



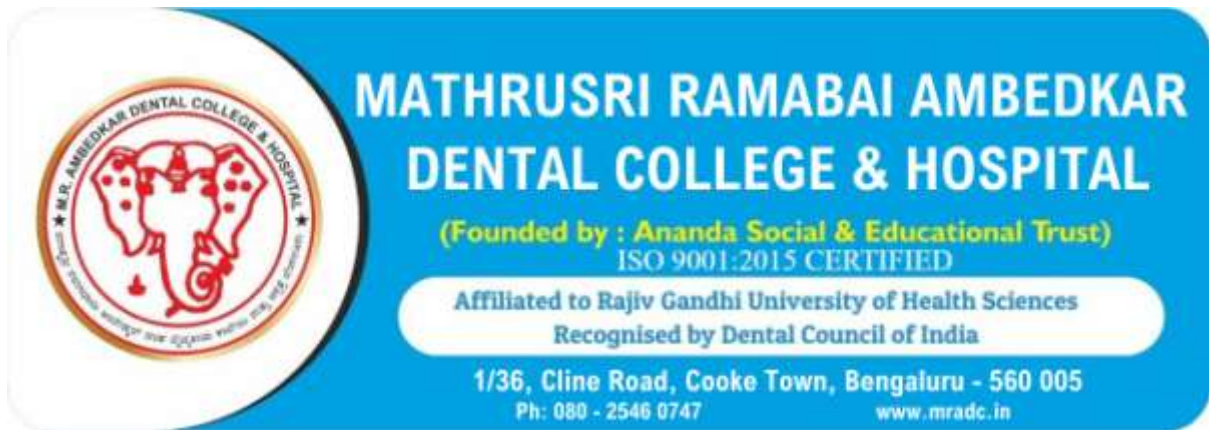
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Ph: 080 - 2546 0747 www.mradc.in

Courses that integrate crosscutting relevant to gender, environment and sustainability, human values, health determinants, right to health issues, emerging demographic changes and professional ethics in the curricula.



LET'S EXPLORE DIGITAL CAMPUS TOGETHER

Organizing department: Public Health Dentistry

Date: 5-7 /1 /2022

Duration: 15hrs

Course features:

- EIS Digital campus infuses technology into all aspects of campus life. Improves efficiency, modernize operation, reduce costs and build a future-proof foundation primed for growth.
- In this demo, we will walk you through various modules like communication, attendance, e-resources sharing, marks entry, user profile, reports, quiz and more for faculty, students, super admin/management.

Course outcome:

- Infusing technology into all aspects of campus life.
- Improves efficiency, modernize operation, reduce costs and build a future-proof foundation



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1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/CDE-Cir/1870 /2021-22

Date: 04/01/2022

CIRCULAR

IQAC CELL (INITIATIVE)

A Training Program on "Let's Explore Digital Campus Together" has been organized for the teaching faculties of our institution on 05th January 2022 (Wednesday) at 10.30am in the College Auditorium.

Guest Speaker: Shri. Ananth .J. G.,

Chief AlChemist, IIM-Cal Alumni

All the teaching faculties are hereby informed to attend the Program and for implementation in the routine activities of the departments / institution.

"COVID S.O.P'S TO BE STRICTLY FOLLOWED"



Anurata . H

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Bangalore-5

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IQAC INITIATIVE

LET'S EXPLORE
**DIGITAL
CAMPUS**
TOGETHER..

05th January 2022,
Wednesday at 10.30 AM

Shri ANANTH J G
Chief Alchemist, IIM-Cal Alumni



Under Learning Outline :

EIS Digital campus infuses technology into nearly all aspects of campus life. Improve efficiency, modernize operations, reduce costs, and build a future-proof foundation primed for growth. In this Demo, we will walk you through various Modules like Communications, Attendance, e-Resources Sharing, Marks Entry, User Profile, Reports, Quiz & More for Faculty Students, Super Admin / Management.

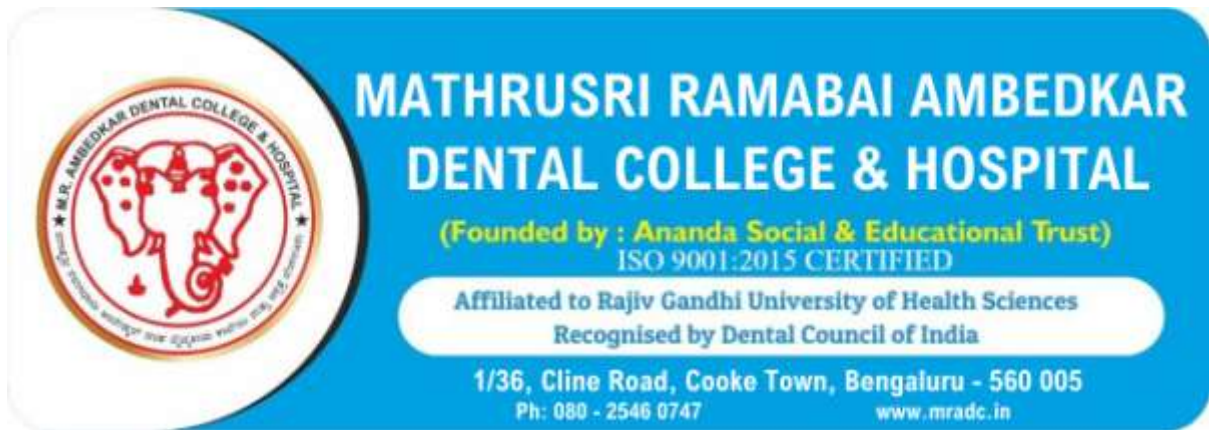


Venue : Auditorium, M R Ambedkar Dental College & Hospital

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Bengaluru - 560 005



BREAST AND CERVICAL CANCER AWARENESS

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 10-12 /3 /2022

Duration: 20 hrs

Course features:

- Help women recognise the early signs and symptoms
- Educate people about risk factors
- Inform women about importance of self exam

Course outcome:

You can do things to help lower your breast cancer risk.

- Keep a healthy weight and exercise regularly.
- Choose not to drink alcohol, or drink alcohol in moderation.
- If you are taking hormone replacement therapy or birth control pills, ask your doctor about the risks.
- Breastfeed your children, if possible.



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IQAC INITIATIVE

In association with
HCG Hospitals, Bengaluru

BREAST AND CERVICAL CANCER AWARENESS

10TH MARCH 2022,
THURSDAY AT 10.30 AM

DR. SUNEETHA N.
Consultant Radiation Oncologist,
HCG Hospitals, Bengaluru



LEARNING OUTLINE :

Breast cancer followed by cervical cancer are the two most common cancers among women in India, but actually they are largely preventable diseases. Awareness surrounding breast and cervical cancer is incredibly important as early detection, often through screening, can catch the disease when it is most treatable and also prevention by making necessary changes in lifestyle.

The Objectives of this Cancer Awareness Program is to create cancer awareness and remove the stigma and fear attached.

1. Help women recognize the early signs and symptoms of cancer, thus enabling them to seek treatment at an early stage.
2. Educate people about the key risk factors, since more than 30% of cancer cases could be prevented by modifying lifestyle or avoiding the risk factors.
3. Inform women about the importance of self-exam, regular screening, mammogram and Pap smear tests to check for signs of cancer.

Followed by the lecture there will be a screening, clinical examination and cervical pap smear examination.

Venue : Auditorium, M R Ambedkar Dental College & Hospital



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Ref. No: MRADC/CIR/ 21160/2021-22

Date: 25/02/2022

CIRCULAR IQAC INITIATIVE



In view of celebrating **International Women's Day-2022** at our institution following events / programs have been organized from **03/03/2022** to **08/03/2022**.

On 03/03/2022 (Thursday):

- 10.00 am to 11.00 am - Talk on "Women & Bone Health"
By Dr. Yogesh . K, Senior Consultant,
Arthroscopy & Sports Medicine, Fortis Hospitals.
- 11.00 am to 1.00 pm - Health Check up camp - Orthopedic Free Bone
Mineral Dentistry Examination & Consultation
for staff.
- 2.00 pm to 3.00 pm - Talk on "The Magic Touch" - by R J Shruthi.

On 04/03/2022 (Friday):

- 10.00 am to 11.00 am - Talk on "Gender Sensitisation"
By Smt. Asha Krishnaswamy,
Independent Journalist & Media Trainer.
- 11.00 am to 1.00 pm - Literary Events for students.

On 07/03/2022 (Monday):

- 10.00 am to 11.00 pm - Talk on "Breast & Cervical cancer awareness"
- 11.00 am to 1.00 pm - Health Check up camp - screening & examination
for Breast & Cervical Cancer by Gynecologist for
staff.

On 08/03/2022 (Tuesday):

11.00 am to 1.00 pm - WOMENS DAY CELEBRATION

Chief Guest & Speaker : Dr. Shamita Mainad,
Dentist & an Indian Play Back Singer,
Composer.

Shruthi
25/02/22



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04/03/2022	10.00 am - 11.00pm	Talk on "GENDER SENSITISATION"	Smt. Asha Krishnaswamy Independent Journalist & Media Trainer ashabangalore5@gmail.com	MC - Dr. Poojya Introducing the Guest - Dr. Rukmini Vote of Thanks - Dr. Narjannani
07/03/2022	10.00 am - 11.00pm	Talk on "BREAST & CERVICAL CANCER AWARENESS"	Students	MC - Dr. Komal Introducing the Guest - Dr. Anu Vote of Thanks - Dr. Chaitra
11.00 - 1.00pm	11.00 - 1.00pm	Health Check up Camp - Screening & Examination for Breast & Cervical Cancer		Department of Public Health



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08/03/2022	11.00 am - 01.00pm	WOMENS DAY CELEBRATION	Chief Guest - Dr. Shanitha Mahad	MC - Dr. Lagna Women's Day Programme report - Dr. Roopashri Introducing the Guest - Dr. Archana Vote of Thanks - Dr. Keerthana	Programme Agenda: 1. Welcome the Dignitaries to dais 2. Nada Geethe 3. Invocation Song 4. Welcome Address 5. Lamp Lighting 6. Women's Day Report 7. Introducing Chief Guest 8. Talk by the Chief Guest 9. Prizes & Award Distribution 10. Cultural Events 11. Vote of thanks 12. National Anthem
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No 1/36, Cline Road, Cooke Town, Bangalore, Karnataka 560 005
IQAC INITIATIVE

17th February 2022

CYBER CRIME AGAINST WOMEN

AN AWARENESS PROGRAM
17th February 2022,
Thursday at 1.30 PM

Smt. D. Roopa Moudgil
IPS officer, Inspector General of Police
M.D. Bangalore & 2019, Karnataka Government

Learning Outline :

Cyber crimes against women are on the raise and they have been drastically victimized in the cyberspace. Some illegal persons try to defame women by sending obscene e-mails, stalking women by using chat rooms, websites etc. developing pornographic videos where women are depicted in compromising positions mostly created without their consent, spoofing e-mails, morphing of images for pornographic content etc. Massive awareness needs to be created among Women regarding the safe use of Mobile Phones, Computers and the Internet. This program is specifically designed to introduce Cyber Awareness and Safety for Women, it will focus on very sensitive issues towards the cyber safety of women. This program will encourage women to adopt safe computing skills and it will promote good security practice.

Venue : Auditorium, M R Ambedkar Dental College & Hospital

Notice Board
12/02/22



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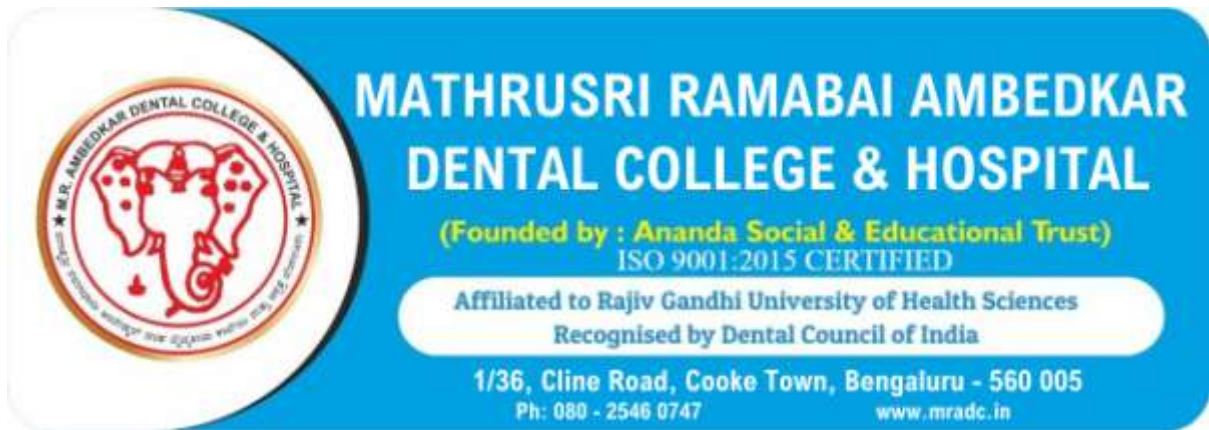
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WOMENS HEALTH AND NUTRITION

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 10-12 /3 /2022

Duration: 20 hrs

Course features:

- Healthy eating is away of eating that improves your health and helps prevent diseases
- Healthy eating by getting nutrients primarily from food rather than from vitamins or other supplements

Course outcome:

- This course focuses on the choices of food you can incorporate in your diet that will help you make changes in your daily life to eat healthier



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IQAC INITIATIVE

WOMEN HEALTH & NUTRITION

10TH MARCH 2022,
THURSDAY AT 2.00 PM

MS. ARFA SAMREEN

Senior Nutritionist,
Manipal Hospitals, Millers Road, Bengaluru



LEARNING OUTLINE :

Women's nutritional needs change as their bodies change during different stages of our lives. Healthy eating is a way of eating that improves your health and helps prevent disease. It means choosing different types of healthy food from all of the food groups (fruits, vegetables, grains, dairy, and proteins), most of the time, in the correct amounts for you. Healthy eating also means getting nutrients primarily from food rather than from vitamins or other supplements.

This lecture focuses on the choices of food you can incorporate in your diet that will help you make changes in your daily life to eat healthier.

Venue : Auditorium, M R Ambedkar Dental College & Hospital



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#1/36, CLINE ROAD, COOKE TOWN, BANGALORE - 560005

Ref No. MRADC/CIR/2161/2021-22.

DATE: 25/02/2022

IQAC CELL INITIATIVE

INTERNATIONAL WOMEN'S DAY - 2022

DEBATE COMPETITION

THEME - GENDER SENSITIZATION

TIME & DATE - 1.30 PM - 3.30PM, 2nd MARCH 2022

VENUE - A V ROOM

Debate competition is held on occasion of international women's day 2022 for UG & PG students on the said topic.

Kindly contact Dr Rashmi.N & Dr Vineela D (Department of Conservative dentistry and Endodontics) for registration.

Do's:

Stick to the topic of debate.

Follow the time frame given.

Dont's:

No controversial statements.

Do not interrupt other speakers while they are speaking.

Do not shout (or) talk loud.



Anuradha

Principal

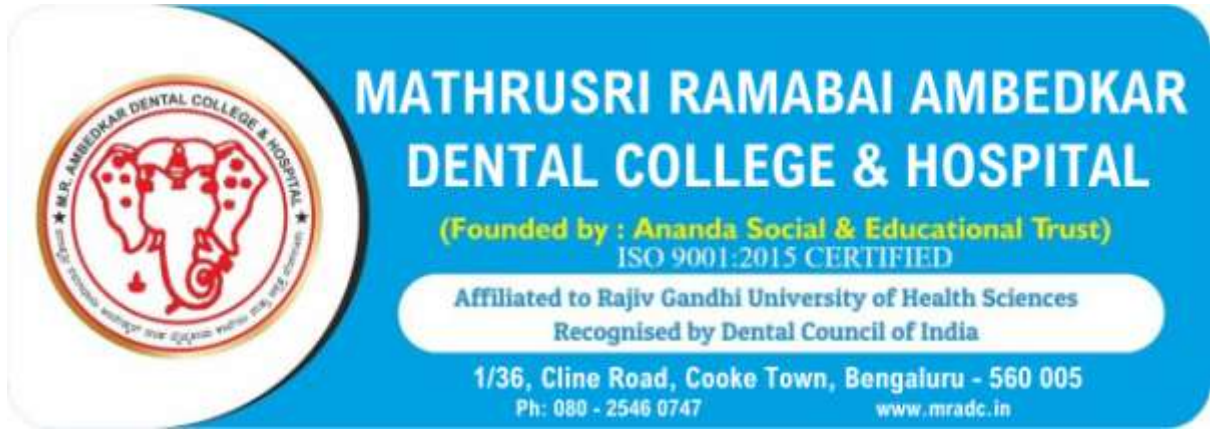
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ANTI RAGGING ORIENTATION PROGRAM

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 12/7/2022

Duration: 12 hrs

Course features:

The functions of Anti-Ragging Squad will be to keep a vigil and stop the incidences of Ragging, if any, happening / reported in the places of Student aggregation including, Classrooms, Canteens, Buses, Grounds, Hostels etc.

Course outcome:

The Anti-Ragging Committee of the institution shall take an appropriate decision, with regard to punishment or otherwise, depending on the facts of each incident of ragging and nature and gravity of the incident of ragging.



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MRADC/CIR / 84 2/2022-23

Date: 09/07/2022

CIRCULAR

(IQAC INITIATIVE)

An "Anti-Ragging Orientation Program" for the 1st year BDS and MDS students is scheduled on 12th July 2022 at 10.30 am in the College Auditorium to curb the menace of Ragging in Educational institutions and sensitize students.

Resource Persons:

- 1) Dr. Pramod Kumar Gandra, DCI Member (Telangana)
- 2) Mrs. Vimala Pinto, Legal Advisor
- 3) Psychologist
- 4) Police Personal, Frazer Town Police Station.
- 5) Social Worker

All the HODs / Professors & staffs (Anti Ragging Committee members, Anti Ragging Squads), 1st year BDS / MDS students of 2021-2022 batch & Interns are cordially invited to attend the Orientation Program WITHOUT FAIL.

The HODs / Professors / Staff I/c responsible for students may direct the students to attend program, **as the attendance is mandatory as per GOI & DCI norms.**

Anuradha H.
PRINCIPAL 09/07/22

M.R. Ambedkar Dental College & Hospital
Bengaluru-560 005

To,
The HODs / Professors of all departments,
MRADC / Dr. B.R.AMC - for circulation in the department

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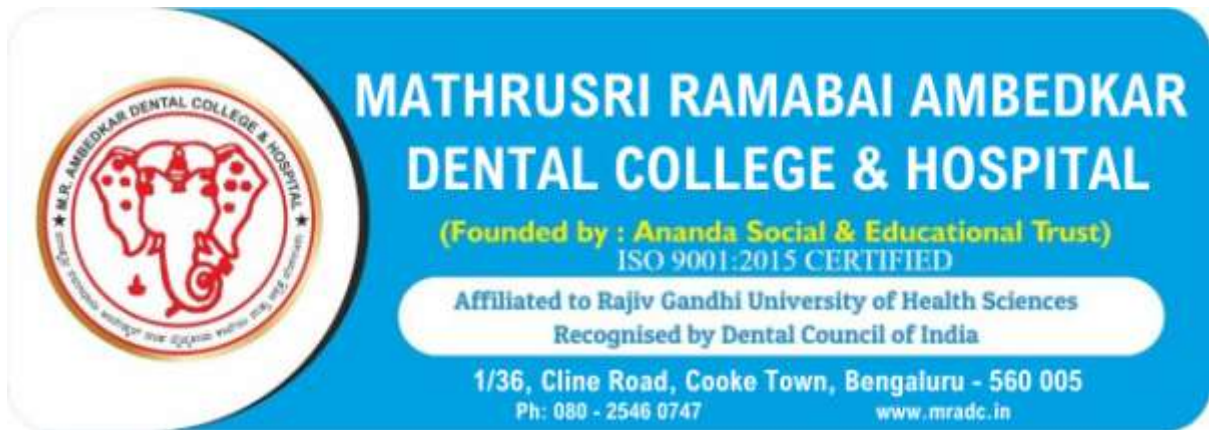
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IMPORTANCE OF MENTAL HEALTH

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 23/ 7 /2022

Duration: 12 hrs

Course features:

Because of misconceptions and stigma surrounding mental health issues, people often suffer in silence and don't seek treatment for their conditions. Mental health awareness is an important initiative to improve understanding of mental health conditions and increase access to healthcare for those who need it

Course outcome:

It's important to recognize when you are feeling overwhelmed or stressed and to take the necessary steps to look after your mental well-being. Mental health is as important as physical health and should be treated equally.



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Ref. No: MRADC/CIR/19/16/2022-23 Date: 22/07/2022

CIRCULAR
(IQAC INITIATIVE)

A Student's Counseling Session is organized for all the **Under Graduate / Post Graduate Students and Interns** of this institution on **23/07/2022 (Saturday)** at **10.00 am** in the **College Auditorium**.

Topic: "Importance of Mental Health"

Resource Person: Mr. Surender Kumar P
Counseling Psychologist

All the HODs / Professors, teaching staffs are requested to attend the program and permit the BDS / MDS students / Interns to attend the program **WITHOUT FAIL**.

Anurati Y. July 22
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To,
The HODs / Professors of all departments,
MRADC, Bengaluru- for circulation in the department

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IOAC INITIATIVE

Student Council


Organises a
Sensitization
Program on

"IMPORTANCE OF MENTAL HEALTH"

End to
ANY
DEPRESSION
INITIATION

Resource Person
Mr. Surendra Kumar P.

Counseling Psychologist



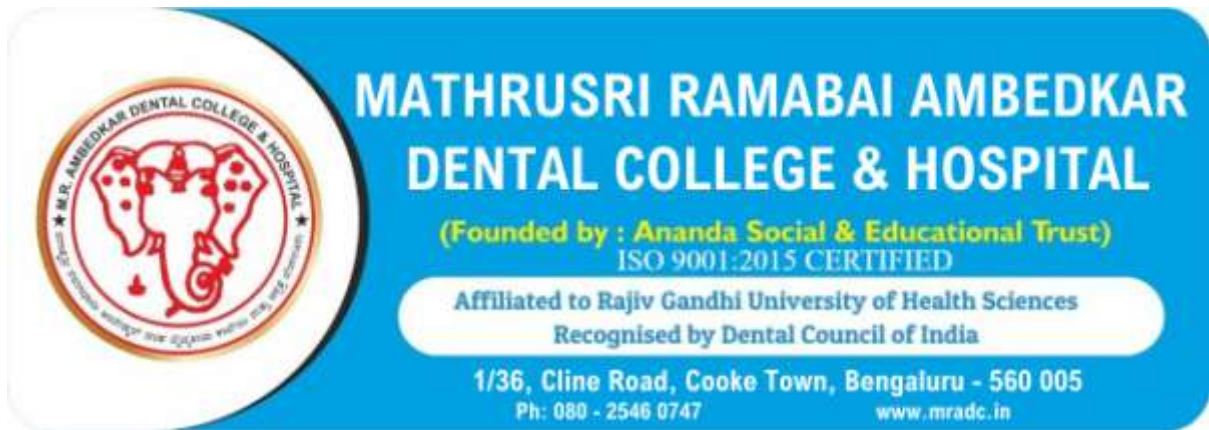
Date: 23rd July 2022. Time: 10.00am
Venue: College Auditorium



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INTERNATIONAL DAY OF THE GIRL CHILD

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 14 and 16/ 10 /2022

Duration: 12 hrs

Course features:

Raising awareness of issues facing girls internationally, such as education, nutrition, forced child marriage, legal rights, and medical rights.

The theme of the first IDG was “Ending child marriage.” This year, the theme chosen by UNICEF for the International Day of Girl Child is 'Our Time Is Now — Our Rights, Our Future.

Course outcome:

Supporting the leadership of all adolescent girls at the forefront of change efforts, including by hearing their voices, responding to their asks, and nurturing spaces for their inclusion in decision-making. Increasing resources for and investments in all adolescent girls, including for the networks and organizations that support quality and inclusive education and prioritize their well-being. Improving access to and uptake of inclusive adolescent girl centred services at all times but especially in crisis response and recovery



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IQAC INITIATIVE

OCTOBER 11, 2022



Happy
International Day of
The Girl Child

"Our time is now – our rights, our future"



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ANANDA SOCIAL & EDUCATION TRUST

Mathrusri Ramabai Ambedkar Dental College & Hospital



IQAC Initiative

In Association with Department of Dental Education & Women Welfare Cell

Celebrates

INTERNATIONAL DAY OF THE GIRL 2022

on Friday, 14th October 2022 at 10.30am

RESOURCE PERSON



Dr. Vijayalakshmi I. Balekundri

MBBS, MD, DM (Card), DSc, FRC, FIAMS, FIAE, FICP, FCSI, FAMS, FISH, FRCP, (London)

Professor Emeritus of
Pediatric Cardiology,
Super Speciality Hospital
BMCRI, Bengaluru

Former Professor & HOD
Paediatric Cardiology
Sri Jayadeva Institute of
Cardiovascular Sciences
and Research, Bengaluru

Venue: College Auditorium



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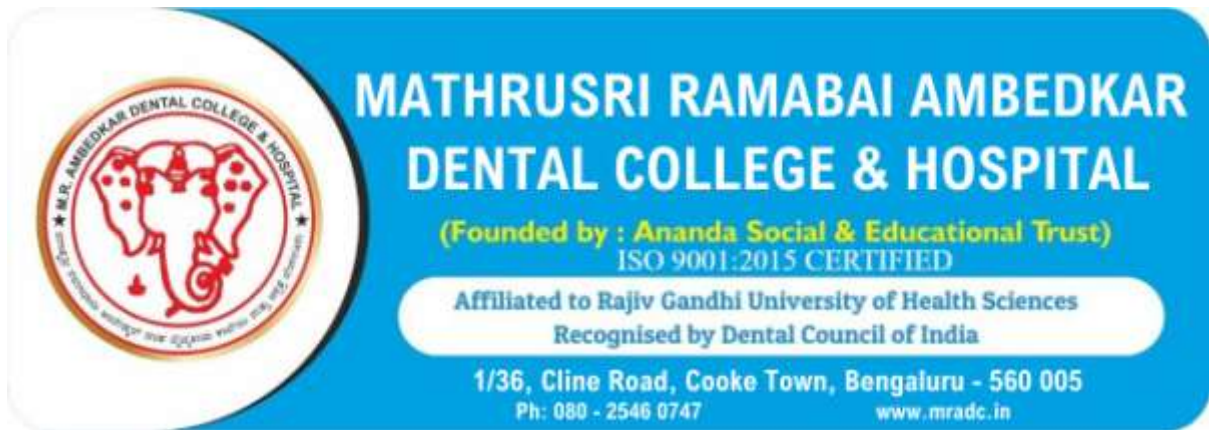
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BREAST CANCER AWARENESS

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 20-22/ 10 /2022

Duration: 15 hrs

Course features:

- Help women recognise the early signs and symptoms
- Educate people about risk factors
- Inform women about importance of self exam

Course outcome:

You can do things to help lower your breast cancer risk.

- Keep a healthy weight and exercise regularly.
- Choose not to drink alcohol, or drink alcohol in moderation.
- If you are taking hormone replacement therapy or birth control pills, ask your doctor about the risks.
- Breastfeed your children, if possible.



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M.R. Ambedkar Dental College & Hospital
Bengaluru - 560 005



MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL

(Founded by : Ananda Social & Educational Trust)
ISO 9001:2015 CERTIFIED

Affiliated to Rajiv Gandhi University of Health Sciences
Recognised by Dental Council of India

1/36, Cline Road, Cooke Town, Bengaluru - 560 005
Ph: 080 - 2546 0747 www.mradc.in



Ananda Social & Educational Trust ®
M. R. Ambedkar Dental College & Hospital,
1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/CIR //6 39/2022-23

Date: 19/10/2022

CIRCULAR (IQAC INITIATIVE)

A "Breast Cancer Awareness Program" has been organized for the staffs (teaching / non-teaching), PG / UG students and Interns of our institution on 20th October 2022, Thursday at 10.30 am in the College Auditorium.

The program will be followed by self examination training program.

Resource Person: Dr. Suneetha .N
Consultant Radiation Oncologist
HCG Hospitals, Bengaluru

All Women staffs (teaching & non-teaching) / students / interns are informed to attend the awareness program without fail.

To,
The HODs / Professors of all departments,
MRADC, Bengaluru- for circulation in the department



Suneetha N.
PRINCIPAL 19/10/22
M.R. Ambedkar Dental College & Hospital
Bengaluru-560 005

Copy to:

- 1) The Chairman, G.C, MRADC.
- 2) The Administrative Officer, MRADC,
- 3) Office copy.



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Mathrusri Ramabai Ambedkar Dental College and Hospital



IQAC Initiative

In Association with Women Welfare Cell

PREVENTION IS BETTER THAN A CURE

Learn self-examination of breast today by expert on
20th October 2022, Thursday.



LOOK I FEEL I LEARN

#breastcancerawareness

For Registration Contact: Dr. Pramila, Prof. & Head, Dept. of Public Health Dentistry



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Ananda Social & Education Trust

Mathrusri Ramabai Ambedkar Dental College and Hospital

IQAC Initiative
In Association with Women Welfare Cell

BreastCancer

AWARENESS MONTH

20th October 2022,
Thursday, 10.30am

RESOURCE PERSON



Dr Suneetha N.
Consultant Radiation Oncologist,
HCG Hospitals,
Bengaluru

DISCUSSION & INSIGHT

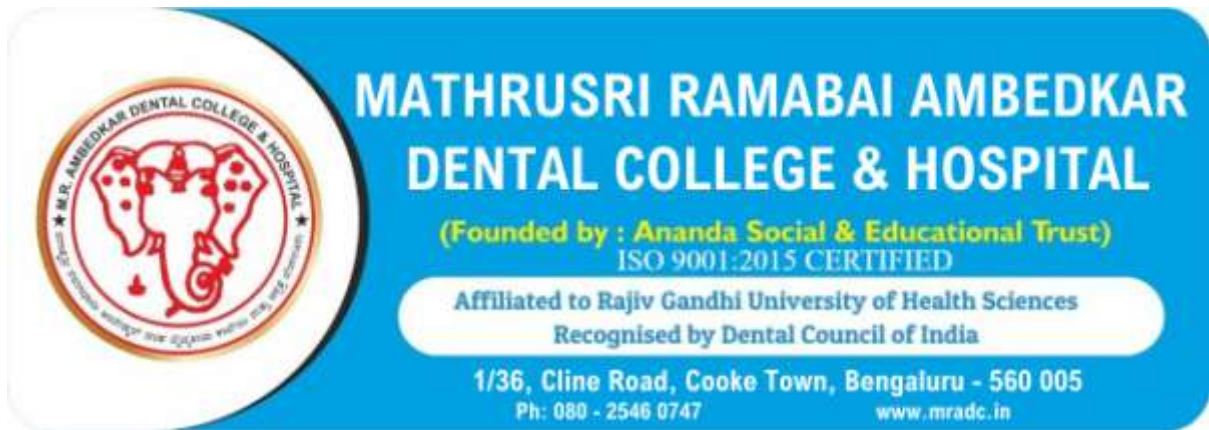
- Early Detection & Diagnosis
- Support During Treatment & Beyond
- Free Breast Health Guides
- How to Support a Loved One or Co-Worker



College Auditorium

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BIOMEDICAL WASTE MANAGEMENT WORKSHOP

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 4 and 5/ 11 /2022

Duration: 12 hrs

Course features:

- Biomedical waste storage & handling- intermediate and final storage area
- Sharps management
- Liquid waste management from the lab
- Infection control
- Biomedical waste treatment technologies

Course outcome:

- Gain in- depth knowledge on biomedical waste management and infection control, challenges in implementation and compliance and strategies
- Grab an opportunity to meet and interact with sector experts/PCB officials
- Get a practical exposure through field visits to health care facility / biomedical treatment facility
- Get hands on learning experience
- Obtain technical knowlwdge on BMW management technologies



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Bengaluru, Karnataka, India

9, 1, Lloyd Rd, Balaji Layout, Cooke Town, Bengaluru,
Karnataka 560005, India

Lat 13.000756°

Long 77.622091°

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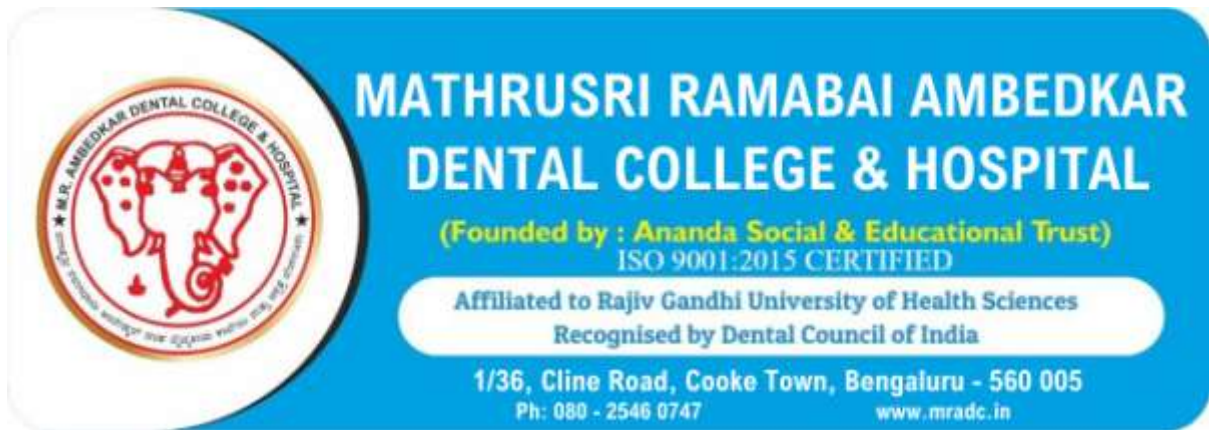
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CANCER AWARENESS PROGRAM

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 15-17/2 /2023

Duration: 15hrs

Course features:

Oral cancer is cancer that affects your mouth. It can develop on any tissue, including your gums, tongue, or lips. Early detection and treatment significantly improve outcomes

This course aims to raise the public's awareness of oral cancer, including:

- which symptoms to look out for
- who's more likely to get oral cancer
- the importance of early detection and treatment
- screening recommendations

Course outcome:

Cancer awareness days are a valuable tool for combating some of the world's most serious issues. Whether you donate money to charitable foundations, volunteer your time, or spread the word about a cause you care about, contributions of every size have a real impact on decreasing cancer prevalence—and that's something to smile about for everyone.

There are many steps you can take in your life to improve your health and wellbeing and to decrease your risk of getting cancer, like:


- Avoiding tobacco products



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- Drinking alcohol in moderation
- Limiting processed meats in your diet
- Maintaining a healthy weight
- Protecting yourself from the sun
- Vaccinating yourself against viral infections
- Practicing safe sex
- Not sharing needles
- Performing regular self-exams
- Visiting with your doctor and dentist regularly for checkups
- And practicing good oral hygiene



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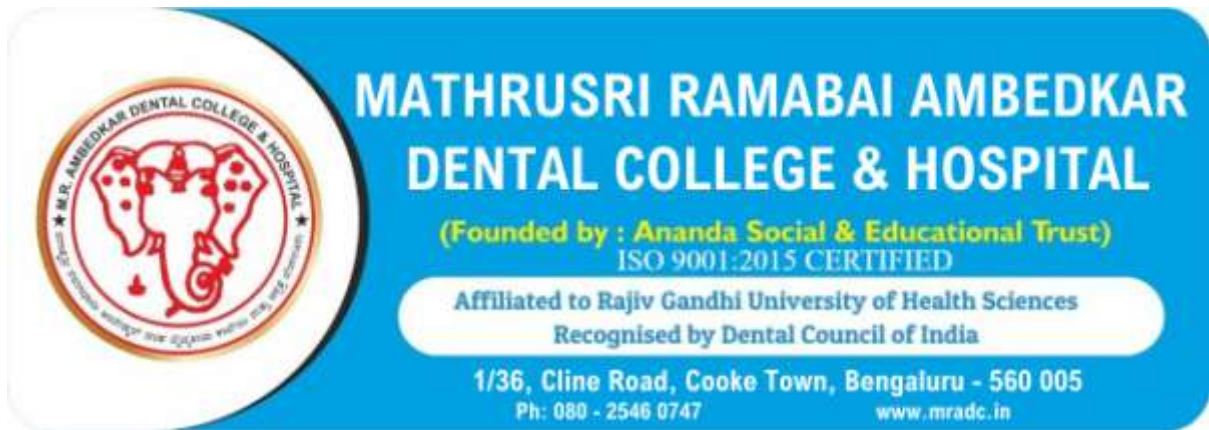
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WOMEN WELFARE PROGRAM

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 14-16 /3 /2023

Duration: 15hrs

Course features:

Economic empowerment of women means ensuring provision of training, employment and income generation activities for them with both forward and backward linkages with the ultimate objective of making all women economically independent and self-reliant.

The major thrust of the programme of the department of women and child development is to ensure the all round development of children and empowerment of women. The department aims at economics development and integration of women into the mainstream of economy, equity and social justices.

Course outcome:

There are three core concepts used in welfare analysis: total surplus, locative efficiency, and the social welfare function.

To provide economic security: The purpose of the welfare state is to provide economic security to an individual. The basic needs of an individual viz foods, cloth and shelter are fulfilled in a welfare state, otherwise the political freedoms granted to him become meaningless.



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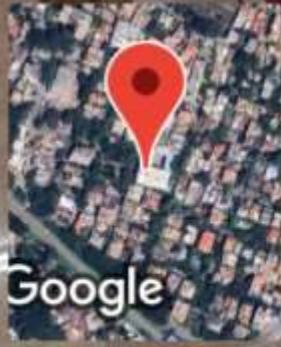
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GPS Map Camera



Bengaluru, Karnataka, India

28, Lloyd Rd, Balaji Layout, Cooke Town,
Bengaluru, Karnataka 560005, India

Lat 13.000554°

Long 77.621904°

14/03/23 12:15 PM GMT +05:30



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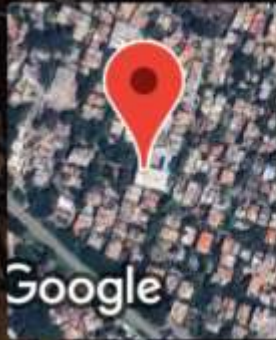
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 GPS Map Camera



Bengaluru, Karnataka, India

28, Lloyd Rd, Balaji Layout, Cooke Town,
Bengaluru, Karnataka 560005, India

Lat 13.000571°

Long 77.621899°

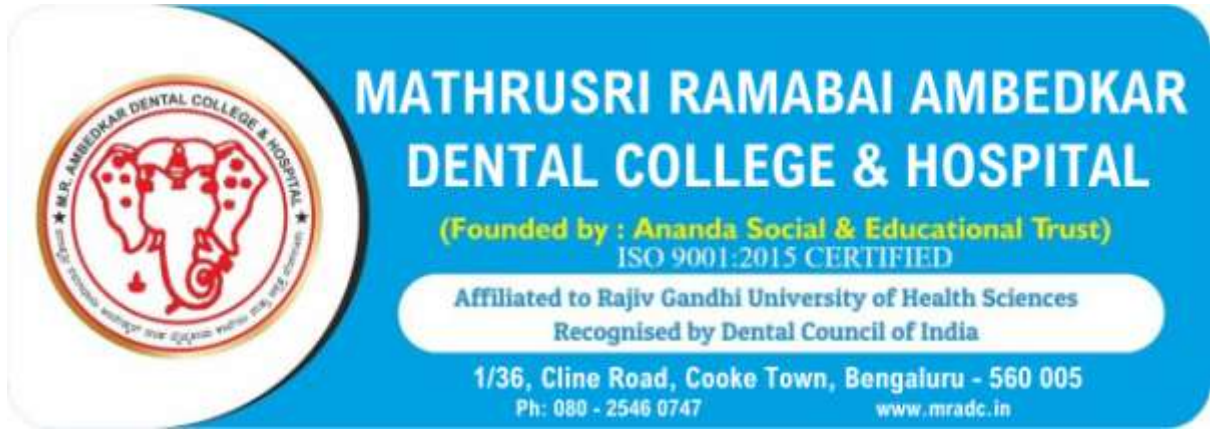
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SAY NO TO RAGGING

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 12-13 /5 /2023

Duration: 15hrs

Course features:

The functions of Anti-Ragging Squad will be to keep a vigil and stop the incidences of Ragging, if any, happening / reported in the places of Student aggregation including, Classrooms, Canteens, Buses, Grounds, Hostels etc.

Course outcome:

The Anti-Ragging Committee of the institution shall take an appropriate decision, with regard to punishment or otherwise, depending on the facts of each incident of ragging and nature and gravity of the incident of ragging.



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AANTI-RAGGING ORIENTATION DAY

12th July 2022

Was observed at our institution
by DCI member, Psychologist,
Police Inspector and
Advocate sensitized the students
on the ill effects of ragging



 1, 36, Cline Rd, Balaji Layout,
Cooke Town, Bengaluru - 560005



Contact for admission
+91 9972491556 | 6360264491
080 25460747



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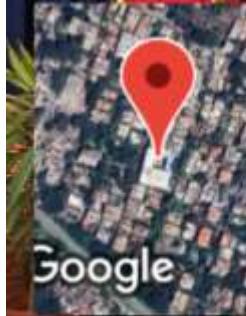
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9, 1, Lloyd Rd, Balaji Layout, Cooke Town, Bengaluru,
Karnataka 560005, India

Lat 13.000701°

Long 77.622084°

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Bengaluru, Karnataka, India

9, 1, Lloyd Rd, Balaji Layout, Cooke Town, Bengaluru,
Karnataka 560005, India

Lat 13.000756°

Long 77.622078°

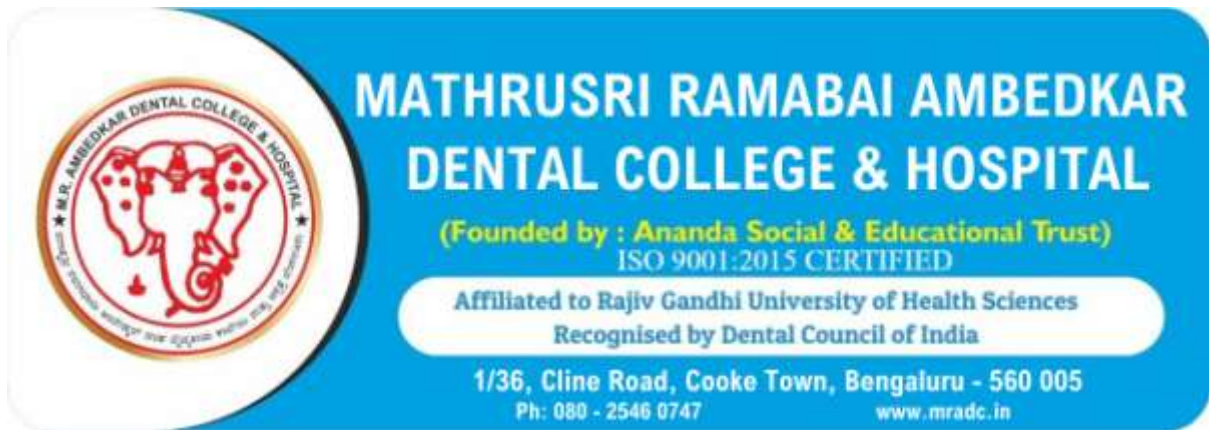
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INTERNATIONAL DAY OF ACTION FOR WOMENS HEALTH

Organizing department: **PUBLIC HEALTH DENTISTRY**

Date: **29-31 /5 /2023**

Duration: **15hrs**

Course features:


International Day of Action for Women's Health (also known as International Women's Health Day) is marked on May 28 by women and health organizations globally to educate people about women's health and rights. The day fights against the social and gender disparities that violate women's rights. It is alarming that these disparities manifest in various ways and operate at multiple levels. These include women's rights to their bodies and to health, as well as to equality and non-discrimination. This day provides women with more information about sexual and reproductive rights and control over their reproductive health.

Course outcome:

- 1. Educate people:** Highlight the subject of women's rights to health care, making women aware of medical facilities, contraception, and other support, protecting women from HIV/AIDS, and securing access to safe and legal abortion facilities. All these issues impact women's health, hence must be raised, and addressed.
- 2. Advocate for women's reproductive rights:** People, including the woman's sexual partner, family members, the physician or midwife, and peers, all play a role in influencing her reproductive health decisions to varying degrees. You may support and campaign for women's freedom to make their own



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decisions about their reproductive health.

- 3. Call for safe and legal abortions:** Every year, countless women die from unsafe and unhygienic abortions — preventable if abortion is legal. Use your voice and call for safe and legal abortions in your state or country.



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IQAC & WOMEN WELFARE CELL INITIATIVE

INTERNATIONAL DAY OF ACTION FOR WOMEN'S HEALTH

**OUR VOICES, OUR ACTIONS, OUR DEMAND:
UPHOLD WOMEN'S HEALTH AND RIGHTS NOW!**

Resource Person



Dr Arathi V. B.

MA, M. Music, PhD

SCHOLAR IN SANSKRITAM & INDOLOGY
AND BEHAVIOURAL TRAINER
FOUNDER VIBHU ACADEMY



Dr. Arathi is a scholar in Sanskratm & Indology, is well known in the fields of Academic research and Behavioural & Soft-skills Training. She is the Founder and Chairperson of Vibhu Academy, a Centre for Soft skills Training and Indology. She is a Consultant faculty at ACT and Guest Faculty at various Universities. She is proficient in handling unique topics like Indian concepts of Management, Culture, Aesthetics and Philosophy. She is widely travelled and has so far handled more than 100 Behavioural Training workshops for Corporates, Bankers, Educational institutions and NGOs and has presented research papers at state and national conferences. Dr Arathi is an Orator, Writer, Columnist, Singer & Instrumentalist and is skilled in Poetry & Painting. She is a popular Resource Person for Kannada Radio & TV channels. A recipient of many honours within and outside India, she is a Philanthropist and Lay counsellor, associated with the services of many NGOs.

29 MAY 2023 | **10.30 AM**

AUDITORIUM, M R AMBEDKAR DENTAL COLLEGE
& HOSPITAL, BENGALURU



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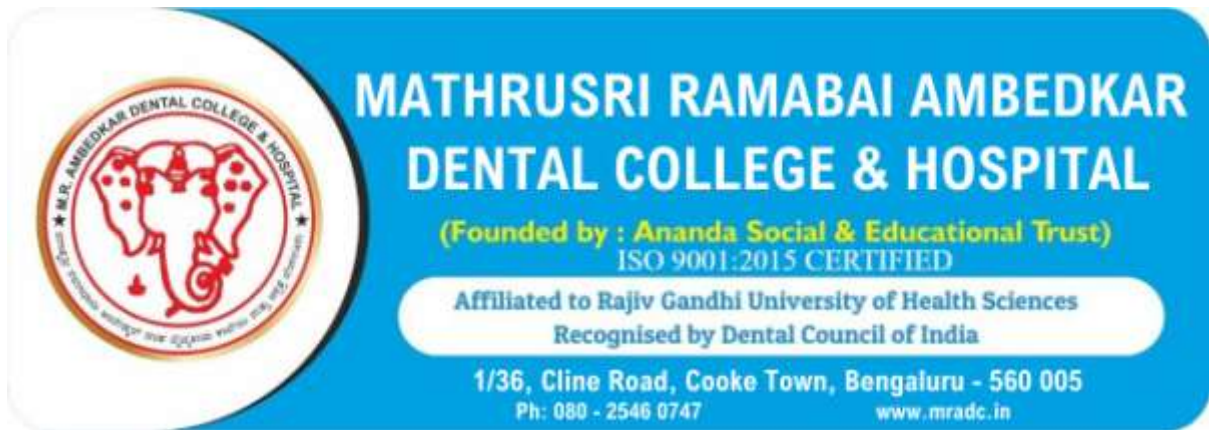
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NO TOBACCO AWARENESS PROGRAM

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 31 /5 /2023 AND 1/6/23

Duration: 15hrs

Course features:

Oral cancer is cancer that affects your mouth. It can develop on any tissue, including your gums, tongue, or lips. Early detection and treatment significantly improve outcomes

This course aims to raise the public's awareness of oral cancer, including:

- which symptoms to look out for
- who's more likely to get oral cancer
- the importance of early detection and treatment
- screening recommendations


Course outcome:

Cancer awareness days are a valuable tool for combating some of the world's most serious issues. Whether you donate money to charitable foundations, volunteer your time, or spread the word about a cause you care about, contributions of every size have a real impact on decreasing cancer prevalence—and that's something to smile about for everyone.

There are many steps you can take in your life to improve your health and wellbeing and to decrease your risk of getting cancer, like:



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- Avoiding tobacco products
- Drinking alcohol in moderation
- Limiting processed meats in your diet
- Maintaining a healthy weight
- Protecting yourself from the sun
- Vaccinating yourself against viral infections
- Practicing safe sex
- Not sharing needles
- Performing regular self-exams
- Visiting with your doctor and dentist regularly for checkups
- And practicing good oral hygiene



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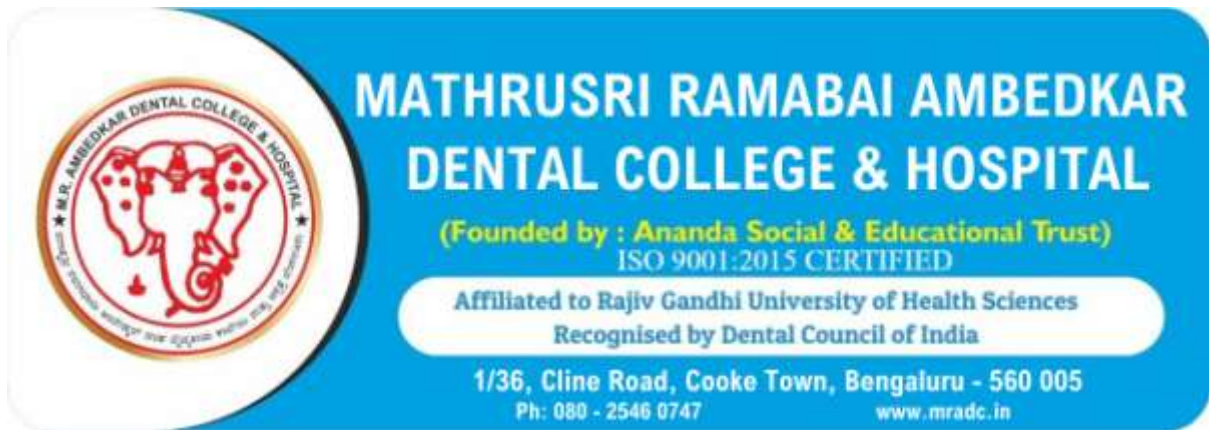
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BIOMEDICAL WASTEMANAGEMENT

Organizing department: **PUBLIC HEALTH DENTISTRY**

Date: 13-15/6/23

Duration: 15hrs

Course features:

- Biomedical waste storage & handling- intermediate and final storage area
- Sharps management
- Liquid waste management from the lab
- Infection control
- Biomedical waste treatment technologies

Course outcome:

- Gain in- depth knowledge on biomedical waste management and infection control, challenges in implementation and compliance and strategies
- Grab an opportunity to meet and interact with sector experts/PCB officials
- Get a practical exposure through field visits to health care facility / biomedical treatment facility
- Get hands on learning experience
- Obtain technical knowledge on BMW management technologies



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1/36, Cline Road, Cooke Town, Bengaluru-560005.

Ref. No: MRADC/CIR /483 /2023-24

Date: 09/06/2023

CIRCULAR NABH CELL

A **demonstration on Biomedical Waste Barcoding & Guidelines** has been arranged on **Tuesday, 13th June 2023** at **11.30 am** in the **A.V. Room of our institution.**

All the HODs / Department Staff In-charge of BMW and House Keeping Staffs are informed to attend the **demonstration Program WITHOUT FAIL.** Alternate arrangements may be made for smooth functioning of the clinics during the said demonstration program.

ATTENDANCE IS MANDATORY.



P.R.P. 7/6/23
PRINCIPAL

M.R. Ambedkar Dental College & Hospital
Bengaluru-560 005

To,
The HODs of all departments,
MRADC&H, Bengaluru. – for circulation in the department.

Copy to:

- 1)The Chairman, G.C, MRADC&H.
- 2)The Vice-Principal, MRADC&H.
- 3)The Facility Director, MRADC&H.
- 4)The Medical Superintendent, MRADC&H.
- 5)The Manager, MRADC&H.
- 6)The NAAC / NABH Section, MRADC&H.
- 7)Office copy.



P.R.P. 7/6/23

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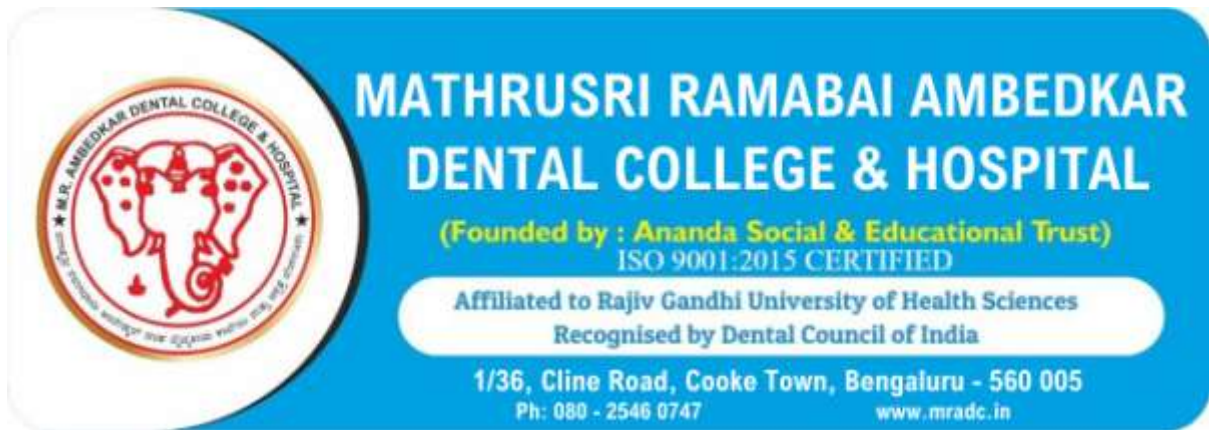
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E-WASTE MANAGEMENT

Organizing department: PUBLIC HEALTH DENTISTRY

Date: 19-20/6/23

Duration: 15hrs

Course features:

Any electronic product or accessory which has reached the end of its useful life is called E-waste.

These discarded products affect the environment negatively. Apart from affecting the environment, it can also affect the health of the people; hence managing this E-waste effectively is important.

Course outcome:

The recycling and disposal of E-Waste help us to ensure the protection of the environment from hazardous consequences.

- Save things or waste, it's your choice.
- Be a recycler, be a saver.
- Today, recycle for a better tomorrow.
- Reduce wasting natural resources.
- Reuse, recycle, and reduce the waste for a better future.
- Increase greenery by recycling waste.
- Save earth by reusing, recycling waste.



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M.R. Ambedkar Dental College & Hospital
Bengaluru - 560 005



MATHRUSRI RAMABAI AMBEDKAR DENTAL COLLEGE & HOSPITAL

(Founded by : Ananda Social & Educational Trust)
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Affiliated to Rajiv Gandhi University of Health Sciences
Recognised by Dental Council of India

1/36, Cline Road, Cooke Town, Bengaluru - 560 005
Ph: 080 - 2546 0747 www.mradc.in



3 STEP SOLUTION



Create an auction

Create an auction event with waste parcel details, starting bid, and reserve price



Accept bid

Experience and easy way to select the most preferred bid from the recyclers



Close the deal

Congratulations! you are on your way to selling and recycling your waste.

RE-IMAGINING WASTE

E-Waste Social's SAAS-based offering helps companies with decision-making on re-refurbishing, and recycling strategies for their waste assets by providing actionable insights. It is also engaged in assisting corporates in reducing their carbon footprint, certification and fulfilling EPRs, and achieving CSR through the value chain.

Our online auction platform and exchange platform enables Corporates, Companies, Institutions, or anyone who has an inventory of electronic or pre-consumer textile waste to sell and for recyclers/refurbishers/ upcyclers to buy. Directing the waste towards the right sector, increasing the recycling rate of



E WASTE SOCIAL PVT.LTD



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Ananda Social & Educational Trust



Mathrusri Ramabai Ambedkar Dental College and Hospital

No. 1/36, Cline Rd, Balaji Layout, Cooke Town, Bengaluru, Karnataka 560005

SENSITISATION PROGRAM ON

E-WASTE MANAGEMENT

Resource Person

Shwetha S
E Waste Social Pvt Ltd

Monday, 19 June 2023
12:00 - 01:00 PM
AV Room, 3rd Floor



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Shalini K | Bengaluru | 2023.06.19 12:47



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