01/09/2021 ಮತ್ತು 02/09/2021 ರಂದು ಬೆಳಿಗ್ಗೆ 9.00 ಗಂಟೆಗೆ ಜೀವನ ಕೌಶಲ್ಯ ಕುರಿತಂತೆ (Life skill programme) ಮಾಹಿತಿಯ ಕಾರ್ಯಕ್ರಮವನ್ನು ಎ.ವಿ.ರೂಮ್‌ನಲ್ಲಿ ಆಯೋಜಿಸಲಾಗಿದೆ". ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ Dr.Sushi Kadanakuppe, MDS, Ph.D., Reader, Dept. of PHD, V.S.Dental College & Hospital, Bengaluru,ರವರು ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ನಡೆಸಿಕೊಡುತ್ತಾರೆ. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಭಾಗವಹಿಸುವವರಿಗೆ ಪ್ರಮಾಣ ಪತ್ರಗಳನ್ನು ವಿತರಿಸಲಾಗುವುದು.ಈ ಕಾರ್ಯಕ್ರಮವು ಯಶಸ್ವಿಯಾಗಲು ತಾವೆಲ್ಲರೂ ತಪ್ಪದೇ ಭಾಗವಹಿಸಬೇಕೆಂದು ಈ ಮೂಲಕ ಸೂಚಿಸಲಾಗಿದೆ.

ಗ,  
ಎಲ್ಲಾ ವಿಭಾಗದ ಬೋಧಕರಿಗೂ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರುಗಳು  
ಎಂ.ಆರ್.ಎ.ಡಿ.ಸಿ, ಬೆಂಗಳೂರು.


ಪ್ರತಿ:  
1.ಮಾತೃ ಅಧ್ಯಕ್ಷರು (ಅ.ಮ), ಎಂ.ಆರ್.ಎ.ಡಿ.ಸಿ.  
2.ಸಂರ-ಪ್ರಾಚಾರ್ಯರವರು, ಎಂ.ಆರ್.ಎ.ಡಿ.ಸಿ.  
3.ಆಡಳಿತಾಧಿಕಾರಿಗಳು /ವ್ಯವಸ್ಥಾಪಕರು, ಎಂ.ಆರ್.ಎ.ಡಿ.ಸಿ  
4.ಸಿಬ್ಬಂದಿ ವಿಭಾಗ, / ಕಛೇರಿ ಪ್ರತಿ.

ಪ್ರಾಚಾರ್ಯರು  
ಮಾತೃ ಅಂಬೇಡ್ಕರ್ ದಂತ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ  
ಬೆಂಗಳೂರು - 560 005.



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A life skill program for non-teaching faculty was organized by Women’s Welfare Cell of M.R. Ambedkar Dental College on **01/09/2021 AND 02/09/2021**. The resource person DR Sushi Kadanakuppe Reader VSDC. She spoke about empathy, understanding difference between sympathy and empathy, coping with stress and its impact on health, how to think in positive way. She also emphasized on interpersonal relationship by understanding different types of relations and to built healthy environment both at home and working place.

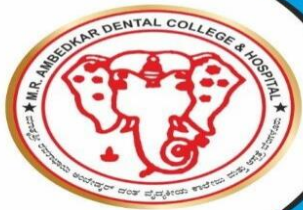


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Date : 01/09/2021

## LIFE SKILLS PROGRAMME

### List of participants

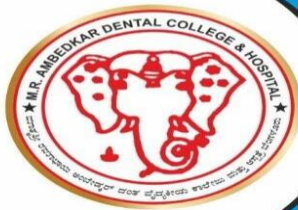
Sno	Names
1	Kemparaju
2	China swamy
3	Chidananda
4	Cheluvamba
5	Renuka Prasad
6	Prathiba
7	Jyothi
8	Kumar appa
9	Gangavathi
10	Shivamma
11	Jayaram
12	Sowbhagya
13	Diwaker
14	Lingajamma
15	Shrinivas Prasad
16	Ambananda
17	Netravathi
18	Gowramma
19	Kemparaju
20	Richard
21	siddaraju
22	Indramma
23	Renukamba
24	Vanitha
25	Pallavi
26	Nagaraju
27	Lingaraju
28	Pushpa
29	Gopala
30	Rashmi
31	Odesha



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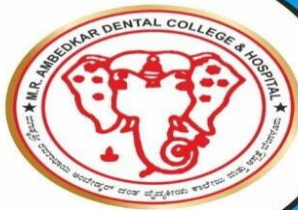
32	Pravina
33	Prema
34	Krishna swami
35	Shivananjamma
36	Shivalinga
37	Shiva shanker
38	Shanta
39	Jayaramu
40	Umesh
41	Veerabhadraiah
42	Prakash
43	Latha
44	Kemparaju
45	Geetha
46	Narasimhalu
47	Amala mary
48	Mangamma
49	Kumara
50	Ramakrishna
51	Siddhalingapa
52	Sivakumar
53	Sidhagangaih
54	Jayaprakash
55	Nataraju
56	Poornachandra
57	Tejasvi
58	Mahadevamma
59	Harshavardhana
60	Kantaraju
61	Murthi
62	Rangaswamy
63	Mahadeva swamy
64	Sunandamma
65	Naveen
66	Chandirka
67	Bhagya
68	Doreswamy
69	Harshavardhan



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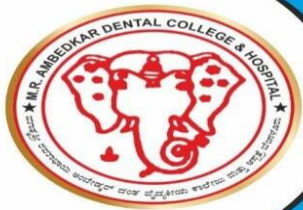
70	Shantamma
71	Basavaraju
72	Mahadevaswamy
73	Kubera
74	Nandini singh
75	Mahadeva
76	Anitha
77	Mallesh
78	Prasad
79	Irfan baig
80	Netravathi
81	Malakondaiah
82	Nagaveni
83	William sudhakar
84	Geethanjali
85	Sunandamma
86	Gayathri
87	Bhagyamma
88	Vishala
89	Sowmya
90	Varamahalakshmi
91	Manjula
92	Chandramma
93	Nanjamani
94	Venkatesh
95	Chennakeshava
96	Giriprasad
97	Anandaraju
98	Padmavathi
99	Shalini
100	Shivanna
101	Bhujamma
102	varadaraju
103	Nagaraju
104	Asma
105	Nagaveni
106	Vijay
107	Ravanamma



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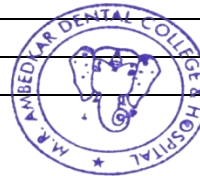
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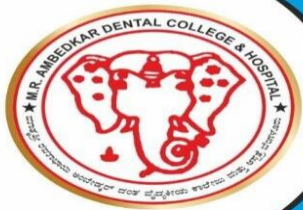
108	Mahadevaswamy
109	ningaraju
110	Raju
111	Nanjunda
112	Puttamma
113	Shrinivasulu
114	Manoj
115	Jyothi
116	Mahadeva
117	Nagaraju
118	Chetan
119	Prakash
110	Krishnamurthy
111	Mahendrakunmar
112	Siddhagangaiyya
113	Shivananjamma
114	Krishna
115	Lavanya
116	Devi
117	Geetha



*P.R.P.P.P*

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# MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL

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## INTERNATIONAL DAY OF THE GIRL CHILD 11/10/2021



**M. R. Ambedkar Dental College & Hospital,**  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/Cir./ 534 /2021-22

Date: 11/10/2021

### **CIRCULAR** **(I.Q.A.C - INITIATIVE)**

**Mathrushri Ramabai Ambedkar Dental College & Hospital**  
Celebrates "*International Day of the Girl Child - 2021*"

#### **Resource Person**

**Dr Hemalatha.M**

Prof. & HOD Dept of Periodontics  
MRADC&H, Bangalore

All the HOD's / Professors, Teaching Faculties. Post Graduate / Under Graduate students and interns are informed to attend the Program WITHOUT FAIL. The theory classes for BDS students shall be adjusted accordingly post the celebration.

Alternate arrangements may be made for smooth functioning of all departments

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Bengaluru-560 005

To,  
The HOD's of all Departments  
MRADC&H, Bangalore – for circulation in the Department

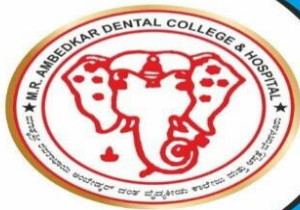
Copy to:

- 1) The Chairman, G.C. MRADC&H
- 2) The Manager, MRADC&H
- 3) Office Copy



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International day of the girl child was observed in our institution on 11 oct 2021 under the theme "Digital generation, Our generation." MR Ambedkar dental college organized a program in the college auditorium to raise awareness about equal access to the internet and digital devices for girls' and targeted investments to facilitate opportunities for girls' to safely and meaningfully access, use, lead and design technology.

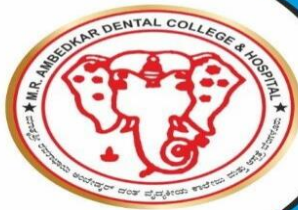
The resource person was Dr Hemalata M, Prof, Dept of Periodontics, she highlighted that, Girls are leaders. Girls are change-makers. Girls are driving good and growth around the world. They are a fundamental source of transformational change for gender equality, and technology is a crucial tool to support their work, activism and leadership. The program was informative and successful.



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Date: 11/10/2021

## INTERNATIONAL DAY OF THE GIRL CHILD

### List of Participants

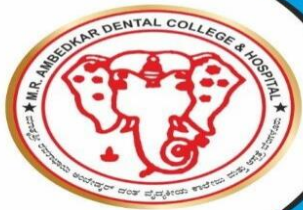
SL no.	Name
1	Dr Rabindra Nayak
2	Dr Pramila
3	Dr Soundarya
4	Dr Shruthi
5	Dr Vijay JAIN
6	Dr Mohd Ilal
7	Dr Komal
8	Dr Pooja
9	Dr Shobha
10	Dr fouzia
11	Dr Roopamalini
12	Dr Tarulatha
13	Dr Chaithra
14	Dr Anajali
15	Dr Smitha
16	Dr Sindhu
17	Dr Ranjitha
18	Dr Shibhani
19	Dr Deepak
20	Dr Vineela
21	Dr Sheela
22	Dr Anu
23	Dr Keerthana
24	Dr Rajalakshmi
25	Dr Sanober
26	Dr Chandrakala
27	Dr Neeraja
28	Dr Laghna
29	Dr sushma
30	Dr Shobha
31	Dr Soundarya



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42	Sehrish
43	Nahoor
44	Rakshitha
45	Vaishnavi
46	Tasmiya
47	Mohammed noor
48	Mohammed sharieff
49	Neeraj
50	Vijaya lakshmi
51	Shruthi
52	Pallavi
53	Vedashilpa
54	Ramya
55	Samrin
56	Zaeyba
57	Nisarga
58	Sajina
59	Safiya
60	Subhashini
61	Pooja
62	Sejal
63	Sahitya
64	Noor zainab
65	Banty
66	Touhid
67	Manjunath
68	Riya
69	Vasuraj

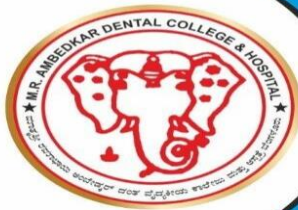


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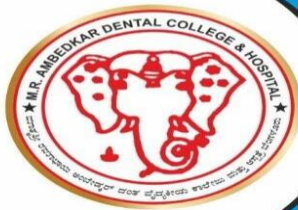
70	Pavan
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77	Hajira
78	Subhin
79	Salma
80	Nada
81	Yashasree
82	Zuha
83	Mahira
84	Sadaf
85	Sangeetha
86	Arun
87	monisha
88	Aruna
89	Sirin javid
90	Safia
91	Subhashini
92	Rushda
93	Suhana
94	Samreen
95	Nathaniel



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## CYBER CRIME AGAINST WOMEN 17/02/2022

  
M. R. Ambedkar Dental College & Hospital,  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

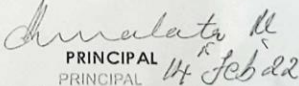
Ref. No: MRADC/CIR / 2078/2021-22 Date: 14/02/2022

**CIRCULAR**  
**IQAC INITIATIVE**

In view of National Women's Day-2022 to commemorate the 143<sup>rd</sup> Birth Anniversary of Smt. Sarojini Naidu, Freedom Fighter and "The Nightingale of India" an awareness program on *Cyber Crime against Women* has been organized on 17<sup>th</sup> February 2022 (Thursday) at our institution.


- At 10.30 am - Collage Competition for students and staffs at IIIrd floor DADH Practical Hall.  
Topic : " Cyber Crime against Women".  
For Registration contact : Dr. Umashankar,  
Professor,  
Dept. of Public Health Dentistry
- At 1.30pm in the College Auditorium – An Awareness program on "Cyber Crime against Women".  
Chief Guest & Speaker : Smt. D. Roopa Moudgil, IPS Officer  
Inspector General of Police  
MD, Karnataka State Handicrafts Development Corporation.

The HODs / Professors are hereby requested to permit the staffs, Post Graduate students and Interns to participate in the said program. **However, alternate arrangements may be made for the smooth functioning of the clinics.**

  
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Bengaluru-560 005

To,  
The HODs / Professors of all departments,  
MRADC, Bengaluru. (for circulation in the department)

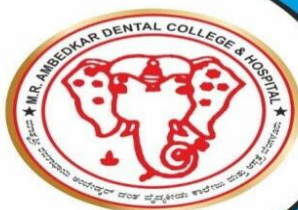
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1) The Chairman, G.C, MRADC.  
2) The Administrative Officer, MRADC  
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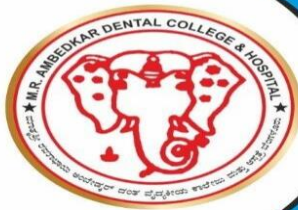
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This program was conducted to commemorate the 143<sup>rd</sup> birth anniversary of Smt. Sarojini Naidu the Freedom Fighter and the Nightingale of India.

Our distinguished chief guest and the speaker of the day was Smt. Roopa Moudgil, IPS officer, Inspector General of Police, MD. Karnataka State Handicrafts Development Corporation. This program was conducted on 17/02/2022 **on Cybercrime against Women**. Our speaker enlightened us about Cyber Bullying, Cyber Staking, Cyber Extortion, Identity Thefts, Social Engineering and Harassment. The speaker emphasized to protect ourselves against Cybercrime by securing our networks with strong encryption password and pin.

Collage competition was held on the same day for the topic "Cybercrime against Women" for both staff and students. The prizes were distributed to the winners of the competition by our respected chief guest. The programme was concluded with a vote of thanks





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DATE: 17/02/2022

## NATIONAL WOMEN'S DAY –CYBER CRIME AGAINST WOMEN

### List of Participants

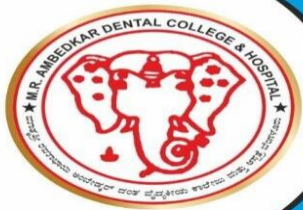
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5	Dr Nanjammanni
6	Dr Pramila
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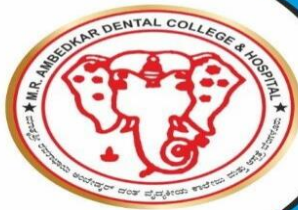
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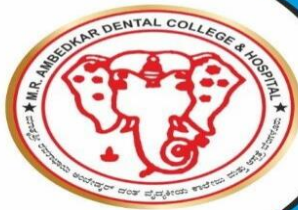
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90	Safia
91	Subhashini
92	Rushda
93	Suhana
94	Samreen
95	Nathaniel
96	Nikhil
97	Raghav
98	Tabsheer
99	Vinishia
100	Samiksha
101	Yashashwini
102	Charitha
103	Lavanya
104	Danish
105	Naseer
106	Sushmeeta
107	Sumith



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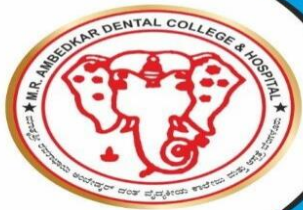
108	Sujana
109	Mythri
110	Vinod
111	Abhishek
112	Amira
113	Aishwarya
114	Sandhya
115	Bhavani
116	Jestena
117	Samiksha
118	Manushree
119	Maansi
120	Abhilasha
121	Shresta
122	Aneequa
123	Sara
124	Saniya
125	Aneesha
126	Asisha
127	Anila
128	Vaishnavi
129	Vandita
130	Chandana
131	Krishna
132	Shreya
133	Kuheli
134	Sneha
135	Silvia
136	Deepali
137	Nandita
138	Nadiya
139	Daniya
140	Kavya
141	Raghavi
142	Ruqaiya
143	Zabeehullah
144	Alan
145	Nasrin



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146	Vighnesh
147	Pavan
148	Rithika
149	Greeshma
150	Nabashika
151	supriya

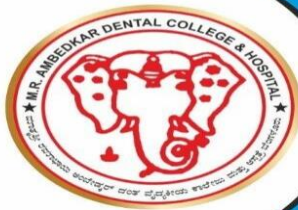


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## INTERNATIONAL WOMEN'S DAY ON 3<sup>RD</sup> MARCH 2022

M R AMBEDKAR DENTAL COLLEGE & HOSPITAL

#1/36, CLINE ROAD, COOKE TOWN, BANGALORE – 560005

Ref. No. MRADC/CIR/2161/2021-22.

DATE: 25/02/2022

IQAC CELL INITIATIVE

INTERNATIONAL WOMEN'S DAY – 2022

DEBATE COMPETITION

THEME – GENDER SENSITIZATION

TIME & DATE – 1.30 PM – 3.30PM, 2<sup>nd</sup> MARCH 2022

VENUE – A V ROOM

Debate competition is held on occasion of international women's day 2022 for UG & PG students on the said topic.

Kindly contact Dr Rashmi.N & Dr Vineela D (Department of Conservative dentistry and Endodontics) for registration.

Do's:

Stick to the topic of debate.

Follow the time frame given.

Dont's:

No controversial statements.

Do not interrupt other speakers while they are speaking.

Do not shout (or) talk loud.

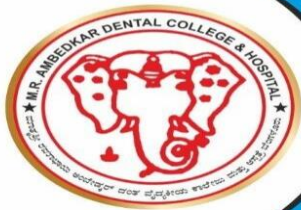


*Arundhati K.*  
Principal 25/02/22

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*P.R.P.*

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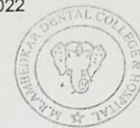


M. R. Ambedkar Dental College & Hospital,  
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Ref. No: MRADC/CIR/2160/2021-22

Date: 25/02/2022

## **CIRCULAR IQAC INITIATIVE**



In view of celebrating **International Women's Day-2022** at our institution following events / programs have been organized from **03/03/2022 to 08/03/2022**.

**On 03/03/2022 (Thursday):**

- 10.00 am to 11.00 am - Talk on "**Women & Bone Health**"  
By **Dr. Yogesh . K, Senior Consultant,**  
Arthroscoy & Sports Medicine, Fortis Hospitals.
- 11.00 am to 1.00 pm - Health Check up camp – Orthopedic Free Bone  
Mineral Dentistry Examination & Consultation  
for staff.
- 2.00 pm to 3.00 pm - Talk on "**The Magic Touch**" – by **R J Shruthi.**

**On 04/03/2022 (Friday):**

- 10.00 am to 11.00 am - Talk on "**Gender Sensitisation**"  
By **Smt. Asha Krishnaswamy,**  
Independent Journalist & Media Trainer.
- 11.00 am to 1.00 pm - Literary Events for students.

**On 07/03/2022 (Monday):**

- 10.00 am to 11.00 pm - Talk on "**Breast & Cervical cancer awareness**"
- 11.00 am to 1.00 pm - Health Check up camp – screening & examination  
for Breast & Cervical Cancer by Gynecologist for  
staff.

**On 08/03/2022 (Tuesday):**

11.00 am to 1.00 pm - **WOMENS DAY CELEBRATION**

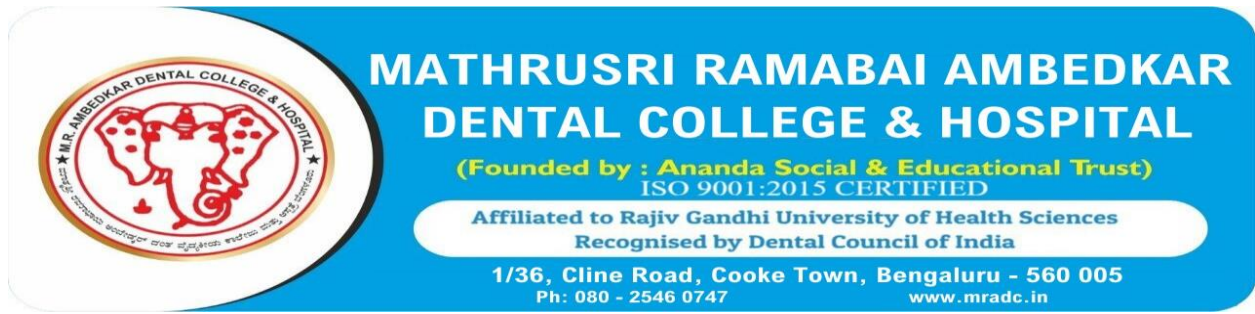
Chief Guest & Speaker : **Dr. Shamita Malnad,**  
Dentist & an Indian Play Back Singer,  
Composer.

*dhya*  
25/02/22

*P.R.P.*

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Bengaluru - 560 005



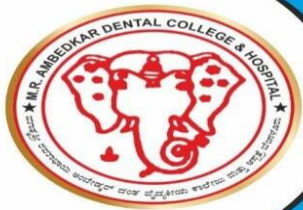
On the 3<sup>rd</sup> March 2022, the programme was conducted on **Women and Bone Health**. The Chief Guest was Dr. Yogesh. K, Senior Consultant, Arthroscopy and Sports Medicine specialist, Fortis Hospitals. The speaker mentioned the various risk factors that are associated with osteoporosis and emphasized that an average adult needs 1000 mg of calcium per day and the dose increases to 1200 mg per day for women over the age of 50. He enforced that Bone health is critical to overall health to lead a quality life. Various physical activities were demonstrated to the audience which would improve the strength and flexibility of muscle. An Orthopaedics Free Bone Mineral Density, Examination and Consultation was performed for the staff and students of our institution.

On the same day afternoon, a programme was conducted on **Holistic approach to life**. The Guest of the event was R J Shruthi. Who spoke on “The Magic Touch.” The speaker enlightened us that, change in mind set and thought process is necessary to lead a stress free and happy life. She also mentioned that, living for that moment, cultivating a positive mindset, increasing self awareness and raising the healthy vibrations is important for nurturing mind, body and soul.

P.R.P. P

PRINCIPAL

M.R. Ambedkar Dental College & Hospital  
Bengaluru - 560 005



# MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL

(Founded by : Ananda Social & Educational Trust)  
ISO 9001:2015 CERTIFIED

Affiliated to Rajiv Gandhi University of Health Sciences  
Recognised by Dental Council of India

1/36, Cline Road, Cooke Town, Bengaluru - 560 005  
Ph: 080 - 2546 0747 [www.mradc.in](http://www.mradc.in)



22, Lloyd Rd, Balaji Layout, Cooke Town, Bengaluru,  
Karnataka 560005, India

Latitude	Longitude
13.0008349°	77.622287°
Local 11:00:23 AM	Altitude 826.6 meters
GMT 05:30:23 AM	Thursday, 03-03-2022

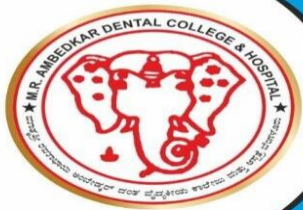


22, Lloyd Rd, Balaji Layout, Cooke Town, Bengaluru,  
Karnataka 560005, India

Latitude	Longitude
13.0008083333333335°	77.622283333333334°
Local 03:57:00 PM	Altitude 903.4 meters
GMT 10:27:00 AM	Thursday, 03-03-2022

*P.R.P.P.P*

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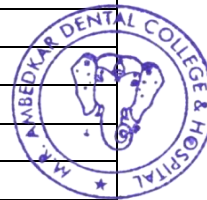
1/36, Cline Road, Cooke Town, Bengaluru - 560 005  
Ph: 080 - 2546 0747 www.mradc.in

Date: 03/03/2022

## INTERNATIONAL WOMEN'S DAY

### List of Participants

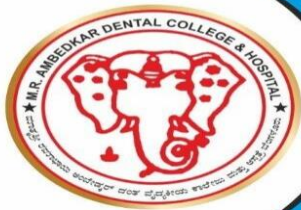
SL no.	Name
1	Dr Hemalata M
2	Dr Pramila
3	Dr Rabindranayak Sir
4	Dr Lalit vivekananda
5	Dr Shruthi
6	Dr Umashankar
7	Dr Komal
8	Dr Pooja
9	Dr Shobha
10	Dr fouzia
11	Dr Roopamalini
12	Dr Tarulatha
13	Dr Chaithra
14	Dr Anajali
15	Dr Smitha
16	Dr Sindhu
17	Dr Ranjitha
18	Dr Shibhani
19	Dr Deepak
20	Dr Vineela
21	Dr Sheela
22	Dr Anu
23	Dr Keerthana
24	Dr Rajalakshmi
25	Dr Sanober
26	Dr Chandrakala
27	Dr Neeraja
28	Dr Laghna
29	Dr sushma
30	Dr Shobha
31	Dr Soundarya



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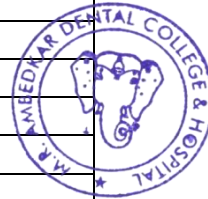
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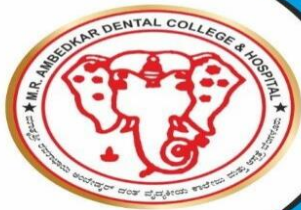
32	Dr Vijay
33	Dr Deepak V
34	Dr Rukmini
35	Dr Archana
36	Dr Ila srinivasan
37	Dr Varun shetty
38	Dr Jyostna
39	Dr Fatheema
40	Reema
41	Nimisha
42	Sehrish
43	Nahoor
44	Rakshitha
45	Vaishnavi
46	Tasmiya
47	Mohammed noor
48	Mohammed sharieff
49	Neeraj
50	Vijaya lakshmi
51	Shruthi
52	Pallavi
53	Vedashilpa
54	Ramyra
55	Samrin
56	Zaeyba
57	Nisarga
58	Sajina
59	Safiya
60	Subhashini
61	Pooja
62	Sejal
63	Sahitya
64	Noor zainab
65	Banty
66	Touhid
67	Manjunath
68	Riya
69	Vasuraj



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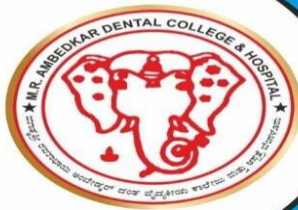
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71	Nihal
72	Nisha
73	Jithendra
74	Aruna
75	Navya
76	Harsha
77	Hajira
78	Subhin
79	Salma
80	Nada
81	Yashasree
82	Zuha
83	Mahira
84	Sadaf
85	Sangeetha
86	Arun
87	monisha
88	Aruna
89	Sirin javid
90	Safia
91	Subhashini
92	Rushda
93	Suhana
94	Samreen
95	Nathaniel
96	Nikhil
97	Raghav
98	Tabsheer
99	Vinishia
100	Samiksha
101	Yashashwini
102	Charitha
103	Lavanya
104	Danish
105	Naseer
106	Sushmeeta
107	Sumith



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108	Sujana
109	Mythri
110	Vinod
111	Abhishek
112	Amira
113	Aishwarya
114	Sandhya
115	Bhavani
116	Jestena
117	Samiksha
118	Manushree
119	Maansi
120	Abhilasha
121	Shresta
122	Aneequa
123	Sara
124	Saniya
125	Aneesha
126	Asisha
127	Anila
128	Vaishnavi
129	Vandita
130	Chandana
131	Krishna
132	Shreya
133	Kuheli
134	Sneha
135	Silvia
136	Deepali
137	Nandita
138	Nadiya
139	Daniya
140	Kavya
141	Raghavi
142	Ruqaiya
143	Zabeehullah
144	Alan
145	Nasrin

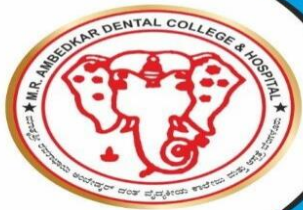


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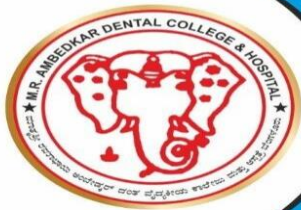
146	Vighnesh
147	Pavan
148	Rithika
149	Greeshma
150	Nabashika
151	Supriya
152	Prapul
153	Dhanunjaya
154	Sonu
155	Yogitha
156	Husna
157	Gulafsan
158	Sayunkta
159	Smriti
160	Bhagyashri
161	Darshini



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## INTERNATIONAL WOMEN'S DAY ON 4<sup>th</sup> MARCH 2022

M. R. Ambedkar Dental College & Hospital,  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/CIR/2160/2021-22 Date: 25/02/2022

**CIRCULAR  
IQAC INITIATIVE**

In view of celebrating **International Women's Day-2022** at our institution following events / programs have been organized from **03/03/2022 to 08/03/2022**.

**On 03/03/2022 (Thursday):**

10.00 am to 11.00 am - Talk on "Women & Bone Health"  
By Dr. Yogesh . K, Senior Consultant,  
Arthoscopy & Sports Medicine, Fortis Hospitals.

11.00 am to 1.00 pm - Health Check up camp - Orthopedic Free Bone  
Mineral Dentistry Examination & Consultation  
for staff.

2.00 pm to 3.00 pm - Talk on "The Magic Touch" - by R J Shruthi.

**On 04/03/2022 (Friday):**

10.00 am to 11.00 am - Talk on "Gender Sensitisation"  
By Smt. Asha Krishnaswamy,  
Independent Journalist & Media Trainer.

11.00 am to 1.00 pm - Literary Events for students.

**On 07/03/2022 (Monday):**

10.00 am to 11.00 pm - Talk on "Breast & Cervical cancer awareness"  
11.00 am to 1.00 pm - Health Check up camp - screening & examination  
for Breast & Cervical Cancer by Gynecologist for  
staff.

**On 08/03/2022 (Tuesday):**

11.00 am to 1.00 pm - WOMENS DAY CELEBRATION

Chief Guest & Speaker : Dr. Shamita Malnad,  
Dentist & an Indian Play Back Singer,  
Composer.

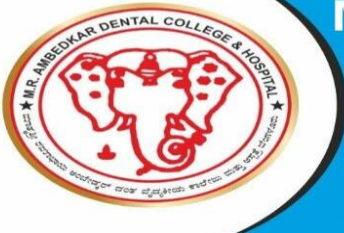
*Shruthi*  
*25/02/22*

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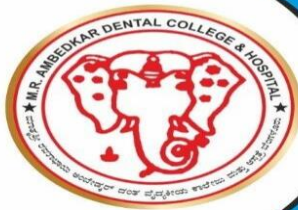
On the 4th March 2022, a program was organized on **Gender Sensitisation**. The chief guest for the event was Smt. Asha Krishnaswamy, Independent Journalist and Media Trainer. The speaker addressed the gather on gender bias, gender discrimination, crime and violence against women. She mentioned that Gender inequality is the social phenomenon in which men and women are not treated equally. Reducing inequalities can build stable and resilient society, if *equal rights and opportunities are given for both men and women*. Debate competition was held on the same day for the topic Gender Sensitisation for the students, and the prizes were distributed to the winners by our distinguished chief guest.



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Date: 04/03/2022

## INTERNATIONAL WOMEN'S DAY ON GENDER SENSATIZTION

### List of Participants

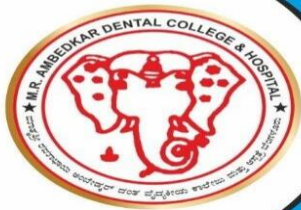
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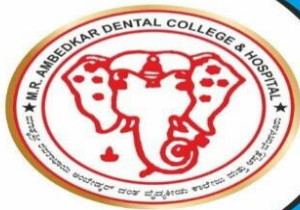
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51	Shruthi
52	Pallavi
53	Vedashilpa
54	Ramya
55	Samrin
56	Zaeyba
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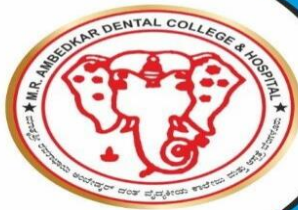
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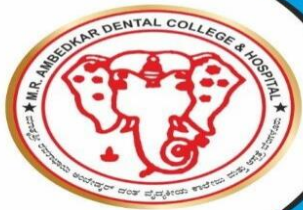
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146	Vighnesh
147	Pavan
148	Rithika
149	Greeshma
150	Nabashika
151	Supriya

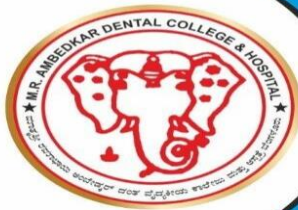
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## INTERNATIONAL DAY OF THE GIRL CHILD 2022 14<sup>TH</sup> OCTOBER 2022

 **M. R. Ambedkar Dental College & Hospital,**  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/CIR / 1537/2022-23 Date: 13/10/2022

**CIRCULAR**  
**(IQAC INITIATIVE)**

M. R. Ambedkar Dental College & Hospital in association with Department of Dental Education & Women Welfare Cell celebrates "**International Day of the Girl-2022**" on Friday, 14<sup>th</sup> October 2022 at 10.30 am in the College Auditorium.

**Resource Person:**  
Dr. Vijayalakshmi I Balekundri  
Professor Emeritus of Pediatric Cardiology  
Super Speciality Hospital, BMCRI, Bengaluru  
Former Professor & HOD.  
Paediatric Cardiology,  
Sri Jayadeva Inst. Cardiovascular Sciences & Research,  
Bengaluru.

All the HODs / Professors, teaching faculties, Post Graduate / Under Graduate students and Interns are informed to attend the **Program WITHOUT FAIL**. The Theory Classes for BDS students may be suspended on 14/10/2022.

Alternate arrangement may be made for smooth functioning of the departments.

*Anuradha U*  
PRINCIPAL 13 Oct 22  
M.R. Ambedkar Dental College & Hospital  
Bengaluru-560 005

To,  
The HODs / Professors of all departments,  
MRADC, Bengaluru- for circulation in the department

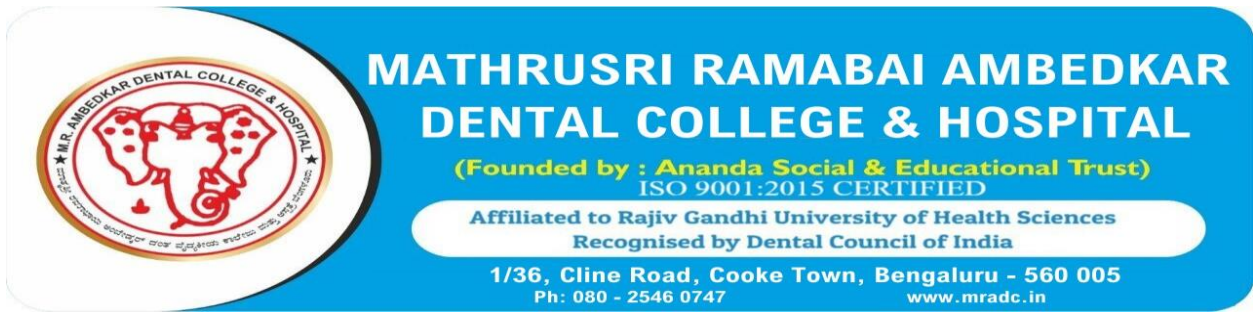
**Copy to:**  
1) The Chairman, G.C, MRADC.  
2) The Administrative Officer, MRADC  
3) Office copy.

*P.R.P.P.P*

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A programme was conducted on 14<sup>th</sup> October 2022 and the theme of this year 2022 was “Time is now- our rights, our future.”

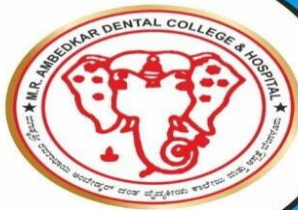
The speaker of the event was **Dr. Vijayalakshmi I. Balekundri**, Professor Emeritus of Paediatric Cardiology, Super Speciality Hospital, BMCRI, Bengaluru.

The speaker emphasized the importance of a girl child to this world and supported the campaign Beti Bachao, Beti Padoo (Save girl child, educate girl child) which was launched by the Government of India. She also spoke about the challenges, empowerment and the issues that are associated with rights of a girl child. She also stressed about the importance of water, diet, environmental issues that are essential for a healthy living. She also mentioned about the greatest achievements that are made by the women of India from every field and said that girls are the spirit of our nation, save them and stop their exploitation.



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Date: 14/10/2022

## INTERNATIONAL DAY OF THE GIRL CHILD TIME IS NOW- OUR RIGHTS,OUR FUTURE

### List of Participants

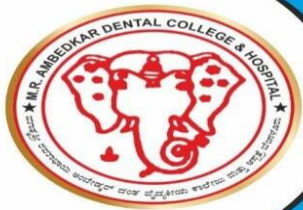
SL no.	Name
1	Dr Hemalata M
2	Dr Rabindra Nayak
3	Dr Ila Srinivasan
4	Dr Lalit Vivekananada
5	Dr Pramila M
6	Dr Umasahankar
7	Dr Komal
8	Dr Pooja
9	Dr Shobha
10	Dr fouzia
11	Dr Roopamalini
12	Dr Tarulatha
13	Dr Chaithra
14	Dr Anajali
15	Dr Smitha
16	Dr Sindhu
17	Dr Ranjitha
18	Dr Shibhani
19	Dr Deepak
20	Dr Vineela
21	Dr Sheela
22	Dr Anu
23	Dr Keerthana
24	Dr Rajalakshmi
25	Dr Sanober
26	Dr Chandrakala
27	Dr Neeraja
28	Dr Laghna
29	Dr sushma
30	Dr Shobha



P.R.P. P

PRINCIPAL

M.R. Ambedkar Dental College & Hospital  
Bengaluru - 560 005



# MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL

(Founded by : Ananda Social & Educational Trust)  
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Recognised by Dental Council of India

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Ph: 080 - 2546 0747 www.mradc.in

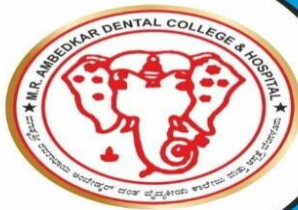
31	Dr Soundarya
32	Dr Vijay
33	Dr Deepak V
34	Dr Rukmini
35	Dr Archana
36	Dr Ila srinivasan
37	Dr Varun shetty
38	Dr Jyostna
39	Dr Fatheema
40	Reema
41	Nimisha
42	Sehrish
43	Nahoor
44	Rakshitha
45	Vaishnavi
46	Tasmiya
47	Mohammed noor
48	Mohammed sharieff
49	Neeraj
50	Vijaya lakshmi
51	Shruthi
52	Pallavi
53	Vedashilpa
54	Ramya
55	Samrin
56	Zaeyba
57	Nisarga
58	Sajina
59	Safiya
60	Subhashini
61	Pooja
62	Sejal
63	Sahitya
64	Noor zainab
65	Banty
66	Touhid
67	Manjunath
68	Riya



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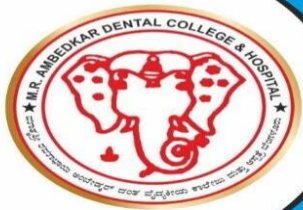
69	Vasuraj
70	Pavan
71	Nihal
72	Nisha
73	Jithendra
74	Aruna
75	Navya
76	Harsha
77	Hajira
78	Subhin
79	Salma
80	Nada
81	Yashasree
82	Zuha
83	Mahira
84	Sadaf
85	Sangeetha
86	Arun
87	monisha
88	Aruna
89	Sirin javid
90	Safia
91	Subhashini
92	Rushda
93	Suhana
94	Samreen
95	Nathaniel
96	Nikhil
97	Raghav
98	Tabsheer
99	Vinishia
100	Samiksha
101	Yashashwini
102	Charitha
103	Lavanya
104	Danish
105	Naseer
106	Sushmeeta



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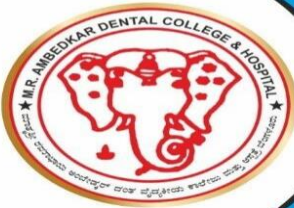
107	Sumith
108	Sujana
109	Mythri
110	Vinod
111	Abhishek
112	Amira
113	Aishwarya
114	Sandhya
115	Bhavani
116	Jestena
117	Samiksha
118	Manushree
119	Maansi
120	Abhilasha
121	Shresta
122	Aneequa
123	Sara
124	Saniya
125	Aneesha
126	Asisha



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## BREAST CANCER AWARENESS PROGRAMME 20/10/2022

Ananda Social & Educational Trust @  
M. R. Ambedkar Dental College & Hospital,  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/CIR //639/2022-23 Date: 19/10/2022

**CIRCULAR  
(IQAC INITIATIVE)**

A "Breast Cancer Awareness Program" has been organized for the staffs (teaching / non-teaching), PG / UG students and Interns of our institution on 20<sup>th</sup> October 2022, Thursday at 10.30 am in the College Auditorium.

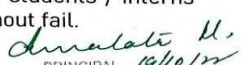
The program will be followed by self examination training program.


**Resource Person:** Dr. Suneetha .N  
Consultant Radiation Oncologist  
HCG Hospitals, Bengaluru

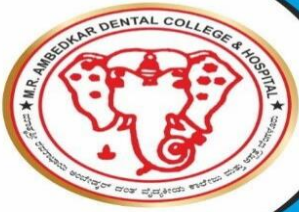
All Women staffs (teaching & non-teaching) / students / interns are informed to attend the awareness program without fail.

To,  
The HODs / Professors of all departments,  
MRADC, Bengaluru- for circulation in the department

**Copy to:**  
1) The Chairman, G.C, MRADC.  
2) The Administrative Officer, MRADC.  
3) Office copy.

  
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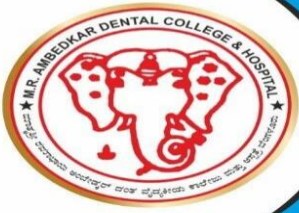
“Breast Cancer Awareness” program was conducted on 20<sup>th</sup> October 2022. The chief guest for this event was Dr. Suneetha. N, Consultant Radiation Oncologist, HCG Hospital, Bangalore. She addressed the staff and teaching and non teaching faculty and students of the institution. She created awareness about the symptoms, self examination and prevention of breast cancer. She also insisted women folk for self examination very often and if any changes noticed, to contact respective consultants. She briefed about anatomical changes, etiological factors of breast cancer through her presentation.

She insisted women to have healthy lifestyle by making better behavioral choices which included maintaining healthy weight, staying physically fit, mandatory breast feeding, quitting of tobacco and alcohol habit, avoiding prolonged use of hormones and excessive radiation.

There was screening, clinical examination of Breast and cervical Pap smear test for the staff and students who gave consent.







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Date: 20/10/2022

**BREAST CANCER AWARENESS PROGRAMME**

**LIST OF PARTICIPANTS**

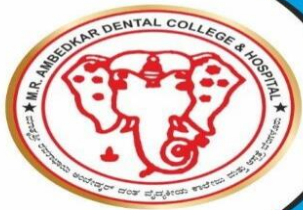
SLNO	NAME
1	Dr Hemalata
2	Dr Pramila
3	Dr Ila Srinivasan
4	Dr Soundrya
5	Dr Sushma
6	Dr Shruthi
7	Claudia dayanandini
8	Dhanushree
9	Soumya
10	Shubhamita
11	Tejaswini
12	Amrita
13	Aparna
14	Priya
15	Sara Abraham
16	Tejas
17	Srusti
18	Sania
19	Manasa
20	Tayaba Anjum
21	Sumedha Kundu
22	Roshan Thomas
23	Raksha
24	Hemanth Krishna
25	Shwethamullapudi
26	Srimoyi
27	Jayanth



*P.R.P. P*

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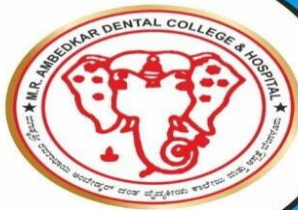
28	Lakshmi deepika
29	Abhinandini
30	Neerajkumar
31	Richa Sinha
32	Sai aditya
33	Noble P Thomas
34	Deepti Patani
35	Mukta Patwardhan
36	Shreya
37	Shailaja
38	Tanya
39	Sunil
40	Chetan
41	Sahil
42	Revathi
43	Vidya
44	Hemashree
45	Joel Baby
46	Satya
47	Sankhadeep
48	Anagha
49	Sanath
50	Deshmoma
51	Aparna
52	Gowri
53	Aishwarya
54	Simran
55	Chaitanya
56	Umra
57	Akhil
58	Amit
59	Taminayyir
60	Dr Jyotsna



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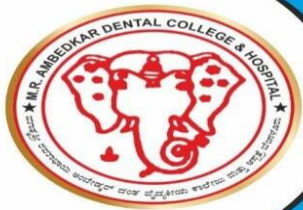
61	Dr Neeraja
62	Dr Lalith
63	Dr Deepak
64	Dr Nanjammanni N
65	Dr Jayanthi
66	Dr Geetha
67	Dr Rukmini
68	Dr Harini
69	Kavya
70	Zeba
71	Pisa Asha
72	Bhavya
73	Bhavana
74	Bhavani
75	Bhavyashree
76	Umme sara
77	Azeeza
78	Saniya
79	Raheema
80	Swati
81	Theerta
82	Bushra
83	Hubu Shaikh
84	Sadiya irfan
85	Mounika
86	Janani
87	Praveena
88	Gulafshan
89	Muheet
90	Jeetendra
91	Sujitha
92	Zainab
93	Shaishta



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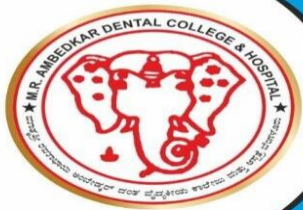
94	Sheetal
95	Bhavana
96	Harshith
97	Mohammed afnan
98	Umme Aiman
99	Shreyas
100	Balachandra
101	Fedora
102	Anugrah
103	Banu suhas
104	Rakesh
105	Sidaramaiah
106	Neha agarwal
107	Ria Chauhan
108	Moulya
109	Twinkle kar
110	Shalini
111	Mahrukh
112	Azra
113	Aun
114	Niranjana
115	Sanjana
116	Kumar sudhanshu
117	Aprathim
118	ShaikhFaizan
119	Ranganath
120	Yasir
121	Twinkle roy
122	Havishmati
123	Rana Afreen
124	Iqra tasmia
125	Jibran
126	Monali
127	Saleha
128	Hiba
129	Afiya
130	Ashitha
131	Shreedeви



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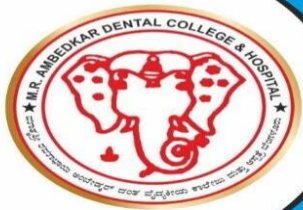
132	Basma
133	Heema
134	Sushmitha
135	Rishika
136	Ritu
137	Mehak
138	Vijayalakshmi
139	Syeda
140	Zoya
141	Arwa
142	Zayeba
143	Hanna Peter
144	Lakshya
145	Pooja
146	Anusuya Roy
147	Ananya
148	Ateeta amir
149	Ahmed sharif
150	Dr Mahadev



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## ANNUAL SPORTS MEET- CHAKRAVYUH 12<sup>TH</sup> NOVEMBER 2022

Ananda Social & Educational Trust ®  
M. R. Ambedkar Dental College & Hospital,  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No. MRADC/CIR -Spts. Day/1883/2022-23 Date: 10/11/2022

**CIRCULAR  
(IQAC INITIATIVE)**

The ANNUAL SPORTS DAY of M. R. Ambedkar Dental College & Hospital "Chakravyuh-2022" is scheduled to be held on Saturday the 12<sup>th</sup> November 2022 at Mount Carmel College Ground, Millers Road, Bengaluru from 9.00 am onwards.

Transportation facility has been arranged from College to Mount Carmel College ground on the said day. The bus will leave the college campus at 8.30am.

All the teaching and non-teaching staff, UG / PG students and Interns are hereby requested to participate in the sports events and are cordially invited for the Sports Day celebration.

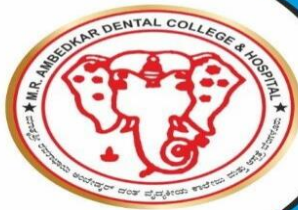
The HODs / Professors and staff in charge are requested to re-schedule the clinical appointments for patients.

**ATTENDANCE IS MANDATORY**

NOTICE BOARD  
To,  
All the HODs/Professors and staff in charge for information  
Under Graduates / Post Graduates / Interns

**Copy to:**  
1) The Chairman, G C, MRADC.  
2) The Administrative Officer, MRADC  
3) Office copy.

*Annelati H.*  
PRINCIPAL  
10/11/22  
M.R. Ambedkar Dental College & Hospital  
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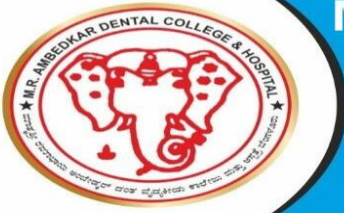
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Mathrushri Ramabai Ambedkar Dental College and hospital organized annual The event was inaugurated by chief guest of honour Dr. Sudindra Kumar N N. First of all the chief guest unfurled the flag, after this there was march past by the students and then followed by the sports events. Sport is one of the most powerful platforms for promoting gender equality and empowering women and girls.

The first event that took place was athletic events which included 100 mtr, 200mtr, 400mtr and 800mtrs running race for girls and boys. Later it was followed by fun games for teachers like brisk walking. There was also a food fest organized by the students. Other events like short put, long jump, football finals and relay race were also organized. The most awaiting event for the day was cricket final match between staff and interns. At the end there was prize distribution by chief guest and our principal Dr.Hemalatha for the winners, they also congratulated the winners and gave speech. Later the program was followed by lunch at Mount carmel ground, Bangalore.





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Date: 12/11/2022

## SPORTS MEET CHAKRAVYUH

### LIST OF PARTICIPANTS

SL NO.	NAME
1	Dr Chandrakala
2	Dr Rukmini
3	Dr Rupamalini
4	Dr Shobha
5	Dr Shibani shetty
6	Dr Hemalata M
7	Dr Chaitra
8	Dr Smitha
9	Dr Anjali
10	Dr Ranjitha
11	Dr Ila Srinivasan
12	Dr Jyotsna
13	Dr Sheela
14	Dr Rashmi
15	Dr Komal
16	Dr Pooja Jain
17	Dr Vineela
18	DR Ahana
19	Dr Shobha
20	Dr Bindu
21	Dr Poojya
22	Dr Sruthi
23	Dr Rajalakshmi

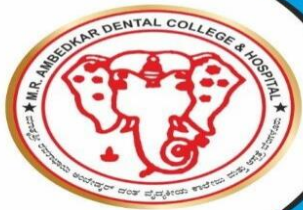


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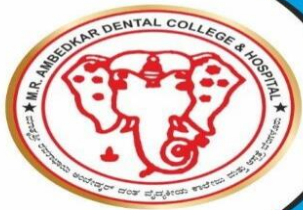
24	Dr Keerthana
25	Dr Mangalajyothi
26	Dr Fathima
27	Dr Roopasha
28	Dr Jayanthi
29	Dr Geetha
30	Dr Sushma
31	Dr Pramila
32	Dr Archana
33	Bushra
34	Saniya khan
35	Akshatha
36	Athira
37	Afra
38	Aparna
39	Aastha
40	Aakansha
41	Reshma
42	Indupriya
43	Haritha
44	Rachana
45	Sumaiya
46	Priya
47	Supriya
48	shruthi
49	Taqiya
50	Mahadevamma
51	Puttamma



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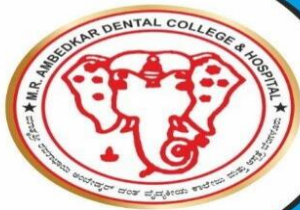
52	Asma
53	Nandini
54	Nethravathi
55	Gayathri
56	Rashmi
57	Latha
58	Gowrivathi
59	Ranukamba
60	Shivamma
61	Jayanthi
62	Pushpa
63	Prathibha
64	Bhagya
65	Nagaveni
66	Geethanjali devi
67	Shivananjamma
68	Padmavathi
69	Bhagyamma
70	Sunandamma
71	Shanta
72	Varmahalakshmi
73	Cheluvamba
74	Soubhagya
75	Prema
76	Shalini
77	Bujamma
78	Indra
79	Mangamma



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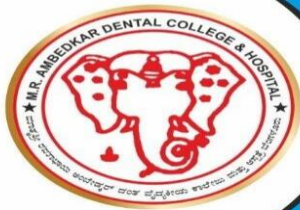
80	Ravanamma
81	Geetha
82	Manjula
83	Vanitha
84	Dr Neeraja
85	Dr Veekshth
86	Dr Soundarya
87	Dr Vijay jain
86	Dr Sangeetha
89	Dr Suganya
90	Dr Dhanushree
91	Dr Mangalajyothi
92	Dr Harini
93	Dr Geetha
94	Dr Umashankar
95	drSunil
96	Dr Sindhu
97	Dr Sathish
98	Dr Balaraj



P.R.P. P

PRINCIPAL

M.R. Ambedkar Dental College & Hospital  
Bengaluru - 560 005



# MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL

(Founded by : Ananda Social & Educational Trust)  
ISO 9001:2015 CERTIFIED

Affiliated to Rajiv Gandhi University of Health Sciences  
Recognised by Dental Council of India

1/36, Cline Road, Cooke Town, Bengaluru - 560 005  
Ph: 080 - 2546 0747 www.mradc.in

## ORIENTATION PROGRAMME ABHIMUKHYAM 17/01/2023 TO 19/01/2023



M. R. Ambedkar Dental College & Hospital,  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/PG-Ortn.Day/2386/2022-23 Date: 07/01/2023

### **CIRCULAR** **IQAC CELL (INITIATIVE)**

An **Orientation Program "Abhimukhyam"** for the **Ist year Post Graduate Students of 2022-23 batch** has been organized from **17/01/2023 to 19/01/2023 from 09.00 am to 04.00 pm in the College Auditorium and A.V. Room.**

All the HODs / Professors / Staff I/c are hereby requested to permit the Ist year MDS students to attend the Orientation Program without fail. The detailed program schedule alongwith Speakers is enclosed for reference.

**Registration Fees : Rs.250/-**

**Registration Contact Person:**

Dr. Mahadeva D.M,  
Sr. Lecturer, Dept. of Public Health Dentistry.  
MRADC&H, Bengaluru.



*Anuradha H.*  
**PRINCIPAL** *in Ban'ds*  
PRINCIPAL

To,  
The HODs / Professors of all departments - for circulation in Bangalore department.  
MRADC, Bangalore.

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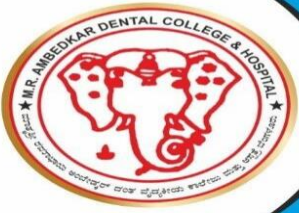
- 1) The Chairman, G.C, MRADC&H.
- 2) The In-charge Manager, MRADC&H - for suitable arrangements.
- 3) The Electrical Section, MRADC&H - for necessary arrangements.
- 4) Office copy.



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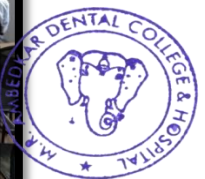
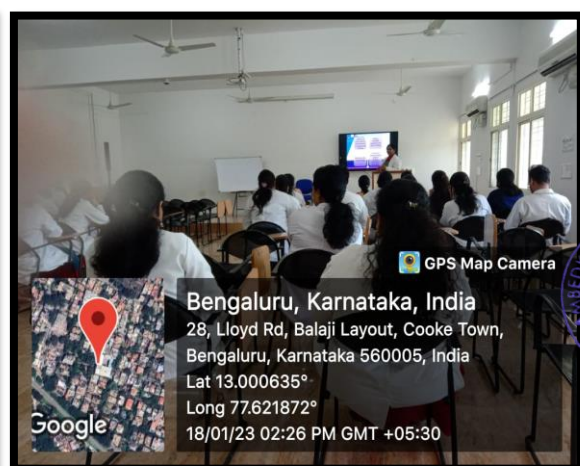
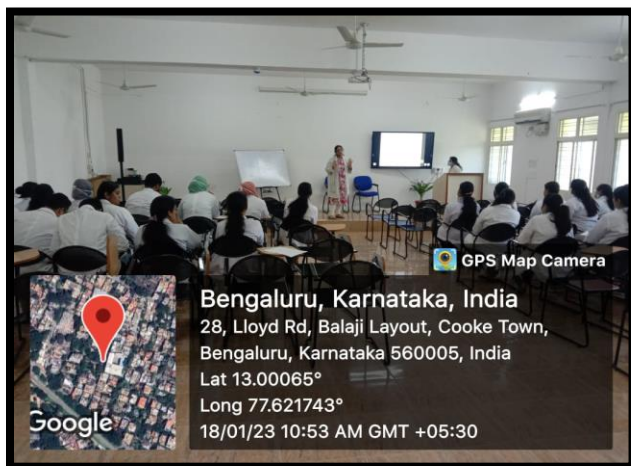
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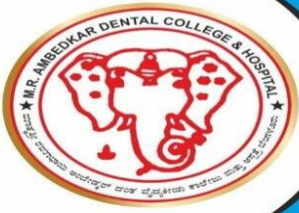
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Mathrushri Ramabai Ambedkar Dental College and Hospital conducted an **ORIENTATION DAY PROGRAM** titled **“ABHIMUKHYAM” FROM 9.30 AM TO 4.00 PM** for the students of first year batch along with their parents before the actual beginning of regular academic activities after admission process is completed, the Academic committee of dental college send letter to the students to join the course. The main goal of the orientation program is to introduce the student to professional course by acclimating them to the new surroundings. The orientation program comprises of a brief overview of the BDS & MDS program, institute and university rules and regulations; crisp presentation about the vibrant environment of the college which strongly encourages both academic and extracurricular pursuits. Several accolades received by students and faculty on national and international platforms were also highlighted. The program also briefed aspects pertaining to student life at campus with an emphasis on Safety and Anti Ragging measures.

The students were made aware of gender equality and need to eliminate gender discrimination which helps them to develop mutual respect, empathy and open minded towards opposite gender which can decrease violence and crimes among men and women.





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Date: 17/01/2023

## ORIENTATION PROGRAMME – ABHIMUKHYAM

### LIST OF PARTICIPANTS

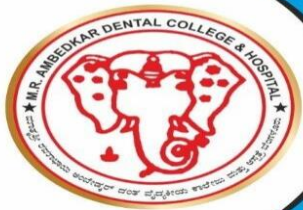
SL NO	NAMES
1	DR Jayanthi
2	Dr Shoba
3	Dr Roopamalini
4	Dr Nanjamani
5	Dr Harini
6	Dr Mahadev
7	Dr Sumanth
8	Dr Pramila
9	Dr Geeta
10	Dr ila srinivasam
11	Dr lagna
12	Dr jyotnsa
13	Dr Poojya
14	Dr Shruthi
15	Dr Anjali
16	Dr Ranjitha
17	Dr Chaitra
18	Dr Smitha
19	Dr Sindhu
20	Dr Sangeetha
21	Dr Shivprasad



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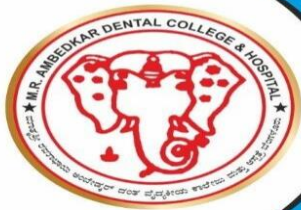
22	Dr Bindu
23	Dr Deepak
24	Dr Shibani
25	Dr Akshatha
26	Dr Mohammed hilal
27	Dr Anand
28	Dr Annu
29	Dr Rajalakshmi
30	Dr Sanober
31	Dr Keerthana
32	Dr Azam pasha
33	Dr Rrabindra nayak
34	Dr Vinay
35	Dr Archana
36	Dr Vijay
37	Afeefa shafi
38	Priyanka yadav
39	Fatima zehra
40	Syed maaz
41	Havishmathi
42	Raana afreen
43	Sujana priya
44	Rajeshwary
45	Taruna
46	Suhana
47	Raaghavi



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48	Nanditha
49	Kavya
50	Gagana
51	Sandhya
52	Bhavani
53	Aneesha
54	Aparna
55	Dehsmoma
56	Priyanka singh
57	Gouri
58	Simran
59	Aishwarya
60	Abhin
61	Yasasree
62	Rushali
63	Yashasini
64	Vaishnavi
65	Shaima
66	Mariam
67	Sonam
68	Nisha
69	Heema
70	Sushmitha
71	Pooja
72	Harshitha
73	Banu suhas

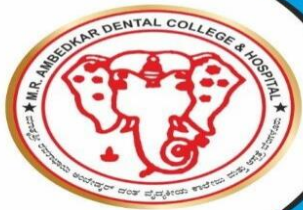


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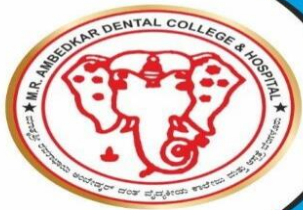
74	Anagha
75	Sahar
76	Grishma
77	Salma
78	Riya
79	Nabashika
80	Syed zabihullah
81	Ruquiah
82	Anila
83	Ashisha
84	Jestina
85	Monisha
86	Raajiv
87	Inchara
88	Jyoti
89	Disha
90	Chaithra
91	Vignesh
92	Naseer
93	Pavan
94	Sumith
95	Vinod
96	Sadaf
97	Mahiara
98	Zuha
99	Nada



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100	Nikitha
101	Chaithra
102	Chandana
103	Chithra b m
104	Dananjai
105	sumaiya



*P.R.P.*

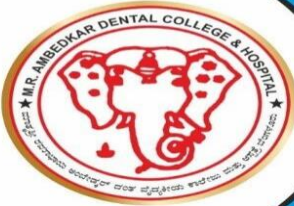
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## MATHRUSHRI RAMABAI BIRTHDAY CELEBRATION 15<sup>TH</sup> FEB 2023

Ananda Social & Educational Trust ®  
Mathrusri Ramabai Ambedkar Dental College & Hospital,  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADCH/Cir./2750/2022-23 Date: 10/02/2023

**CIRCULAR**

The 125<sup>th</sup> Birthday remembrance of **Mathrusri Ramabai Ambedkar** is celebrated on **Wednesday, 15<sup>th</sup> February 2023** from **11.30 am onwards** in the **College Auditorium**.

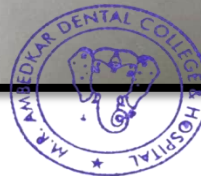
**Chief Guest: Dr. Mudnakudu Chinnaswamy,**  
M.Com, M.A.(Kan) & D.Lit., in Social Sciences.  
Renowned Kannada Poet and Writer,  
Kendra Sahitya Academy Awardee,  
Retd., Director (Finance) & Financial Advisor,  
Bengaluru Metropolitan Transport Corporation.

All the teaching / non-teaching staffs, UG / PG students and Interns are informed to attend the program without fail. The HODs / Professors / Staff In-charge are informed to make alternate arrangements for functioning of the clinics.

To,  
The Professor & HODs of all departments,  
MRADC&H, Bengaluru - (for circulation in the department)

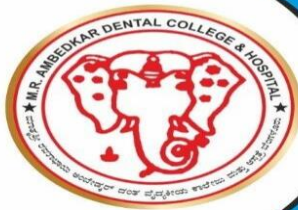
**Copy to:**  
1) The Chairman, G.C, MRADC&H.  
2) The I/c Manager, MRADC&H - for required arrangements.  
3) Office copy.

*Anurata H.*  
**PRINCIPAL** 10<sup>th</sup> Feb 23  
PRINCIPAL  
M.R. Ambedkar Dental College & Hospital  
Bengaluru-560 005



*P.R.P.P.P*

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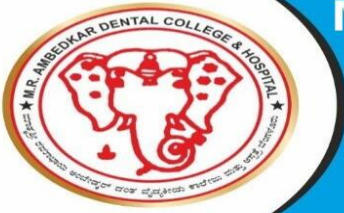
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The 125<sup>th</sup> Birthday remembrance of Mathrusri Ramabai Ambedkar was celebrated on 15<sup>th</sup> February 2023 in the college auditorium. The chief guest for the program was Dr.Mudnakudu Chinnaswamy,M.com,M.A.(Kan) & D.Lit.,in Social sciences. Renowned Kannada Poet and writer,Kendra Sahitya Academy Awardee, Retd.,Director (Finance) & Financial Advisor, Bengaluru Metropolitan Transport Corporation. Cultural programs were organized by the non-teaching staff and students. All teaching staffs, UG/PG students and interns attended the program.



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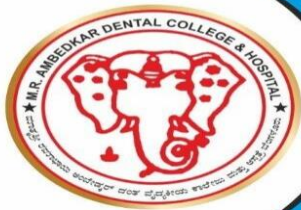
Date: 15/02/2023

## MATHRUSHRI RAMABAI BIRTHDAY CELEBRATIONS

### List of participants

SL NO	NAME
1	DR Jayanthi
2	Dr shoba
3	Dr roopamalini
4	Dr nanjamani
5	Dr harini
6	Dr mahadev
7	Dr sumanth
8	Dr pramila
9	Dr geeta
10	Dr ila srinivasam
11	Dr lagna
12	Dr jyotnsa
13	Drpoojya
14	Dr shruthi
15	Dr anjali
16	Dr ranjitha
17	Dr chaitra
18	Dr smitha
19	Dr sindhu
20	Dr sangeetha
21	Dr shivprasad
22	Dr bindu
23	Dr deepak





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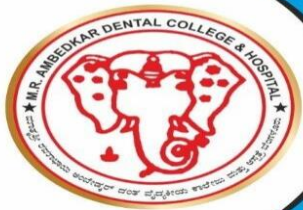
24	Dr shibani
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26	Dr mhmd hilal
27	Dr anand
28	Dr annu
29	Dr rajalakshmi
30	Dr sanober
31	Dr keerthana
32	Dr azam pasha
33	Dr rabindra nayak
34	Dr vinay
35	Dr archana
36	Dr vijay
37	Afeefa shafi
38	Priyanka yadav
39	Fatima zehra
40	Syed maaz
41	Havishmathi
42	Raana afreen
43	Sujana priya
44	Rajeshwary
45	Taruna
46	Suhana
47	Raaghavi
48	Nanditha
49	Kavya
50	Gagana
51	Sandhya



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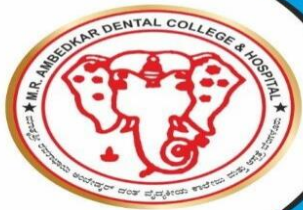
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56	Priyanka singh
57	Gouri
58	Simran
59	Aishwarya
60	Abhin
61	Yasasree
62	Rushali
63	Yashasini
64	Vaishnavi
65	Shaima
66	Mariam
67	Sonam
68	Nisha
69	Heema
70	Sushmitha
71	Pooja
72	Harshitha
73	Banu suhas
74	Anagha
75	Sahar
76	Grishma
77	Salma
78	Riya



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79	Nabashika
80	Syed zabihullah
81	Ruquiah
82	Anila
83	Ashisha
84	Jestina
85	Monisha
86	Raajiv
87	Inchara
88	Jyoti
89	Disha
90	Chaithra
91	Vignesh
92	Naseer
93	Pavan
94	Sumith
95	Vinod
96	Sadaf
97	Mahiara
98	Zuha
99	Nada
100	Nikitha
101	Chaithra
102	Chandana

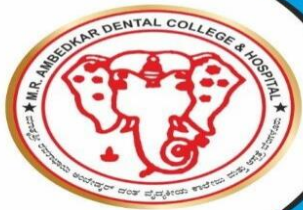


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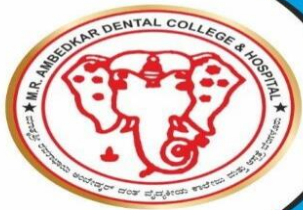
103	Chithra b m
104	Dananjai
105	Sumaiya
106	Priya gupta
107	Zoya
108	Zaiba
109	Vijayalakshmi
110	Twinkle
111	Surbhi
112	Faizan
113	Yamini
114	Sushmita
115	Aun
116	Asma
117	Yasir
118	Jyothishmitha
119	Hiba
120	Khushboo
121	Arwa
122	Azra
123	Pooja
124	Monali
125	Ashitha



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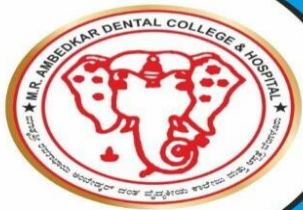
126	Sreedevi
127	Rishika
128	Aziza
129	Aleeta
130	Nabeela
131	Pooja
132	Afiya
133	Dr Geetha
134	Dr laghna
135	Dr maaz
136	Afifa
137	Nidhi
138	Ashitha
139	Shrabani
140	Fathima
141	Devika
142	Apoorva
143	Ramya
144	Indra
145	Sreethi
146	Harshitha
147	Nisha
148	Shivangi



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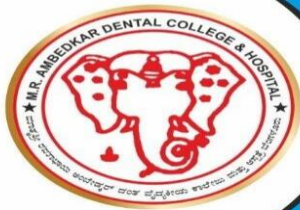
149	Prathibha
150	Latha
151	Shalini
152	Irfan
153	Gopal
154	Lavanya
155	Pushpa
156	Vanditha
157	Vijay
158	Shivan
159	Bujjamma
160	Puttamma
161	Soubhagya
162	Bhagya
163	Mahadevamma
164	Ambananda
165	Jyothi
166	Sushmeeta



*P.R.P.L.P*

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## AN ANTI-RAGGING ORIENTATION PROGRAM 12/05/2023

M. R. Ambedkar Dental College & Hospital,  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/CIR / 223 / 2022-23 Date: 04/05/2023

**CIRCULAR**

An "Anti-Ragging Orientation Program" is organized to curb the menace of Ragging in Educational institutions and sensitize the students. The program is scheduled on **12<sup>th</sup> May 2023 at 10.30 am in the College Auditorium.**

**Resource Persons:**

- 1) Dr. Rahul Hegde, DCI - E.C Member, Prof. & HOD, Dept. of Pedodontics, Dr.D.Y. Patil Dental College & Hospital, Pune.
- 2) Mrs. Vimala Pinto, Legal Advisor.
- 3) Dr. Sanjana Tapad, Asst. Professor, Dept. of Psychiatry, Dr.B.R.AMC&H, Bengaluru.
- 4) The Circle Inspector, Frazer Town Police Station.

All the HODs / Professors & staffs (Anti Ragging Committee Members, Anti Ragging Squads), BDS / MDS students and Interns are cordially invited to attend the Orientation Program WITHOUT FAIL.

**The HODs / Professors / Staff I/c may direct the Ist & IInd BDS / Ist MDS students to attend program, as the attendance is mandatory as per GOI & DCI norms.**

The HODs / Professors of all departments, MRADC / Dr. B.R.AMC - for circulation in the department

**Copy to:**

- 1) The Chairman, G.C, MRADC&H.
- 2) The Vice-Principal, MRADC&H.
- 3) The Facility Director, MRADC&H.
- 4) The Medical Superintendent, MRADC&H.
- 5) The Manager, MRADC&H.
- 6) The University / Accounts Section, MRADC&H.
- 7) Office copy / Notice Board.

*Signature to, 10/5/23*

*P.R.P. Hegde 2023*  
PRINCIPAL  
M.R. Ambedkar Dental College & Hospital  
Bengaluru-560 005

**MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL**

**ANTI RAGGING ORIENTATION PROGRAM**  
10.30am 12<sup>th</sup> May 2023

**SAY NO TO RAGGING**

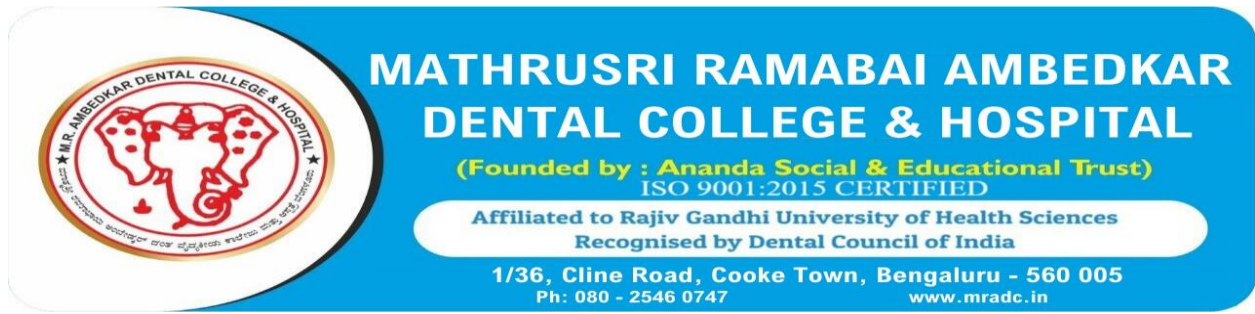
**CHIEF GUEST**  
Dr. Rahul Hegde  
DCI- E.C Member,  
Prof. & HOD, Dept. of Pedodontics,  
Dr. D.Y. Patil Dental College & Hospital, Pune.

1/36, Cline Rd, Balaji Layout, Cooke Town, Bengaluru, Karnataka 560005



*P.R.P. Hegde*  
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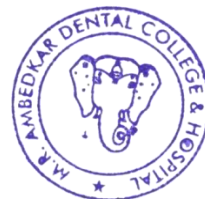
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Mathrusri Ramabai Ambedkar Dental College and Hospital, Bangalore conducted an anti-ragging orientation program on 12th May 2023.

MathrushriRamabai Ambedkar Dental College and Hospital, Bengaluru, Karnataka has zero tolerance for ragging and is proud to state that institution is ragging free. Students are informed to follow the act and ensure a ragging free campus. To ensure compliance as per the UGC regulations on curbing menace of ragging in higher educational institution, 2009, the Anti ragging committee is constituted and headed by the principal and comprises of representative as prescribed by the DCI Regulations.

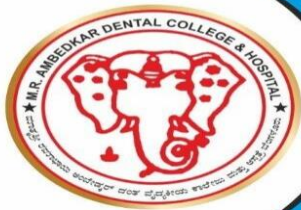
The program started with welcoming principal Dr. Pradeep P R, vice principal Dr. TarulathaShyagali, Legal advisor Mrs. Vimala Pinto, Asst Prof. Dept. Psychiatry, AMC Dr. Sanjana Tadapatri, Kiran P N circle inspector, Frazer Town and the chief guest Dr. Rahul Hegde DCI member, Prof & HOD Pedodontics Dr. D.Y. Patil College & Hospital. Dr. Rahul Hegde, DCI member, PROF &HOD Pedodontics Dr. D.Y. Patil College & Hospital. He congratulated the college for its zero tolerance to ragging. He also emphasized on gender equality and everyone has equal access to opportunities and resources, regardless of gender which is essential to achieve peaceful societies, with full human potential and sustainable development The program was attended by faculty, Anti-Ragging Committee members and squads, students both undergraduates and Post graduates( freshers and seniors). The lecture gave more insights to the Anti-Ragging Committee for future guidance.



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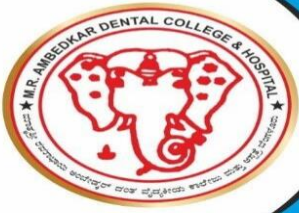
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Date: 12/05/2023

**AN ANTI-RAGGING ORIENTATION PROGRAMME**

**List of participants**

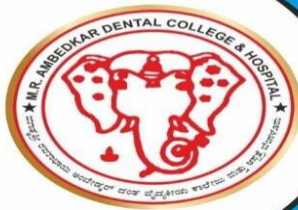
SLNO	NAME
1	Afifa
2	Donna George
3	fathima zehra
4	Priyanka yadav
5	samar mehtab
6	Syedmaaz ahmed
7	Claudia dayanandini
8	Dhanushree
9	Soumya
10	Shubhamita
11	Tejaswini
12	Amrita
13	Aparna
14	Priya
15	Sara Abraham
16	Tejas
17	Srusti
18	Sania
19	Manasa
20	Tayaba Anjum
21	Sumedha Kundu
22	Roshan Thomas
23	Raksha
24	Hemanth Krishna
25	Shwethamullapudi
26	Srimoyi
27	Jayanth
28	Lakshmi deepika



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29	Abhinandini
30	Neerajkumar
31	Richa Sinha
32	Sai aditya
33	Noble P Thomas
34	Deepti Patani
35	Mukta Patwardhan
36	Shreya
37	Shailaja
38	Tanya
39	Sunil
40	Chetan
41	Sahil
42	Revathi
43	Vidya
44	Hemashree
45	Joel Baby
46	Satya
47	Sankhadeep
48	Anagha
49	Sanath
50	Deshmoma
51	Aparna
52	Gowri
53	Aishwarya
54	Simran
55	Chaitanya
56	Umra
57	Akhil
58	Amit
59	Taminayyir
60	Dr Jyotsna
61	Dr Ila Srinivasan
62	Dr Lalith

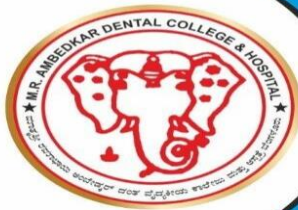


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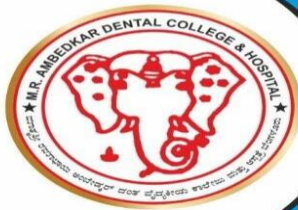
63	Dr Deepak
64	Dr Hemalata
65	Dr Jayanthi
66	Ameena
67	Darshini
68	Pooja
69	Kavya
70	Zeba
71	Pisa Asha
72	Bhavya
73	Bhavana
74	Bhavani
75	Bhavyashree
76	Umme sara
77	Azeeza
78	Saniya
79	Raheema
80	Swati
81	Theerta
82	Bushra
83	Hubu Shaikh
84	Sadiya irfan
85	Mounika
86	Janani
87	Praveena
88	Gulafshan
89	Muheet
90	Jeetendra
91	Sujitha
92	Zainab
93	Shaishta
94	Sheetal
95	Bhavana



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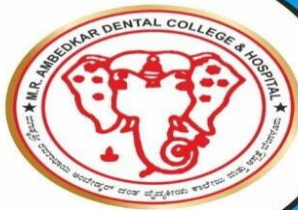
96	Harshith
97	Mohammed afnan
98	Umme Aiman
99	Shreyas
100	Balachandra
101	Fedora
102	Anugrah
103	Banu suhas
104	Rakesh
105	Sidaramaiah
106	Neha agarwal
107	Ria Chauhan
108	Moulya
109	Twinkle kar
110	Shalini
111	Mahrukh
112	Azra
113	Aun
114	Niranjana
115	Sanjana
116	Kumar sudhanshu
117	Aprathim
118	ShaikhFaizan
119	Ranganath
120	Yasir
121	Twinkle roy
122	Havishmati
123	Rana Afreen
124	Iqra tasmia
125	Jibran
126	Monali
127	Saleha
128	Hiba
129	Afiya
130	Ashitha
131	Shreedevi
132	Basma
133	Heema



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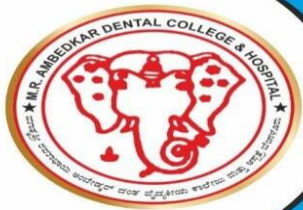
134	Sushmitha
135	Rishika
136	Ritu
137	Mehak
138	Vijayalakshmi
139	Syeda
140	Zoya
141	Arwa
142	Zayeba
143	Hanna Peter
144	Lakshya
145	Pooja
146	Anusuya Roy
147	Ananya
148	Ateeta amir
149	Ahmed sharif
150	Dr Mahadev



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## INTERNATIONAL DAY OF ACTION FOR WOMEN'S HEALTH 29/05/2023

  
M. R. Ambedkar Dental College & Hospital,  
# 1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/CDE/365/2023-24 Date: 24/05/2023

**CIRCULAR**  
**IQAC CELL (INITIATIVE)**

A program has been organized to celebrate  
**International Day of Action for Women's Health on 29<sup>th</sup> May**  
2023 at our institution.


**"Our Voices, Our Actions, Our Demands- Uphold Women's  
Health and Rights Now"**

**Date: 29/05/2023**  
**Time: 10:30 am**  
**Venue: College Auditorium**

**Resource Person:** Dr. Arathi.B.V  
Scholar in Sanskritam Indology,  
Behavioral Trainer,  
Founder Vibhu Academy

All the teaching and non-teaching staffs, UG / PG  
students and Interns are informed to attend the program.

The HODs / Staff in-charge are informed to permit the  
students & Interns to participate in the program, without  
hampering the regular clinical activities of the department.

  
P.R.P. 24/5/23  
**PRINCIPAL**  
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To,  
The HODs / Professors of all departments  
MRADC, Bangalore.

**Copy to:**

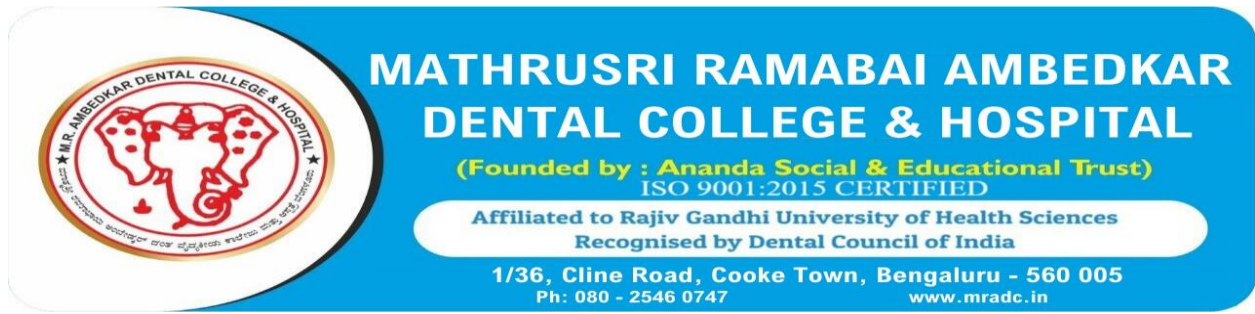
- 1) The Chairman, G.C. MRADC&H.
- 2) The Vice-Principal, MRADC&H.
- 3) The Facility Director, MRADC&H.
- 4) The Medical Suptd., MRADC&H.
- 5) The Manager, MRADC&H.
- 6) The Accounts Section / Office copy.



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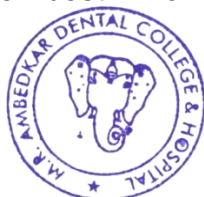
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International Women’s Day on 08/03/2019, also known as International Day of Action for Women's Health is observed annually on 28th May every year. This day was initiated in 1987 by the Government of Africa after identifying the huge problem. As a part IQAC CELL a programme was organized on 29<sup>th</sup> May 2023 to celebrate International Day of Action for Women’s Health at our institution. Each year, Women's Health Day is celebrated under unique themes. This year, the International Day of Action for Women's Health 2023 theme is **“Our Voices, Our Actions, Our Demand: Uphold women’s health and rights now!”**

The program was conducted at 10:30 AM in the College Auditorium. The Chief Guest was Dr. Arathi.B.V, Scholar in Sanskritam Indology, Behavioral Trainer and Founder of Vibhu Academy. The resource person highlighted the importance of women’s physical and mental health. The event took place in the presence of Dr. Pradeep.P.R. Principal, Professor, Department of Conservative Dentistry. Dr.Tarulata Shyagali, Vice Principal Professor, Department of Orthodontics welcomed the gathering and Dr. Umashankar, Hospital Superintendent, Department of Public Health Dentistry presented the significance of the day.

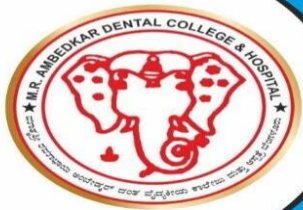
On the Occasion, Dr. Vijay Jain introduced the chief guest Dr. Arathi.B.V. During the event Dr. Arathi.B.V addressed that there should be a balance between career and family and without a family support a women can’t achieve success, also addressed that girls should know their right to defend themselves and be careful against crimes against women. Further she said that it was the time to uphold women's achievements, recognize challenges and focus greater attention on women's rights and gender equality to mobilize all people to do their best which will further result in overall development of nation.



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Bengaluru, Karnataka, India  
9, 1, Lloyd Rd, Balaji Layout, Cooke Town, Bengaluru,  
Karnataka 560005, India  
Lat 13.000782°  
Long 77.622194°  
29/05/23 10:42 AM GMT +05:30



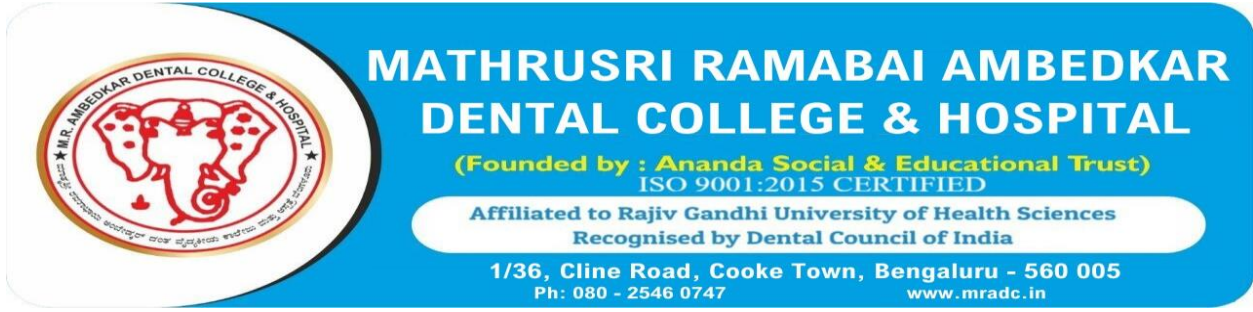
Bengaluru, Karnataka, India  
#1/36, Ground Floor, Cline Rd, Balaji Layout, Cooke Town,  
Bengaluru, Karnataka 560005, India  
Lat 13.00052°  
Long 77.621769°  
29/05/23 10:59 AM GMT +05:30



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Date: 29/05/2023

**OUR VOICES, OUR ACTIONS, OUR DEMANDS; UPHOLD WOMEN'S HEALTH AND RIGHTS NOW!**

**List of participants**

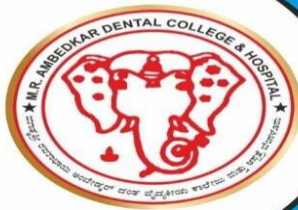
SL NO	NAMES
1	DR Tarulata RS
2	Dr Jayanthi
3	Dr roopamalini
4	Dr nanjamani
5	Dr harini
6	Dr mahadev
7	Dr sumanth
8	Dr pramila
9	Dr geeta
10	Dr ila srinivasam
11	Dr lagna
12	Dr jyotnsa
13	Drpoojya
14	Dr shruthi
15	Dr anjali
16	Dr ranjitha
17	Dr chaitra
18	Dr smitha
19	Dr sindhu
20	Dr sangeetha



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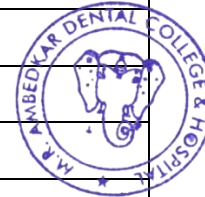
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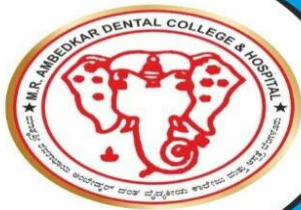
21	Dr shivprasad
22	Dr bindu
23	Dr deepak
24	Dr shibani
25	Dr akshatha
26	Dr mhmd hilal
27	Dr anand
28	Dr annu
29	Dr rajalakshmi
30	Dr sanober
31	Dr keerthana
32	Dr azam pasha
33	Dr rabindra nayak
34	Dr vinay
35	Dr archana
36	Dr vijay
37	Afeefa shafi
38	Priyanka yadav
39	Fatima zehra
40	Syed maaz
41	Havishmathi
42	Raana afreen
43	Sujana priya
44	Rajeshwary
45	Taruna
46	Suhana



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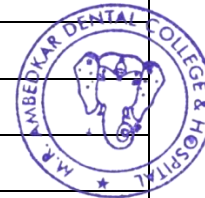
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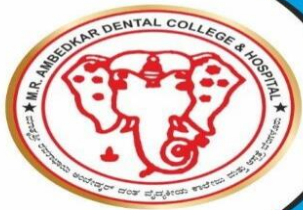
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48	Nanditha
49	Kavya
50	Gagana
51	Sandhya
52	Bhavani
53	Aneesha
54	Aparna
55	Dehsmoma
56	Priyanka singh
57	Gouri
58	Simran
59	Aishwarya
60	Abhin
61	Yasasree
62	Rushali
63	Yashasini
64	Vaishnavi
65	Shaima
66	Mariam
67	Sonam
68	Nisha
69	Heema
70	Sushmitha
71	Pooja
72	Harshitha



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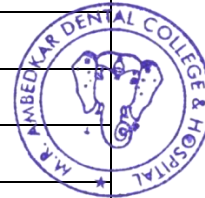
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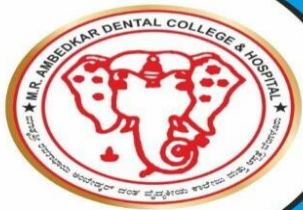
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73	Banu suhas
74	Anagha
75	Sahar
76	Grishma
77	Salma
78	Riya
79	Nabashika
80	Syed zabihullah
81	Ruquiah
82	Anila
83	Ashisha
84	Jestina
85	Monisha
86	Raajiv
87	Inchara
88	Jyoti
89	Disha
90	Chaithra
91	Vignesh
92	Naseer
93	Pavan
94	Sumith
95	Vinod
96	Sadaf
97	Mahiara
98	Zuha



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99	Nada
100	Nikitha
101	Chaithra
102	Chandana
103	Chithra b m
104	Dananjai
105	sumaiya



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